

Our community prayer for July

Mindful Living



Being spiritually minded, I keep in mind the Spirit of Truth. The Mind of God in me expresses itself through me so that I can become that which I am meant to become.

I renew my mind in any and every situation by remembering the light that shines within me. My mind responds to the food for thought given to it: positive, spiritual ideas, thoughts of peace, love, joy, and wholeness.

These thoughts and ideas manifest in my life, revealing to me my Good. I am thankful for an alert, creative mind. I use it now and rejoice in it. And so it is.