

WHOW NEWSLETTER

WWW.WHOWLIVELOVELEARN.ORG

May 2025



Why WHOW?

In our February newsletter you learned a bit more about me and why I started WHOW. This month I want to talk about “networking”. I hear from many women how that word is scary and I used to be one of those women! Networking is the process of building and maintaining relationships. That simple! I can tell you MANY scary stories of what the world defines as networking. That’s NOT what we are doing here. WHOW (Women Helping Other Women) is passionate about networking! Yes! I said it! Networking! We are passionate about building AND maintaining relationships with other women in our tribe. Whether you own a business, retired, stay at home Mom, we want to network with you as well. We share goals, accountability, successes, struggles, encouragement, inspiration, strengths, weaknesses and FUN! Please join our tribe! Come to our June event and learn more about us and some of our members. As a non-profit our vision is for every woman to LIVE the life they dream of, LOVE themselves for who they are, and LEARN from one another. We are growing and looking for women who have the same vision. Is that you? If so, please call Michelle Dean @ (209) 743-2223

Upcoming Events:

Wellness Enrichment Workshop

Saturday, June 21st 10:00-2:00

Sonora Meadows Clubhouse
16547 Creekside Dr. Sonora, CA

Coffee Talks

Members Only Accountability Group
We meet via zoom on the 2nd Wednesday in May, June and July at 5:30-6:30 pm.

RSVP Here May 14th Sue Alva presenting on James Nestor’s best seller “Breath”. June 11th Michelle Hadaway presenting D.O.P.E. personalities. July 9th Mid year check in.

Coffee Talks In Person

WHOW Members only Mix & Mingle event
Saturday, August 9th 10:00-12:00
Aronos Research Club 37 Elkin St. Sonora
This is our time to build connections with one another.

Book Club

June 5th 12:00 @ Standard Pour
Book: The Women by Kristin Hannah
Contact: Michelle Hadaway (714) 595-9691

Ladies Night Out

Friday, October 17th 6:30-8:30 pm
Aronos Research Club 37 Elkin St. Sonora

Women Helping Other Women...

Grant for 2025:

Each year we give a grant to a woman who is working on a goal or dream. This year we are not planning a major fundraising event so if you would like to help us by donating to our Grant Fund we would truly appreciate your support. All donations given with this link will go specifically to our Grant awarded this fall to a woman who is working on education, whether it's help with college costs, trade school, a class, certification, etc.

(We are now using Zeffy for ticket sales and donations as they do not charge a fee. They work specifically with non-profits. When you make a donation you will see a message from Zeffy to make an OPTIONAL 17%, 20% or 22% donation to them. This allows Zeffy to offer their software and service to nonprofits for NO charge. If you do not wish to make a donation to them simply choose "other" and enter 0.

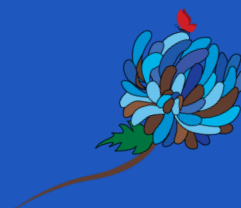


WHOW's Mission:

Women Helping Other Women achieve their dreams and goals through education, inspiration, and support.

WHOW's Vision:

For every woman to LIVE the life they dream of, LOVE themselves for who they are, and LEARN from one another.



Thoughts from our Founder

My passion is bringing women together and helping them find their strengths, build confidence and live the life they were meant to live! Do you know what your strengths are? What are you passionate about? What is your current goal? Sometimes we all need someone in our corner to help us SEE. One of my strengths is facing my fears. Yep! You heard me! Very hard to do but the rewards are SO worth it. YOU won't know that until you try it! We are here to support you along the way.

Michelle Dean, Founder of WHOW



Thank you Sponsors!!

Pin-it Travel Twins
What's on your map?





WHOW Wellness Enrichment Workshop

Saturday, June 21st 10:00-2:00

Join us for this free community event:

Come and hear from some of our WHOW members as they share their knowledge with you regarding physical and mental wellness.

Topics include:

Surviving to Thriving - by Michelle Dean (Author & Speaker)

(Learn how to overcome abuse and still thrive!)

Parenting- by Beth Proudfoot, LMFT

(How well we parent can determine a huge part of our wellness)

Softness is a Strategy - Kim Brodie, Mountain Om

(In this honest and uplifting talk, Kim Brodie unpacks how slowing down, setting boundaries, and choosing softness in a hard-driving world isn't weakness)

Wellness - Yelva Beath, Sandra Tachiera, Carla Salyers

(Exploring health and wellness through doTERRA and Melaleuca offers a refreshing, natural approach to everyday well-being)

Location: Sonora Meadows Clubhouse

16547 Creekside Dr. Sonora, CA 95370

Volunteers Needed:

We are looking for volunteers to help us man the Manzanita Bar at the Motherlode Fair this year in June.

Can you help us?

We need 2 people for Saturday, June 28th 12:30-6

1 person for Sunday, June 29th 12:30-6
and 2 people for Sunday night 5:30-10:30 pm

Please call Michelle Dean (209) 743-2223

We are also looking for volunteers for a couple of committees we want to put together and a possible seat on our board. If you are interested please call Michelle Dean.

Membership Benefits:

Advertise in our newsletter!



**My Journey from
Surviving to Thriving**



[Buy my book on Amazon](#)

Money Life Coaching

Does this sound familiar?

- I'm winging it with my money.
- I make too much to feel broke.
- I'm in debt up to my ears.
- I wish I could travel more.

Schedule a FREE Q&A call today!



Take control of your money and gain the peace of mind you deserve.

- ✉ Brandy@LivelyFinancialCoaching.com
- 🌐 www.LivelyFinancialCoaching.com
- ☎ 310-400-6641

Link to become a member:

<https://pay.whowlivelovelearn.org/Membership>