

PHENOMENAL WOMEN *Workbook*





Welcome to Phenomenal Woman
Challenge.

Over the next 31 days we will learn
about different women in the Bible
and how their stories can teach us
invaluable lessons about our Identity
in God.

I'm so excited you have taken this
challenge with me.
Let's change our life by changing our
perspective.

Love,
Almarie Ransome



Day 1



EVE

Purpose over Failure





EVE

GENESIS 2:18-25

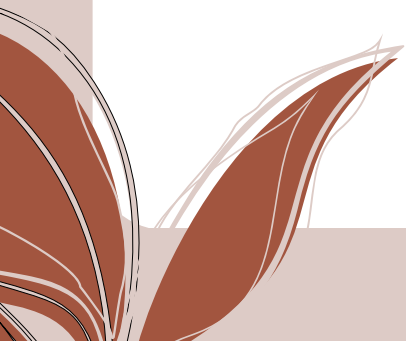
The Lord God said, “It is not good for the man to be alone. I will make a helper suitable for him.”

19 Now the Lord God had formed out of the ground all the wild animals and all the birds in the sky. He brought them to the man to see what he would name them; and whatever the man called each living creature, that was its name. **20** So the man gave names to all the livestock, the birds in the sky and all the wild animals. But for Adam[f] no suitable helper was found. **21** So the Lord God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man’s ribs[g] and then closed up the place with flesh. **22** Then the Lord God made a woman from the rib[h] he had taken out of the man, and he brought her to the man.

23 **The man said, This is now bone of my bone and flesh of my flesh; she shall be called ‘woman,’ for she was taken out of man.”**

24 That is why a man leaves his father and mother and is united to his wife, and they become one flesh.

25 Adam and his wife were both naked, and they felt no shame



EVE

GENESIS 3:1-15



Now the serpent was more crafty than any of the wild animals the Lord God had made. He said to the woman, “Did God really say, ‘You must not eat from any tree in the garden?’”

2 The woman said to the serpent, “We may eat fruit from the trees in the garden, **3** but God did say, ‘You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.’”

4 “You will not certainly die,” the serpent said to the woman. **5** “For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil.”

6 When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. **7** Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.

Then the man and his wife heard the sound of the Lord God as he was walking in the garden in the cool of the day, and they hid from the Lord God among the trees of the garden. **9** But the Lord God called to the man, “Where are you?”

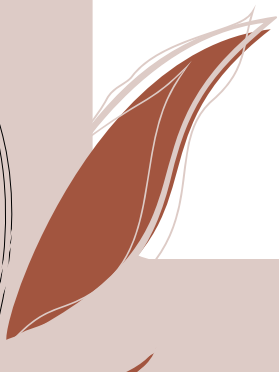
10 He answered, “I heard you in the garden, and I was afraid because I was naked; so I hid.” **11** And he said, “Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?” **12** The man said, “The woman you put here with me—she gave me some fruit from the tree, and I ate it.”

13 Then the Lord God said to the woman, “What is this you have done?”

The woman said, “The serpent deceived me, and I ate.”

14 So the Lord God said to the serpent, “Because you have done this, “Cursed are you above all livestock and all wild animals! You will crawl on your belly and you will eat dust all the days of your life.

15 And I will put enmity between you and the woman and between her seed and your offspring.



EVE

Purpose over Failure

Then Adam named his wife Eve “The life-giving one”, for he said,
“She shall become the mother of all mankind - Genesis 3:20

Step 1: Switch your Focus

Eve had everything she needed in order to succeed within her reach. She had purpose, she was in the perfect environment, she had the perfect partnership, she was in a perfect garden and most importantly she heard from God daily- who walked with them regularly.

Eve allowed an outside voice to make her feel as if she was incomplete, that feeling caused her to put her purpose and mission in jeopardy.

