Forehand Smashing Seminar

All Ages and Levels

When       Wednesday, Oct. 16, 2019, 7:30-9:00PM - COME EARLY TO WARM UP!!!

Fee        Members: $20; Non-Members: $25
            ★★★100% of fees goes to the HW Global Junior Program at MDTTC ★★★

Coach      MDTTC Coach Larry Hodges, USATT Hall of Famer & National Coach.
            Author of 8 books on table tennis, including *Table Tennis Tactics for Thinkers*.

Format     Seminar will alternate between lecture/demos and table practice.
            *Come prepared to smash!!!*

Registration Reserve a spot by emailing Coach Larry at larry@larrytt.com

**Smashing Topics**

- Should You Smash or Loop?
- Technique
- Balance and Recovery
- Muscle Memory and the Subconscious
- Drills to Develop a Great Smash
- Smashing Backspin
- Smashing Loops
- Smashing Lobs
- BONUS - at 9PM we'll have a smashing competition!

I learned this at the Smashing Seminar!!!

POW!!!