

## PERSONAL INFORMATION

First Name: \_\_\_\_\_ MI \_\_\_\_\_ Last Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M F  
 City/State/Zip: \_\_\_\_\_ Birth Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
 \*Email (required): \_\_\_\_\_ Cell/Home Phone: \_\_\_\_\_  
 \*You will automatically be enrolled to receive **protected** health records through **Office Ally**. This allows you to gain online access to your medical records.

Name of Mother/Guardian: \_\_\_\_\_ Cell/Home Phone: \_\_\_\_\_  
 Birth Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Marital Status: S M D W Work Phone: \_\_\_\_\_  
 Address (if different): \_\_\_\_\_ City/State/Zip: \_\_\_\_\_  
 Occupation: \_\_\_\_\_ Employer's Name: \_\_\_\_\_  
 Name of Father/Guardian: \_\_\_\_\_ Cell/Home Phone: \_\_\_\_\_  
 Birth Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Marital Status: S M D W Work Phone: \_\_\_\_\_  
 Address (if different): \_\_\_\_\_ City/State/Zip: \_\_\_\_\_  
 Occupation: \_\_\_\_\_ Employer's Name: \_\_\_\_\_

How were you referred to our office?: TV Drive By Internet Insurance Co.  
Friend/Family: \_\_\_\_\_ Other: \_\_\_\_\_

Pediatrician Name/Practice Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Has your child seen a Chiropractor before? Yes No If Yes, When: \_\_\_\_\_

Where: \_\_\_\_\_ Results: \_\_\_\_\_

Are you aware of any poor posture habits in your child? Yes No  
 If yes, explain: \_\_\_\_\_

### Please List Your Child's TOP 2 Complaints/Symptoms

Complaint #1	Type of Pain:	Worse with which of these activities:	Result of:
_____ _____ Began?: _____ Has he/she had this before? <input type="checkbox"/> Yes <input type="checkbox"/> No Is it Getting Worse? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Constant	<input type="checkbox"/> Aching <input type="checkbox"/> Tight <input type="checkbox"/> Burning <input type="checkbox"/> Stiff <input type="checkbox"/> Deep <input type="checkbox"/> Tender <input type="checkbox"/> Dull <input type="checkbox"/> Tingling <input type="checkbox"/> Numb <input type="checkbox"/> Throbbing <input type="checkbox"/> Sharp/ <input type="checkbox"/> Shooting Stabbing <input type="checkbox"/> Sore	<input type="checkbox"/> Lying on back <input type="checkbox"/> Stooping <input type="checkbox"/> Lying on side <input type="checkbox"/> Bending <input type="checkbox"/> Lying on stomach <input type="checkbox"/> Twisting/Turning <input type="checkbox"/> Turning over <input type="checkbox"/> Sitting <input type="checkbox"/> Getting in/out of car <input type="checkbox"/> Standing <input type="checkbox"/> Dressing self <input type="checkbox"/> Walking <input type="checkbox"/> Pushing <input type="checkbox"/> Climbing <input type="checkbox"/> Pulling <input type="checkbox"/> Sneezing <input type="checkbox"/> Lifting <input type="checkbox"/> Coughing <input type="checkbox"/> Reaching <input type="checkbox"/> Other: _____	<input type="checkbox"/> Auto Accident <input type="checkbox"/> Injury/Fall <input type="checkbox"/> Other (Describe): _____ _____
_____ _____ Began?: _____ Has he/she had this before? <input type="checkbox"/> Yes <input type="checkbox"/> No Is it Getting Worse? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Constant	<input type="checkbox"/> Aching <input type="checkbox"/> Tight <input type="checkbox"/> Burning <input type="checkbox"/> Stiff <input type="checkbox"/> Deep <input type="checkbox"/> Tender <input type="checkbox"/> Dull <input type="checkbox"/> Tingling <input type="checkbox"/> Numb <input type="checkbox"/> Throbbing <input type="checkbox"/> Sharp/ <input type="checkbox"/> Shooting Stabbing <input type="checkbox"/> Sore	<input type="checkbox"/> Lying on back <input type="checkbox"/> Stooping <input type="checkbox"/> Lying on side <input type="checkbox"/> Bending <input type="checkbox"/> Lying on stomach <input type="checkbox"/> Twisting/Turning <input type="checkbox"/> Turning over <input type="checkbox"/> Sitting <input type="checkbox"/> Getting in/out of car <input type="checkbox"/> Standing <input type="checkbox"/> Dressing self <input type="checkbox"/> Walking <input type="checkbox"/> Pushing <input type="checkbox"/> Climbing <input type="checkbox"/> Pulling <input type="checkbox"/> Sneezing <input type="checkbox"/> Lifting <input type="checkbox"/> Coughing <input type="checkbox"/> Reaching <input type="checkbox"/> Other: _____	<input type="checkbox"/> Auto Accident <input type="checkbox"/> Injury/Fall <input type="checkbox"/> Other (Describe): _____ _____