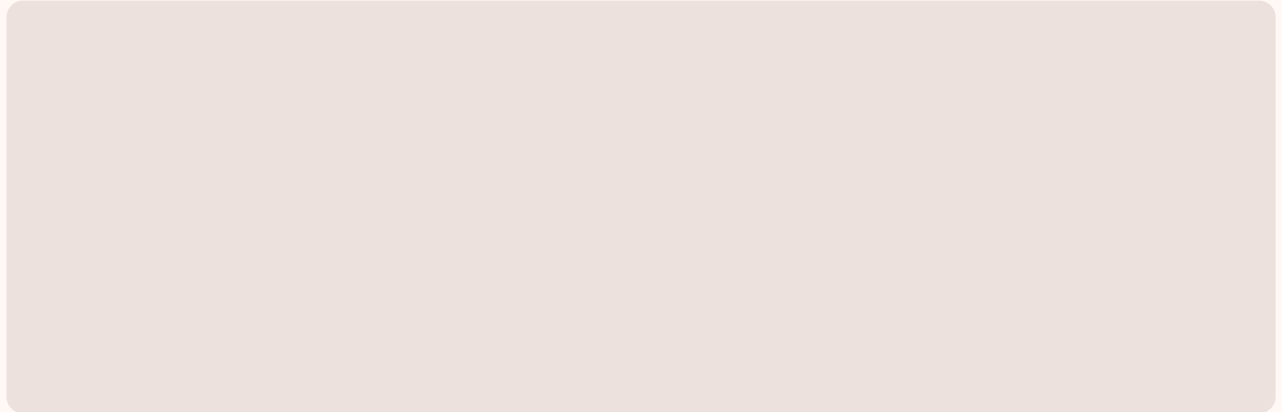
Feelings of inadequacy can lead us down a dangerous path where we begin to doubt every God breathed Word in our life. We begin to doubt what we already have at our disposal. These feelings not only lead to unhappiness but most importantly it hampers our self esteem because we feel as if we are never enough.

There are times that we may have so many blessings yet the moment an outside source comes to point out a missing link- that is the only thing we focus on and in turn losing sight of what is truly important- Our Purpose.

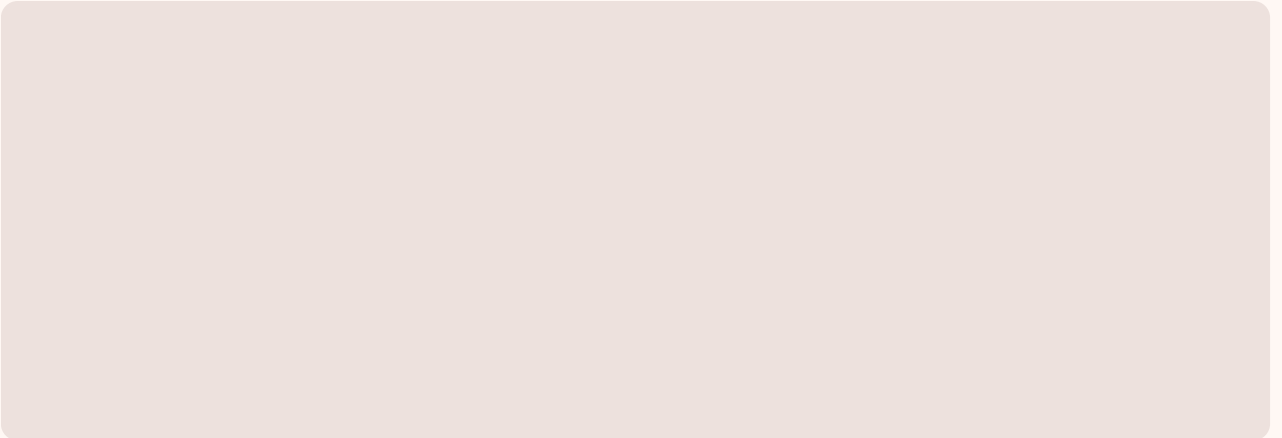


Step 1: Switch your Focus

What are things in your life that are making you feel inadequate?




Who or what are the outside sources speaking to you making you feel incomplete?



2 Corinthians 3:5

*Not that we are sufficient in ourselves to
claim anything as coming from us, but
our sufficiency is from God*



Step 2: Don't doubt the voice of God

Eve was created from the man's rib- brought to Adam- given purpose and introduced to the perfect environment with a few stipulations: Be fruitful and multiply and don't eat from the tree of knowledge of good and evil.

We are later faced with the fact that Eve doubted what God once told her. "You may freely eat the fruit of every tree in the garden - except the tree of the knowledge of good and evil. If you eat it's fruit, you are sure to die" (Genesis 2:16-17).

