



# **MAT MONDAYS 2025**

Open to Amherst Comets Youth Wrestlers K-6th grade  
*(boys and girls)*

Marion L. Steele High School-Wrestling Room  
*(please enter from outside entrance only, do not walk through gymnasium)*

**MEET US ON THE MATS 6:30-8pm**

March 3rd

April 7th

May 5th

September 8th

October 6th

Hosted by Amherst Comets Youth Wrestling Team Coaches:

Zack Dziak

Corey Folop

Jeremy Branham

B.K. Thompson

\*Follow us on Facebook for up-to-date info @ Amherst Comets Youth Wrestling Team\*  
Email: [amherstyouthwrestlingteam@gmail.com](mailto:amherstyouthwrestlingteam@gmail.com)