

SJS Parent Club 2025–2026



Our Mission

To support the needs of all members of the SJS community: **Staff, Students, and Families**



Meeting Dates

When: Second Tuesday of every month at 7:00 PM

Where: SJS MPR (Multi-Purpose Room)

Sept 9 th	Oct 14 th	Nov 11 th
Dec 9 th	Jan No Meeting	Feb 10 th
Mar 10 th	Apr 14 th	May 12 th

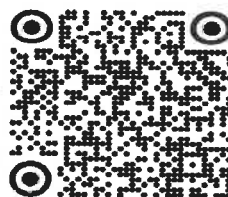


Stay Connected

Email: SJSParentClub@sjs-amherst.org

Website: sjsamherst.org/parent-club

Facebook:



Join

All are welcome—new parents and longtime supporters alike. **Please complete this form to help us connect and engage.** Share your ideas or ways you'd like to participate!



25-26 Youth Choir at St. Joseph Parish

Students in grades 3-8 who would like to use their God-given talent to praise and serve the Lord are invited to audition for St. Joseph Parish's Youth Choir, led by Ms. Christina Dupre and Mrs. Joy Rivera.

This is a great opportunity to be part of something fun and new!

Auditions will be held at 2:15 on Wednesday, Sept. 17th for all interested students! The school staff will help facilitate auditions. Parents may wait outside of Door D to pick-up their student. We estimate tryouts to take 15-20 minutes, so please arrive around 2:30.

Choir rehearsal will begin on Wednesday, September 24th from 2:15-3:00. A calendar with important dates and information about Youth Choir for the 25/26 school year will come home then.

For rehearsals, school staff will help get the students to the music room for rehearsal and they will be dismissed out of Door D (blue awning) at 3:00.

Please fill out, detach, and return the bottom portion to school by Wed. 9/17 so we know to have your student stay for auditions.

For students in grades 3-8 only.

Student's Name _____

Grade _____

_____ Yes! My child is interested in auditioning for youth choir. My contact information is below.

Parent Name: _____

Parent email: _____



(Please use an email that you check regularly as this is the main form of communication.)

Parent Phone Number: _____

Back to School movie and smore's night!

Friday Sept 19th 7-9 pm

School parking lot near drop off door D.

(blue awning)

(Please park back from this area.)

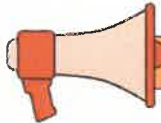
Bring camping chairs/blankets and join us for a
welcome back to school movie and smore's night!

**All students must be accompanied by a parent/guardian.*

**All those in attendance will be expected to remain in the movie/smores area and seated during the movie/activity.*



School Safety 101



IMPORTANCE OF SAFETY IN SCHOOLS

- Allows education to take place in environment that is secure and helps to prevent danger or harm to students during the school day/school events.
- Allows students and staff to practice scenarios to develop muscle memory in case an emergency happens.
- Helps schools to consider solutions-based approaches to various scenarios students/staff may encounter.



**SJS IS
100%**

in compliance with state mandated safety plans, tests, drills, and required documents.

STEPS FOR AN EFFECTIVE SAFETY PLAN



PREVENTION

- Develop and communicate clear emergency procedures to all members of the school community.
- Designate evacuation routes and assembly points for safe gathering outside the building.
- Run scenarios to discuss and plan for varying situations.



ROLES

- Identify members of an emergency response team.
- Identify and discuss roles and responsibilities.
- Ensure those assigned are able to carry out duties and responsibilities.



RESPONSE

- Know protocols and take action based on what you know in the moment.
- Enlist the help of emergency personnel, as needed.
- Rely on training, instinct, and muscle memory to guide you through a situation.
- Continue to take action until safety is achieved.



RECOVERY

- Gather at designated assembly points outside the building to ensure everyone is accounted for.
- Solidify the reunification plan based on the scenario.
- Notify parents/guardians.
- Reunify students with families.
- Gather help from outside organizations, as needed.

ADDITIONAL SJS PREVENTATIVE ACTIONS



Vulnerability assessment with local law enforcement and military personnel. Updates made to security items and protocols based on results.

Regular testing and maintenance of security systems and emergency alert systems.

Yearly review of Emergency Operations Plans, Threat Assessment Team, and daily protocols to ensure compliance and best practices.

TYPES OF SAFETY DRILLS PRACTICED



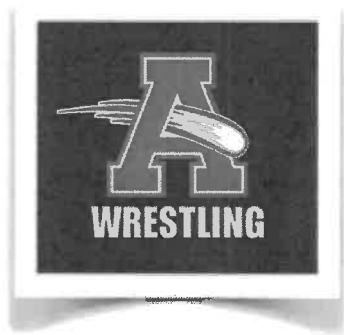
Fire Drills: One time per month for the entire school year.



Tornado Drills: Once in the fall and each month in April, May, and June.



Lockdown Drills: Once as a walk-thru practice in September, once in the fall and once in the spring. Various levels of lockdown are practiced throughout the year- Levels 1, 2, 3, and 4



Amherst Comets Youth Wrestling Team Inc.
Coach Zack Dziak
Coach Corey Folop
Coach Jeremy Branham
Coach B.K. Thompson
Coach Joe Falbo MLS Class of 2001
Director: Danielle Miskov-Dziak MLS Class of 2001

What: 2025-2026 Amherst Comets Youth Wrestling Team Inc. Season Registration

Who: Kindergarten (*or age five*) through 6th Grade (*Boys and Girls*)

When: Mondays 6:30pm-7:30pm (*Practice: All-Stars Only-1st & 2nd year wrestlers*)
Tuesdays and Thursdays 6:30pm-8:00pm (*Practice: Varsity Only-3+ years wrestling*)
Wednesdays 6:30pm-7:30pm (*Practice: All-Stars & Varsity wrestlers*)
Matches/Tournaments are Sundays (*Wrestling season runs 11/10/25 through 2/15/26*)

Where: Marion L. Steele High School-Wrestling Room
Please enter from outside entrance only, do not walk through gymnasium.

Cost: \$150 per wrestler
Cost includes: Singlet, T-shirt, shorts and required USA Wrestling Registration Card.

Season meeting will be held in the Wrestling Room on November 12th at practice for all groups. The coaching team will introduce themselves and share their vision and expectations for this new year. Bring a positive attitude, be ready to learn how to wrestle and of course have fun!

Practices will begin on **Monday, November 10th for All-Stars/ Tuesday, November 11th for Varsity and all groups will practice together Wednesday, November 12th.**

All registrations will be due by **October 17, 2025** to make deadline for wrestling gear orders.
Please scan attached QR code to register your wrestler.

Wrestling shoes or socks for beginners are required. No street shoes will be allowed on the mats. Headgear is mandatory. Shorts, sweatpants and t-shirts are suitable for practice. No jeans please.

Contact B.K. Thompson at 216-533-2812 (*call or text*) with additional questions or concerns.

Please scan the following QR code for all registration purposes, also to be linked to our website with all pertinent information. Follow us on Facebook: Amherst Comets Youth Wrestling Team Inc. Email: amherstyouthwrestlingteam@gmail.com We thank you for your support of our program!

