

Our community prayer for May

Nurturing our Divine Nature



Settling into the Silence, I mindfully breathe, I quiet my mind and heart. I am increasingly aware of my soul-essence, which is God's constant presence. This presence is always within me; my spiritual practice simply brings it into focus.

I recognize I am a spiritual being. I dedicate and consecrate myself to the development and unfoldment of my spiritual nature. I dedicate myself through consistent prayer and communion with God. I consecrate myself through living as though I am expressing the Divine in all that I think, say, and do.

Deeply connected to my divine nature, I shine God's presence into the world.