

September 2025

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Welcoming the Cozy Season!

This new and improved version of our monthly newsletter is packed with ideas, tips, and inspiration to help you celebrate the season. Enjoy!

A Tribute to Opening Day

Check inside for pictures of some of the fun we had at Riverworks and a list of winners from our drawings!

Community Harvest & Fall Festivities

Look inside for some fun games and puzzles to complete with the love of fall in mind!

Meet and greets are coming to you! Meet your union reps and enjoy some refreshments! Look inside to find out what date and time we will be at your center!

Who's Who in the Union

Look inside for a list of your union board and representatives, meeting dates and locations, and approved budget for the new school year!

Seasonal Recipes

Enjoy a couple of recipes highlighting an easy fall one pot meal and a yummy dessert!

Contact us! Let's Share an Attitude of Gratitude!

It's a wonderful time to reflect and be grateful. Let's cultivate that warmth with those around us. Share your stories and photos at Abacon@e2ccb.org



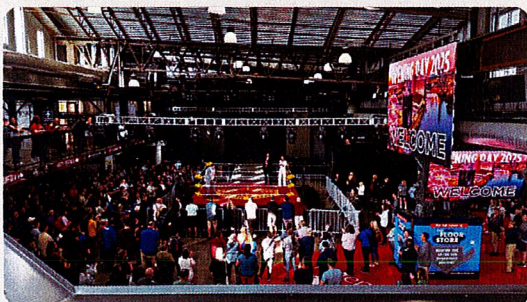


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A Tribute to Opening Day!

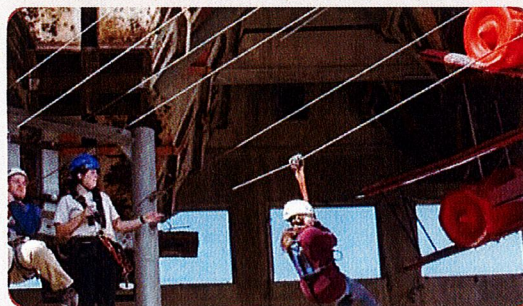
There were many things to do and a lot of smiles at Opening Day this year! From rock climbing to kayaking to zip-lining to yoga-there was something for everyone! Please enjoy some photos!



Winners of the drawings for the \$75 gift cards to Wegman's!

1. Ron Gabalski-Hewes E Bldg.
2. Madison Baker-Parkdale
3. Mary Benson-LoGuidice E Bldg.
4. Ryann Conrad-Chautauqua Lake
5. Joel Marsh-LoGuidice A Bldg.
6. Ann Steff-Holland Middle
7. Andrea Perry-LoGuidice E Bldg.
8. Thomas Giambra-LoGuidice B Bldg.
9. Erin Manning-Hewes E Bldg.
10. Rich Valone-PTech Dunkirk

Congrats to all the winners!



Want to be featured in our next newsletter?

Send your photos to Abacon@e2ccb.org. We would love to showcase you!





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Who's Who in the Union & What Do We Do?

Ah yes - the business page! I'll keep it brief! This is your snapshot of who your board members are - our meeting dates and places - and business items from opening day!

Unified Support Association Officers (3 year Terms 7/1/23 thru 6/30/26)

President:	Carey Casillo-Young Phone: 716-763-1801 x 3088	Hewes Center
Vice President:	Christopher Augie Phone: 716-672-3296 x 2196	LoGuidice Center
Secretary:	Angela Bacon Phone: 716-672-3222 x 2391	Maple Academy
Treasurer:	Barbara Reinagel Phone: 716-662-1035 x 6414	Baker Road
Sick Bank Administrator:	Shelly Ackendorf Phone: 716-672-4371	LoGuidice

Area Representatives (3 Year Terms 7/1/23 thru 6/30/26)

Northern Area

(Erie North)	Matthew Girard Phone: 716-662-0135 x 6419	Baker Road
(Erie North)	Kristen Knab Phone: 716-537-8200 x 6106	Holland
(Erie South)	Open Position	

Central Area

LoGuidice	Stephanie Duenas Phone: 716-672-4371 x 2083	LoGuidice
P-Tech Dunkirk/Maple	Heide Karin Phone: 716-672-3260 x 2821	WNY P-Tech
LoGuidice	Shelly Ackendorf Phone: 716-672-4371	LoGuidice

Southern Area

Chautauqua Lake Rogers	Amy Albright Phone: 716-763-1801 x 3081	Hewes
LoGuidice/TAS	Denise Waterman Phone: 716-763-1801 x 3080	Hewes
Hewes/Nurses	Amy Baccola Phone:	Hewes

Unified Support Association Executive Board Meeting Dates 2025-2026

July 8, 2025 (canceled)	
August 25, 2025	LoGuidice
August 28, 2025 General Meeting	Opening Day Buffalo Riverworks
September 16, 2025	LoGuidice Center
October 14, 2025	Carrier Center
November 13, 2025	Zoom
December 11, 2025	Zoom
January 13, 2026	Distance Learning
February 10, 2026	Distance Learning
March 12, 2026	Zoom
April 14, 2026	LoGuidice Center
May 12, 2026	Carrier Center
June 11, 2026	LoGuidice Center

All Meetings start at 4 pm. Please make sure to check the calendar as dates are not on the same day of the week.