## HEALTH & LIFESTYLE

Is this condition interfering with your (Check all that apply):

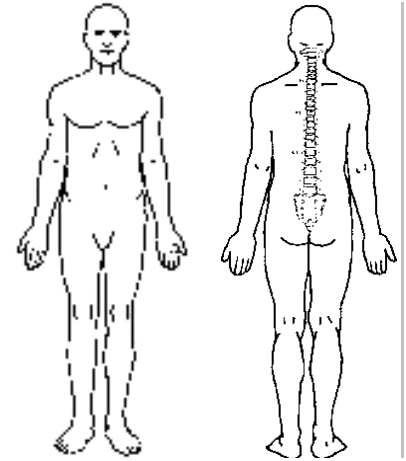
School  Sleep  Daily Routine  Hobbies/Play  Other: \_\_\_\_\_

Have you received any treatment for this condition?  Yes  No

If Yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Please "X" your areas of pain on the figures below:



### HABITS

- Soft Drinks Drinks/Day: \_\_\_\_\_  
 Water Glasses/Day: \_\_\_\_\_  
 Vitamins List: \_\_\_\_\_  
 Sports List: \_\_\_\_\_  
 Hobbies List: \_\_\_\_\_

### EXERCISE

- None  
 1-2 days/week  
 3-4 days/week  
 5+ days/week  
Type of Exercise: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

## EMERGENCY CONTACT

Name: \_\_\_\_\_

Relation: \_\_\_\_\_

Cell/Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

## ELECTRONIC HEALTH RECORDS (EHR) INFORMATION

### Demographics

Ethnicity:  Hispanic  Non-Hispanic

Preferred  English  Spanish

Language:  Other: \_\_\_\_\_

Race:  White/Caucasian  African American

Native American  Hawaiian/Pacific

Asian  Other: \_\_\_\_\_

Are you allergic to any medications? Yes No

If yes, please list those medications and the problem experienced?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you smoke now? Yes No

Have you ever been a smoker? Yes No

Use any other form of tobacco? Yes No

## CHECK THE FOLLOWING HEALTH CONDITIONS AS THEY APPLY TO YOU

### CERVICAL SPINE (NECK)

Misalignment of the individual vertebrae or distortion of the complete cervical curve (neck) originating in the neck or a compensation from postural distortions in other areas of the spine may result in many health conditions. Has your child experienced any of these symptoms presently or in the past? **Please indicate if you have had any of these conditions in the Past, Now, or Both.**

Past Now

- Neck Pain  
  Pain in shoulders/arms/hands  
  Numbness/tingling in arms/hands  
  Weakness in grip  
  Cold hands  
  Headaches/Migraines  
  Colic

Past Now

- Low energy/fatigue  
  Sore throats  
  Anxiety/Depression  
  Sleep problems  
  Recurrent Colds/Flu  
  Allergies/hay fever  
  Hyperactivity/ADD

Past Now

- Sinus congestion/infections  
  Hearing disturbances  
  Visual disturbances  
  Dizziness/vertigo  
  Thyroid conditions  
  TMJ/Pain/Clicking  
  Learning Disabilities

Please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## HEALTH CONDITIONS CONTINUED...

