– ADULT AND CHILD –

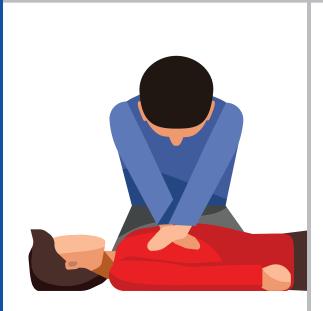
CARDIOPULMONARY RESUSCITATION

For Training Contact:

888-407-8770 EmergencyTrainingPartners.com



ASSESS Scene Safety Responsiveness Breathing (10 Seconds) Call 911 If Unresponsive AND Not Breathing Begin CPR PERFORM Head Tilt/Chin Lift Provide 2 Breaths Place Base of Palm in the Middle of the Sternum 30 Chest Compressions (2 Inches Deep,



CONTINUE

 Repeat 2 Breaths, 30 Chest Compressions (1 Cycle)

Rate of 100 Compressions Per Minute)

- Provide 5 Cycles
- Reassess Breathing
- Continue CPR (If Not Breathing)

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