

**Prologue: My Heroes by Teri Smolens, 3/28/19**

Andy, Del & Bobby  
Brandy & Suzanne  
NVIC Barbara  
Those standing up to Richard Pan  
Family after family  
Speaking truth for all to hear  
Never giving up  
For the children held so dear  
It is we who must protect them  
By whatever means it takes  
Keep those needles far away  
With their oil of many snakes

There are those that speak out clearly  
For the truth it must be told  
Regardless of the vipers  
Demanding our silence and control  
Our children don't belong to you  
Where there's risk there must be choice  
Remind the doctors of the oath they took  
Before they lost their voice  
Calling out the ones who profit  
And work to scare us of the measles  
Those like Pan and like Paul Offit  
Are they doctors or just weasels?

They call it for "the greater good"  
These mandates that they've sought  
Swearing it's for public health  
Denying they've been bought  
But Brandy, Del and Bobby  
Have looked and they are certain  
And can prove we've been lied to  
By the ones behind the curtain  
We have Sherri, Polly, Toni Bark  
There's Judy Mikovits  
Their speaking out is taking risks  
Yet of them all, none quits

So my thanks to you, my heroes  
For standing up and calling out  
Their lies and pseudo-science  
With real proof beyond a doubt

[Note about My Heroes: This began 8 years before the covid19 pandemic declaration with AB2109. So many have worked tirelessly to protect us, each in their own arena of expertise: Andrew Wakefield, Del Bigtree, RFK, Jr., Brandy Vaughn, Suzanne Humphries, Barbara Loe Fisher, Sherri Tenpenny, Polly Tommey, Toni Bark, Judy Mikovits. I dedicate this to them, and in memory of Brandy Vaughn and Toni Bark, two amazing powerful advocates for true health who both departed this earthly realm in 2020. I like to imagine they're cheering us on from wherever they are and perhaps dropping helpful hints from their bigger view. You are remembered, loved, and appreciated.] <https://www.nvic.org/NVIC-Vaccine-News/September-2012/Turning-Vaccine-Exemptions-Into-Class-Warfare.aspx>

## **The Train Has Left The Station**

by Teri Smolens. 7/20/20

The train has left the station  
That was several years ago  
Pharma bought the legislation  
Those exemptions gotta go  
Using measles found at Disneyland  
As the perfect way to launch  
New mandates barring some from school  
The position harsh and staunch

**Yes, that train has left the station  
And is chugging right along  
Stripping rights across the nation  
Profits soaring for a song  
Repetition is the key  
Keep on pounding home the pitch  
Use fear of death, you'll see  
Mass control without a glitch**

Call them selfish and contagious  
Sure to spread disease to all  
Say their worries are outrageous  
Squelch their questions, make them brawl  
Get them scared, really scared  
Of some bug, then of each other  
Use the fear, get them ensnared  
Keep them fighting, mother-vs-mother

### **Chorus**

Hey, look! A fine pandemic  
What a lucky break for Pharma  
Let's lock 'em down, make it endemic  
I wonder, what's their karma?  
The train is racing down the tracks  
No sign of slowing down  
Call the decent doctors quacks  
Then run them out of town

### **Chorus**

The conductors of this train  
Are the ones who make the rules  
If you think and use your brain  
They label you as fools  
That's the way they play  
By the books that history shows  
Squash dissent, sow fear each day  
That is how their power grows

### **Chorus**

(continued, next page)

### **The Train Has Left The Station**

[NOTES/LINKS]: Sen. Richard Pan's SB277 took away the Personal Belief Exemption (PBE) for Vaccination as an alternative to the vaccines required for entrance into public or private school in CA. SB277 was signed into law on 6/30/2015. It went into effect 7/1/2016, in time for the 2016-17 school year.]

<https://www.latimes.com/california/story/2019-11-04/vaccine-vaccination-study-california-sb-277>

<https://sd06.senate.ca.gov/news/2019-03-26-dr-richard-pan-introduces-sb-276-combat-fake-medical-exemptions-put-children-and>

<https://childrenshealthdefense.org/news/the-true-purpose-of-ca-sb276/>

<https://www.nvic.org/nvic-vaccine-news/march-2015/adults-targeted-for-vaccine-compliance-by-feds.aspx>

<https://www.sandiegouniontribune.com/news/health/story/2019-10-24/three-doctors-face-medical-discipline-for-vaccine-exemptions-and-more-could-be-on-the-way>

<https://childrenshealthdefense.org/defender/support-dr-paul-thomas/>

### **Lockdown Blues** by Teri Smolens, 11/24/20

I got the corona, yeah the corona, I got the corona lockdown blues (2x)  
I couldn't believe it when they told me you're non-essential, you lose!

I had my business, a thriving business, but the lockdown killed it dead (2x)  
They told us 21 days is all, just to slow the spread

Well that was over a year ago and the lockdowns never end (2x)  
In fact they're getting worse, these politicians just won't bend  
~break~

Now there are doctors, tens of thousands, they say the lockdowns gotta go (2x)  
Well if you don't believe 'em just ask the W.H.O.