When she encounters the serpent, he asks her, "Did God really say you must not eat the fruit from any of the trees in the garden?"

Did God really say that?

One thing that the Bible never mentions in this story is time. We don't know how much time had passed from Eve being created to the serpent speaking to her. For many of us- we too are like Eve. Gloriously accepting of God's utterance and word the moment and season we receive it in- however - as time moves on- we tend to doubt God's word when we see that time is not in our favor.

It is in these moments where we ask ourselves "Did God really say that?" "Did I hear correctly?" These questions begin to invade us and fill us with doubt- not only of ourselves and our worth but of God and his power.

I often ask myself if she was doing what God had purposed for her or if she was dallying around in the garden. How did she notice the serpent speaking to her? Many times we hear the enemy's voice the loudest when we've taken a pause - when we have shifted our focus. The moment that we aren't expanding is the moment that we allow for doubt to become an audible voice in our lives.



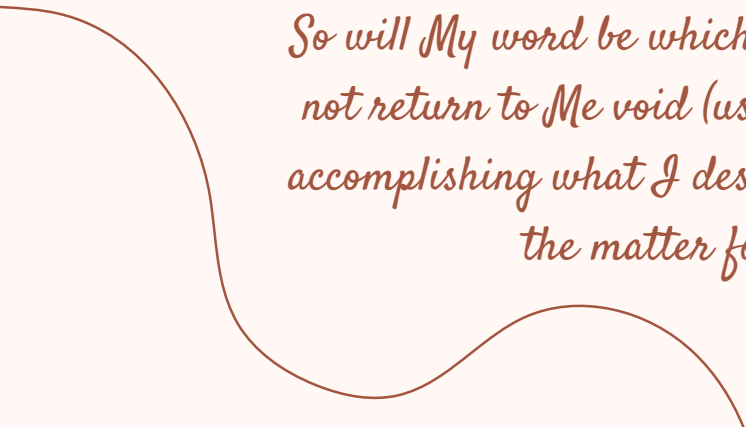
Step 2: Don't doubt the voice of God

What has God spoken to you about that now you're having a hard time believing?

What are you not doing that is allowing doubt to have an audible voice in your life?

Isaiah 55:11

So will My word be which goes out of My mouth, It will not return to Me void (useless, without result), Without accomplishing what I desire, And without succeeding in the matter for which I sent it



Step 3: Your Purpose doesn't end in failure

When Woman ate from the fruit and sinned – the enemy wanted to cause her immediate death yet what he caused was something greater.

The moment she and Adam ate from the fruit, their eyes were open and they saw they were naked and were ashamed. Shame is a direct result of her failure. The enemy loves to use shame and guilt against us the moment that we fail.

In their shame and guilt we see that they sewed outfits for themselves out of fig leaves and hid from God's presence.

The enemy must have thought that this would surely be the end of them- but it was just a detour.

The Bible says that God went into the garden as he did daily- yet this time he realized that Man and Woman were hiding from him. Once confronted- Adam tells God what occurred and blames Woman.

Adam and Eve in turn face a separation from God and expulsion from the garden but no instantaneous death.

What the serpent meant for destruction God turned it around and unleashed a prophecy that would set the world in motion for the arrival of the Messiah.

The first recorded prophetic word is what God tells the serpent about Eve:

Genesis 3:15 From now on you and the woman will be enemies, as will your offspring and hers. You will strike his heel, but he will crush your head

Once they are expelled from the garden, Adam then changes her name from Woman to Eve.

In the garden she was Woman: an extension of man, not self-sufficient on her own and after her failure, the serpent's failed attempt at her death and expulsion- she is renamed Eve: Life giver.

Sometimes God uses our failure to expose our purpose and give us a name change. a name change in biblical history speaks about a change of purpose and Identity.

