

Our community prayer for October

The Pathway of Appreciation

*Taking a mindful breath I pause to look inward
to the Divine Presence. I sense it, name it, and claim it...
In the same way that breathing out is a natural response,
I intuitively look around and see the Good that is everywhere
awaiting my recognition.
In the light of appreciation, life is revealed as a holy encounter.
As a living example of God's love, I extend appreciation into my
words and actions pouring a blessing upon the world.
I give thanks for the path of Infinite Intelligence that guides,
Inspires, and sustains all life.*

And so it is.