I got the corona, yeah the corona, I got the corona lockdown blues (2x)  
I'm still considered non-essential, I believe it's all a ruse  
~break~

No end in sight for the lockdowns and they don't seem to care (2x)  
They wanna control a virus, screw the deaths of despair

Come on people, open your eyes, time to look beyond the news (2x)  
Using panic and fear to control us, we got the lock down blues

[LINKS]: <https://gbdeclaration.org/>

<https://www.news.com.au/world/coronavirus/global/coronavirus-who-backflips-on-virus-stance-by-condemning-lockdowns/news-story/f2188f2aebff1b7b291b297731c3da74>

## Walking Biohazards

4/28/21

***Stand back! Don't breathe, get outta my way  
I'm a walking biohazard  
If you question the rules, that's what they say  
You're a walking biohazard***

If you don't wear a mask, you just want to breathe  
You're a selfish conspiracy theorist  
Because science is what they say it is  
From the farthest flung "fact" to the nearest

### **CHORUS**

It's come to our attention our body is flawed  
How have we survived for so long?  
Our mouth and our nose should never have been  
On the outside, clearly that's wrong

### **CHORUS**

Don't hug me, don't touch me, don't shake my hand  
The whole world's swimming in cooties  
But with six feet apart and a shot in your arm  
They'll let you out to shake your booties

### **CHORUS**

-Break-

Sanitize, cover up, stand on the line  
If you're not looking out for the dangers  
You could kill someone's grandma who's nowhere in sight  
Suck it up, stop breathing near strangers!

### **CHORUS**

Never again will we need a war  
To control them with terror and death  
All we have to do from this point on  
Is get them to take a deep breath

### **CHORUS**

Then over they'll keel, how easy was that?  
All you had to do was exhale  
We're the deadliest weapon so the science says  
From the bigwigs at Oxford and Yale

### **CHORUS**

### **What Did Kary Mullis Say?**

12/12/20

Testing, testing, 1, 2, 3, keep it up and you will see  
"Cases" climbing by the day but what did Kary Mullis say?  
Let's check in and try to find what Kary said if you don't mind  
He was the man, he should know how to make the numbers grow  
The Ct value is the key, over thirty you will see  
You can find most anything 'cause that's what higher numbers bring

So what Ct is used for these tests? We're told it's 40 which suggests  
Viral fragments WILL be found - Kary's turning in the ground  
You can pick up fragments super old  
That's what Kary Mullis told  
He should know, he was the best  
Inventor of this very test

-Break-

The PCR, he said, was intended for lab use but not recommended  
To diagnose without follow through but that's not what these people do  
Kary's turning in his grave since these instructions that he gave  
Have been ignored, been thrown away  
Now what would Kary Mullis say?

Of course you're seeing many positives  
Doesn't mean they're covid causative  
Could be viral fragments from a cold  
Setting too high the Cycle threshold  
This could explain why so many have no symptoms, nope, not any  
Positive but not contagious, from tests set wrong, it's just outrageous!

Tests should be for the symptomatic  
That would be much more pragmatic  
Set the Ct where it should be, 30, no higher, then we'll see  
Case counts that are more reflective accurate and not subjective  
Far lower than what we see now  
Proper science should be the vow

Then you must follow up after the test  
As the inventor, Kary Mullis, stressed  
If not, results will be misleading  
That's the problem, I've been reading

~Break~

(continued, next page)

So what's the deal with all these guys  
Jealous of his Nobel prize?  
Overriding rules and science all to gain our mass compliance  
Now forcing through by EUA more tests fast-tracked by FDA  
Bet they're glad the man is dead  
As they discount what Kary Mullis said

Oh, PS, there's one more quote  
Fauci doesn't get his vote  
"The man knows nothing and he lies"  
Said the winner of the Nobel prize

[LINKS]: <https://archive.org/details/kary-mullis-the-full-interview-by-gary-null-1996>

[scroll to minutes 41:47-42:22]



<https://www.globalresearch.ca/dr-fauci-told-truth-about-covid-19-tests-july-misleading-public-ever-since/5729186>

[https://childrenshealthdefense.org/news/covid-19-testing-pcr-a-critical-appraisal/?itm\\_term=home](https://childrenshealthdefense.org/news/covid-19-testing-pcr-a-critical-appraisal/?itm_term=home)

**Fauci, He's No Hero** by Teri Smolens 7/28/20

**Fauci, he's no hero, that's blasphemy you say  
He's out to save the country each and every day  
He's worked at NIH for forty years you know  
So stop your talk of dirty deeds and "Fauci's gotta go"**

He only wants what's best for us like others at the top  
He'd never lie or tell half truths those rumors should just stop  
Just because he says one thing then later turns around  
Reporting just the opposite no need to make a sound

'Cause he's the one we listen to, our guy can do no wrong  
Plus, if we don't take his side now it means we won't belong  
Belonging to the status quo is everything right now  
Otherwise you're cast right out if you don't nod and bow