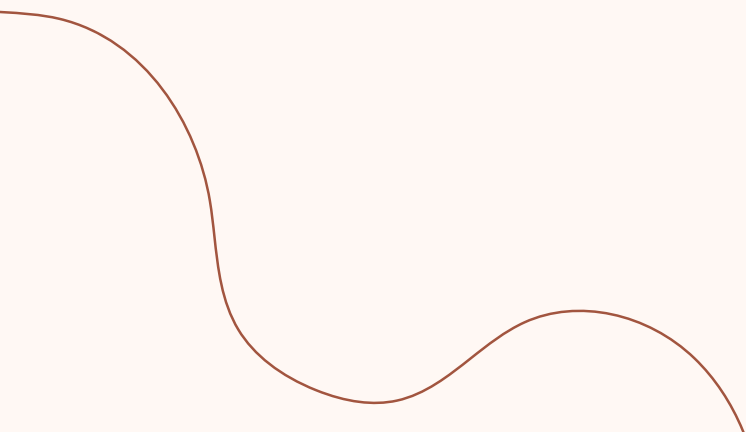
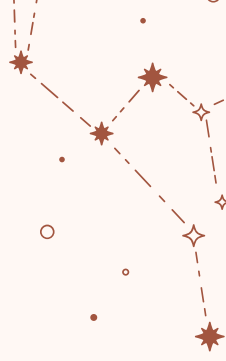
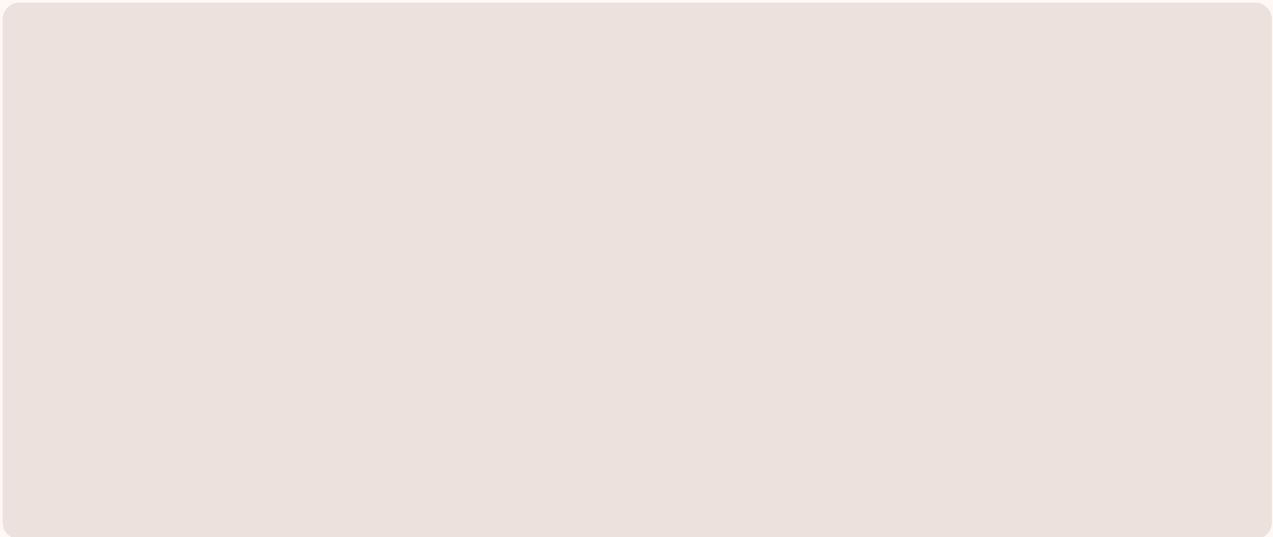
Eve teaches us that failure isn't the end but rather an opportunity that God uses to expose our purpose and change our Identity.

Step 3: Your purpose doesn't end in failure

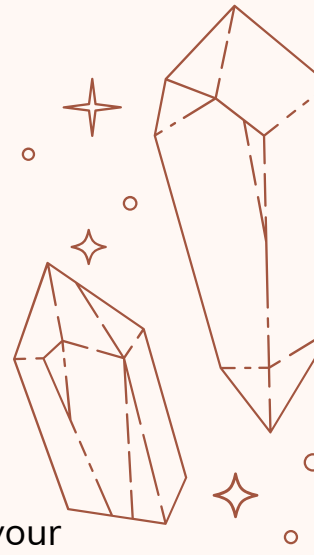
What is a failure in your life that the enemy uses to shame you?



What is your purpose? What is your Identity?



Understanding EVE



What are some takeaways from Eve that can help you discover your Identity in God

Write here

Memorize a Verse

From now on you and the woman will be enemies, as will your offspring and hers. You will strike his heel, but he will crush your head
Genesis 3:15

Thoughts

Questions

What are some Eve qualities in you?