### THORACIC SPINE (MID AND UPPER BACK)

Misalignment of the individual vertebrae or distortion of the thoracic curve (upper and mid back) originating in the mid back or a compensation from postural distortions in other areas of the spine may result in many health conditions. Has your child experienced any of these symptoms presently or in the past? **Please indicate if you have had any of these conditions in the Past, Now, or Both.**

Past Now

- Upper Back Pain/Stiff/Tight
- Mid Back Pain/Stiff/Tight
- Tachycardia (racing heart)
- Palpitations
- Heart Murmurs
- Liver Problems
- Spleen Problems

Past Now

- Shortness of breath
- Asthma/wheezing
- Lung Infections/Bronchitis
- Pain w/ deep breaths
- Pain in ribs/chest
- Heartburn/Reflux
- Tired/irritable after eating  
or when not having eaten for awhile

Past Now

- Ulcers
- Gas
- Nausea
- Stomach aches/cramping
- Diabetes
- Gall Bladder Problems

Please explain: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### LUMBAR SPINE/PELVIS (LOW BACK/HIPS)

Misalignment of the individual vertebrae or distortion of the lumbar curve (low back) originating in the low back or a compensation from postural distortions in other areas of the spine may result in many health conditions. Has your child experienced any of these symptoms presently or in the past? **Please indicate if you have had any of these conditions in the Past, Now, or Both.**

Past Now

- Low Back Pain
- Pain in the hips/legs/feet
- Numbness/Tingling in legs/feet
- Weakness/injuries in hips/  
knees/ankles

Past Now

- Cold feet
- Muscle cramps in leg/feet
- Constipation
- Diarrhea
- Recurrent bladder infections

Past Now

- Frequent/difficulty urinating
- Unable to control urine
- (Females) Irregular cycles/  
cramping
- Kidney stones

Please explain: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

## ADDITIONAL INFORMATION

Please list any medications (include name, dose, for what condition, and how long your child has been taking it): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list any other health conditions, diseases, or surgeries (tonsils, appendectomy, cancer, epilepsy, etc): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



## INFORMED CONSENT FOR CHIROPRACTIC CARE

I hereby request and consent to the performance of chiropractic procedures, including various modes of physiotherapy, diagnostic x-rays, and any supportive therapies on my child by Westphalia Chiropractic and staff who now or in the future treat me while employed by Westphalia Chiropractic.

I have had an opportunity to discuss with the doctor and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments and procedures.

I understand and I am informed that, as is with all Healthcare treatments, results are not guaranteed and there is no promise to cure. I further understand and I am informed that, as is with all Healthcare treatments, in the practice of chiropractic there are some risks to treatment, including, but not limited to, muscle spasms for short periods of time, aggravating and/or temporary increase in symptoms, lack in improvement of symptoms, fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known, is in my best interests.

I further understand that Chiropractic adjustments and supportive treatment is designed to reduce and/or correct subluxations allowing the body to return to improved health. It can also alleviate certain symptoms through a conservative approach with hopes to avoid more invasive procedures. However, like all other health modalities, results are not guaranteed and there is no promise to cure. Accordingly, I understand that all payments for treatments are final and no refunds will be issued. However, prorated fees for unused, prepaid treatments will be refunded if I wish to cancel the treatment.

I further understand that there are treatment options available for my child's condition other than chiropractic procedures. These treatment options include, but not limited to, self-administered, over the counter analgesics and rest; medical care with prescription drugs such as anti-inflammatories, muscle relaxants, and painkillers; physical therapy; steroid injections; bracing; and surgery. I understand and have been informed that I have the right to a second opinion and secure other opinions if I have concerns as to the nature of my child's symptoms and treatment options.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions its content, and by signing below I agree to the above-named procedure. I intend this consent to cover the entire course of treatment for my child's present condition and for any future condition(s) for which I seek treatment.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Guardian Name & Relationship to Patient

\_\_\_\_\_  
Guardian Signature

\_\_\_\_\_  
Date Signed

## PREGNANCY RELEASE

This is to certify that to the best of my knowledge I am not pregnant and the above doctor and his/her associates have my permission to perform an x-ray evaluation. I have been advised that x-ray can be hazardous to an unborn child.