Unified Support Association

Erie 2 Chautauqua-Cattaraugus BOCES

2025 - 2026 Budget		
	Amount	
Income		
Local Membership 425 @ \$555		\$23,375.00
NYSDUT Newsletters		\$500.00
Interest Income		\$1,500.00
Transfer from Reserve Balance		\$8,120.00
Total Income		\$33,495.00
Expenses		
Charitable Donations		\$300.00
Membership Committee/ Union Activities		\$5,000.00
Mileage (70)		\$1,400.00
Negotiations		\$200.00
On Boarding/Board Meetings		\$1,000.00
Retirements		\$300.00
Scholarship Awards		\$600.00
Stipends		\$20,820.00
Supplies (Office, Postage, Etc)		\$675.00
Workshops/Conferences		\$3,000.00
Total Expenses		\$33,495.00
Expenses		
Deposits	Amount	
President \$250		\$1,200.00
Vice President \$205		\$2,400.00
Treasurer \$225		\$2,700.00
Secretary \$200		\$2,400.00
Sick Bank Administrator \$175		\$2,100.00
Member Engagement Chairman \$169		\$1,200.00
Northern Area Building Representatives (1@ \$63.60)		\$2,180.00
Central Area Building Representatives (1@ \$63.60)		\$2,180.00
Southern Area Building Representatives (1@ \$63.60)		\$2,180.00
Expense Totals		\$29,820.00

Thank you to all who attended opening day! Our budget was passed for the 2025-2026 year!



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It's all fun and games! Enjoy a mental break!

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1		2						
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					9	2		6
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	6		2					4

Meet & Greet!

Fall meet and greets will be happening at all of the centers! Come join your union rep. and others for an informal time of snacks and conversation!

The first two that are scheduled are:

Baker Rd.-Monday, 9/29/25

Questions? Contact Barbara Reinagel

Chaut. Lake-Tuesday, 10/7/25

Questions? Contact Denise Waterman



H E L E A V E S T H
N A M A I Z E Z S K
I T L B O I J A H H
K U V L Z C U C A O
P R P Z O Q M R N M
M K M A S W V C U X
U E W B C E E M A D
P Y R V S O R E A P
M R N T Z X R D N M
E D I R Y A H N J D

ACORN	HALLOWEEN	HARVEST
HAYRIDE	LEAVES	MAIZE
PUMPKIN	SQUASH	TURKEY





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Easy Fall Recipes!



Zesty Ranch Chicken

Tonight's dinner. So easy to make.

2-3 chicken breasts; cubed

3-5 small to medium potatoes

2 cans green beans (I used 1 1/2 cans)

1 pkg dry Italian dressing mix

1 melted stick of butter

Place chicken, potatoes and beans in pan. Then sprinkle Italian pack over everything then drizzle the butter over top. Cover with foil and bake at 350 for an hour and 10 minutes.

There were no leftovers.

Banana Muffins

Ingredients:

1 1/2 cups all purpose flour

1 teaspoon baking powder

1 teaspoon baking soda

1/2 teaspoon salt

3 large bananas, mashed (we used 4)

1/2 cup white sugar

1 egg

1/2 cup butter, melted

(We added chocolate chips to our recipe)

Instructions:

Preheat oven to 350 degrees. Coat muffin pans with non-stick spray, or use paper liners.

Sift together the flour, baking soda, baking powder and salt, set aside.

Combine bananas, sugar, egg and melted butter in a large bowl. Fold in flour mixture and mix until smooth. Scoop into muffin tins.

Bake in preheated oven. Bake mini muffins for 10-25 minutes, and large muffins for 25-30 minutes. Muffins will spring back when lightly tapped.



Have a favorite recipe you would like to share? Email a picture and recipe to Abacon@e2ccb.org and it will be incorporated into our newsletters! Especially looking for holiday recipes and seasonal delights! Special diet recipes also welcome!





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TO THE PREMIUM CALM APP, PEER SUPPORT LINE & MORE!

NYSUT Member Benefits understands the importance of providing support, resources, and tools to help NYSUT members with all aspects of their lives. In light of that, we have negotiated with our endorsed program providers to offer members several benefits free of charge.



Premium Calm Service –

All in-service and retiree members receive unlimited access to the full Calm library of sleep, meditation, and relaxation content. The popular Calm app includes specialized playlists dealing with stress and focus, mindful movement video and audio, nature scenes and sounds, children's content, and more. Members can add up to five dependents (age 16 or older) to receive their own premium Calm subscription. Note: You will need your NYSUT ID number (which can

be found at nysut.org/memberid) to create your Calm account.

Peer Support

Line – Life can throw lots of curveballs at us, and sometimes we don't readily know where to turn for help. The Peer Support Line is a confidential helpline that is available to all NYSUT members and their loved ones for answers, resources, and support when it's needed most. Chat, email, or call toll-free **844-444-0152** to connect with a peer today.



SCAN ME

Learn more about these along with several other free benefits by scanning the QR code, visiting mb-nysut.org/nocostbenefits, or calling 800-626-8101.

AD&D Insurance &

Travel Assistance Services – All in-service and retiree members are automatically provided with a \$5,000 accidental death & dismemberment insurance benefit, along with free travel assistance services.

New Member Life Insurance

– All new NYSUT members are eligible to receive a free term life insurance policy providing coverage for up to \$25,000 for one year, guaranteed renewable at the end of the year.

September/October 2025

This newsletter was a lot of fun to make! I hope you enjoy it! Let's make it more fun! Send me your ideas, pictures, stories, whatever! Also, let me know what you think! Be sure to check out our website (<https://usaunion.org/>) for the most updated meet and greet schedule as well as many other happenings! Happy fall!