Saturday	Speaker	Topic	Description
10:00 am	Steve Magas	The Cyclist as an Advocate	This discussion will start with a bit of history and talk about the development of bike laws and the importance to the cycling community of effectively advocating for better and safer roads & laws. He will also talk about the "BLS - Boring Legal SHiiiier Stuff" that cyclists should think about BEFORE they ride including Insurance and other boring legal stuff. Finally Steve will discuss crash claims & the common WHAT IF I CRASH questions that many riders have What are important steps for the rider to take, how to protect evidence, where do you even FIND evidence, how do you communicate with the police, the other driver, the insurance adjustor, how do you get your BIKE paid for, what is your injury claim worth, do you NEED legal help?
11:00 am	Matt Galat	Triking around the world	Matt chooses highlights from his worldwide trike tours and shares his greatest adventures
12:00 pm	Sylvia Halpern	Riding safety on tour	Sylvia's talks about her wide experience touring safely on her trike with and without e-assist.
1:00 pm	Nina Paley	Living a Car- free life	Nina Paley navigates nearly 4 decades of adulthood without a car. How does she do it?
2:00 pm	Larry Black	Recumbenting on two wheels	The history and current status of the 2 wheeled recumbent.
3:00 pm	Quintin Pruett	American manufacturing: Made local, Made right.	Quintin is the CNC machinist and programmer at TerraCycle in Portland. He'll tell us why making things in the US is important, and how things are made at T-cycle.
4:00 pm	David Black	Enjoy the Outdoors Again with Adaptive Cycling	Adaptive and inclusive cycling has long been recognized as an excellent way for individuals with mobility issues to experience freedom of movement and enjoy the outdoors.
Sunday	Speaker	Topic	Description
11:00 am	Matt Galat	Making Great Bent Videos that People will Actually Watch	Matt is a professional videographer and has ridden his trike throughout Asia on his ultimate quest to tour around the entire globe.
12:00 pm	Larry Black	Thin Air Bike Repairs	Tricks of the trade. How to make it work when you, your bike shop, and your riding friends said no.
1:00 pm	Nina Paley	Women and Recumbents	Nina and Sylvia open a discussion on pressing issues of women cyclist's comfort and health
2:00 pm	Sylvia Halpern	Picking the Best Route for Your Tour	Sylvia's advice on choosing the best route using websites that anyone can use including journals, stats and maps