Date of last menstrual cycle: \_\_\_\_\_

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date Signed

## CONSENT OF TREATMENT OF MINOR CHILD

I hereby authorize the doctor and whomever he/she may designate as assistance to administer chiropractic care as he/she deems necessary to my child.

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date Signed

## CONSENT FOR PURPOSES OF TREATMENT, PAYMENT AND HEALTHCARE OPERATIONS

I acknowledge that Westphalia Chiropractic's "Notice of Privacy Practices" published April 14, 2003 has been provided to me.

I understand I have a right to review Westphalia Chiropractic's Notice of Privacy Practices prior to signing this document. The Notice of Privacy Practices describes the types of uses and disclosures of my protected health information that will occur in my treatment, payment of my bills or in the performance of health care operations of Westphalia Chiropractic.

The Notice of Privacy Practices for Westphalia Chiropractic is also provided on request at the main administration desk of this practice. This Notice of Privacy Practices also describes my rights and Total Health Spine & Nutrition's duties with respect to my protected health information.

Westphalia Chiropractic reserves the right to change the privacy practices that are described in the Notice of Privacy Practice. I may obtain a revised Notice of Privacy Practices by calling the office and requesting a revised copy be sent in the mail, ask for one at the time of my next appointment or accessing Westphalia Chiropractic's website.

I have the right to revoke this consent, in writing, except to the extent that Westphalia Chiropractic has taken action in reliance on this consent.

### PATIENT ACKNOWLEDGEMENT

By signing my name below, I acknowledge receipt of a copy of this notice, and my understanding and my agreement to its terms.

\_\_\_\_\_  
Patient Signature or Personal Representative

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Description of Personal Representative's Authority

## PATIENT INFORMATION RELEASE AUTHORIZATION

I hereby authorize Westphalia Chiropractic to release information contained in my patient records to the individual(s) and only under the conditions listed below:

Name of person(s) to whom information can be disclosed to (i.e. spouse, family member, friend, another doctor, etc):

\_\_\_\_\_  
\_\_\_\_\_

Specific type of information to be disclosed (i.e. all records, x-rays, blood tests, etc):

\_\_\_\_\_  
\_\_\_\_\_

**\*PLEASE NOTE THAT THIS AUTHORIZATION RELEASE IS EFFECTIVE UNTIL WRITTEN NOTIFICATION IS RECEIVED BY OUR OFFICE REVOKING AND/OR CHANGING AUTHORIZATION**

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Parent or Guradian Signature

\_\_\_\_\_  
Date Signed

## FINANCIAL RESPONSIBILITIES

I understand and agree that health and accident policies are an arrangement between an insurance carrier and myself. I authorize payment directly from my insurance company to Westphalia Chiropractic. Furthermore, I understand that this office will prepare any necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to this office will be credited to my account upon receipt. However, I clearly understand and agree that all services rendered to me are ultimately my personal responsibility. I also understand that if I suspend or terminate my care and treatment any fees for professional service rendered me will be immediately due and payable.

If I have insurance, I am responsible for my insurance deductible, co-payments and any service rejected by my insurance company. I am also aware that if I have not made a payment on my outstanding balance within a 30 day period, a service fee of 2% will be added to my account. If I have an outstanding balance that may be served to a collection agency, there will be an additional fifty dollar fee added.

This office cannot promise that an insurance company will pay. In the event that the insurance company disputes or rejects the claim, we will pursue on your behalf as far as we are able to. If unsuccessful, you will be expected to take responsibility for any outstanding balance.

I authorize this clinic to release any information pertinent to my case to any insurance company, adjuster and/or attorney involved in this case, and hereby release this clinic of any consequences thereof.

Although our office will call to verify your insurance coverage, it is your responsibility to confirm and know your benefits. If you have limited coverage, you need to be aware of when your insurance will stop paying your claims.

I certify that the information provided in this four-part form is correct to the best of my knowledge. I will not hold my doctor or any staff member of Total Health Spine & Nutrition responsible for any errors or omissions that I may have made in the completion of this form.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date Signed

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date Signed