

# Synergy Sportz

## Anti-Bullying Invitational

January 22nd & 23rd, 2022

### Location



706 Agriculture Drive, Westminster, MD 21157

### Equipment

All sessions are Modified Capital Cup (large squads will be split/plan accordingly)

\* Air Boards will be available \* Compulsory Music will be Standard \* Coaches



### Awards

Awards will be immediately following competition in the designated Awards Area.

## 2022 Schedule (corrected)

### Saturday January 22nd, 2022

#### Session One

**Levels 8, 9 10, XCEL Platinum, Diamond** (All Ages)  
(56 Gymnasts)

Check In: 7:30 AM  
Stretch: 8:00 AM  
March In: 8:20 AM  
Awards: 11:45 AM

#### Session Two

**Level 4** (Jr A, Jr B, Jr C, Jr D & Sr A)  
(94 Gymnasts)

Check In: 11:30 AM  
Stretch: 11:50 AM  
March In: 12:10 PM  
Awards: 3:30 PM

#### Session Three

**Level 4 (Sr B) & Level 5, XCEL Gold** (All Ages)  
(80 Gymnasts)

Check In: 3:00 PM  
Stretch: 3:20 PM  
March In: 3:40 PM  
Awards: 6:45 PM

#### Session Four

**Level 6 & Level 7** (All Ages)  
(48 Gymnasts)

Check In: 6:00 PM  
Stretch: 6:20 PM  
March In: 6:40 PM  
Awards: 9:15 PM

### Sunday January 23rd, 2022

#### Session Five

**Level 2, XCEL Bronze, Silver** (All Ages)  
(91 Gymnasts)

Check In: 7:30 AM  
Stretch: 8:00 AM  
March In: 8:20 AM  
Awards: 12:00 PM

#### Session Six

**Level 3** (All Ages)  
(87 Gymnasts)

Check In: 11:30 AM  
Stretch: 11:50 AM  
March In: 12:10 PM  
Awards: 3:15 PM