



M · H · A · R · S

MENTAL HEALTH, ADDICTION AND RECOVERY SERVICES  
BOARD OF LORAIN COUNTY

**Are you or your loved one worrying or distressed? Sleeping too much? Feeling angry or overwhelmed? Drinking too much? If it's too much, connect with us.**

**MHARSLC.ORG**

**24/7 Crisis Hotline: 1-800-888-6161**

**Crisis Text Line: 4hope to 741741**

**Addiction Helpline: 440-989-4900**

**Domestic Violence: 1-866-213-1188**

## What's new, and FREE?

**FREE medication disposal pouches** to keep kids, pets safe from old or unused prescriptions (popular! as supplies last!): 440-282-9920

**FREE support groups** for addiction recovery, suicide loss or essential workers. mharslc.org or facebook.com/mharslc

**FREE, CONFIDENTIAL stress and anxiety support for personal challenges** from the COVID Careline (8am-8pm), 1-800-720-9616

**FREE Family Toolkit** to help parents of kids and teens, plus teachers, at mharslc.org/familytoolkit

## QUICK DIRECTORY OF MHARS MENTAL HEALTH, ADDICTION AND PREVENTION PROVIDERS:

Applewood Centers, Inc., 440-324-1300  
applewoodcenters.org

Beech Brook, 216-831-2255, beechbrook.org

Bellefaire JCB, 800-879-2522, bellefairejcb.org

Big Brothers Big Sisters, 440-277-6541, bigloraincounty.org

Catholic Charities Lorain County, 440-366-1106, ccdodge.org

El Centro (Navigator), 440-240-7025, lorainelcentro.com

Far West Center, 440-988-4900, farwestcenter.com

Firelands Counseling and Recovery, 440-984-3882

Gathering Hope House, 440-233-7400  
gatheringhopehouse.com

The LCADA Way, 440-989-4900, thelcadaway.org

Let's Get Real, Inc., 440-963-7042, letsgetrealinc.org

LMM Guardianship Svcs, 216-696-1132, lutheranmetro.org

Lorain UMADAOP, 440-246-4616

Lucy Idol Center, 440-967-6724, lucyidolcenter.org

NAMI Lorain County, 440-233-8181 x226, nami-lc.org

New Directions, Inc., 216-591-0324, newdirect.org

New Sunrise Properties, 440-365-9600  
newsunriseproperties.org

The Nord Center, 440-233-7232, nordcenter.org

OhioGuidestone, 440-260-6101, ohioguidestone.org

Pathways Counseling and Growth, 440-323-5707  
pathwayscounselingcenter.com

Road to Hope House, 440-309-4284, road-to-hope.org

Safe Harbor/Genesis House, 440-323-3400  
genesishouseshelter.org

Silver Maple Recovery, 855-200-7521  
silvermaplerecovery.com

Stella Maris, Inc., 216-781-0550, stellamariscleveland.com

**FOR COMPLETE LIST, VISIT  
MHARSLC.ORG**

Be the light in your friend or loved one's storm. If someone is facing difficulties, connect them to resources to brighten their future. **16,000+** Lorain County kids, adults and elderly residents connect to our care each year. **mharslc.org**