Some say he has a shady side, please! We think that he tries  
Don't sully up our hero or expose his Pharma ties  
Just because he's covered up an inconvenient finding  
Fired and trashed the scientist we'll just keep on not minding

**Fauci, he's no hero, that's blasphemy you say  
He's out to save the country each and every day  
He's worked at NIH for forty years you know  
So stop your talk of dirty deeds and "Fauci's gotta go"**

~BREAK~

Do as I say, not as I do that should be Fauci's line  
Don't question his hypocrisy then you will feel just fine  
If he says jump then jump we will, if he says hide, no brainer  
We'll jump, then hide our faces, put down and bash complainers

What could they know that we do not? I refuse to even look  
It messes with my notions held and lets him off the hook  
You say Fauci is no hero, regardless of your finds  
No matter what the evidence we will not change our minds

~Break~

**Fauci, he's no hero, that's blasphemy you say  
He's out to save the country each and every day  
We've gone this far, believed the man, we won't look at your science  
All that matters anymore is blind faith and compliance**

[LINKS]:

<https://www.globalresearch.ca/dr-fauci-told-truth-about-covid-19-tests-july-misleading-public-ever-since/5729186>

## **Flip Flop**

by Teri Smolens

Redfield and Fauci will mess with your mind  
While sitting in their posts of power  
They talk like they know what they're doing  
Then reverse it in forty-eight hours  
Next we have those at the W.H.O.  
They clearly said masks aren't needed  
Except for the doctors and nurses and such  
This was the advice we all heeded - Flip flop! / Flip Flop! / Flip Flop!

Fauci on board he said it too  
Remember? Way back in the Spring?  
"Masks might make you feel better stop a droplet that's  
all" that was his thing  
The U-turns and 180's keep on a-coming  
From expert to expert they go  
Meanwhile we people with lives on hold  
Have doubts about what those folks know - Flip flop! / Flip Flop! / Flip Flop!

Test those with no symptoms they claimed they're a risk  
Children the worst super-spreaders  
Next thing we know this too isn't true  
"DON'T test 'em" say the covid go-getters  
Believe US we're the experts we're in the know  
I'm sure if you watch you'll find  
In a matter of hours or just a few days  
We'll flip it around with a flop change our mind - Flip Flop! / Flip Flop! / Flip Flop!

Up next aerosols that's how covid's spread  
Take our word for it we're sure  
But wait just a bit now it's droplets again nope aerosols and they drift a lot more!  
Minuscule mist that we dare to exhale  
Or project via chatter and song  
Next they'll say masks should remain ever more  
We're polluting the air and that's wrong! - Flip Flop! / Flip Flop! / Flip Flop!

~BREAK~

Fauci's flipping and flopping on flu shots of course  
A while back here's what he said  
"It's risky the shots immune interference"  
Could make covid worse or make you dead  
You know what comes next he didn't mean that  
POOF the risk's gone Nothing to fear!  
Keep us confused off-balance and guessing that's public health  
WOW, I need a beer! - Flip Flop! / Flip Flop! / Flip Flop!

Just when we think they can flip-flop no more  
First it was lockdown we must  
Here comes the WHO now lockdowns are bad  
How are these the people to trust?!  
What will come next in this flip-flopping tale  
Of politicians "experts" and such?  
I think the time's come to question them all  
To see what they're doing doesn't help us much - Flip Flop! / Flip Flop! / Flip Flop!

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As the flip-flops carry on month after month  
We start to look at the rules  
Ask what they're for beneath all the hype treating us like ignorant fools  
Follow the money my friends it's plain  
As always in history it shows  
It's not about health or saving the world it's  
Billions for drugs that's how Pharma grows - Flip Flop! / Flip Flop! / Flip Flop!

[LINKS]:

<https://www.marketwatch.com/story/the-cdc-says-americans-dont-have-to-wear-facemasks-because-of-coronavirus-2020-01-30>

<https://www.who.int/director-general/speeches/detail/who-director-general-s-opening-remarks-at-the-media-briefing-on-covid-19---5-june-2020>

[https://www.healio.com/news/infectious-disease/20200918/you-need-a-test-cdc-again-revises-covid19-guidance-for-asymptomatic-people?utm\\_source=selligent&utm\\_medium=email&utm\\_campaign=news&utm\\_bt=998467492099](https://www.healio.com/news/infectious-disease/20200918/you-need-a-test-cdc-again-revises-covid19-guidance-for-asymptomatic-people?utm_source=selligent&utm_medium=email&utm_campaign=news&utm_bt=998467492099)

<https://abcnews.go.com/Health/cdc-whiplash-science-airborne-transmission-coronavirus/story?id=73150605>

[https://www.healio.com/news/infectious-disease/20200921/cdc-adds-then-removes-mention-of-airborne-spread-of-sarscov2-on-website?ecp%20=%20a09de01c-6699-47b2-9e6c-a5cebf8d07b7&M\\_BT=998467492099](https://www.healio.com/news/infectious-disease/20200921/cdc-adds-then-removes-mention-of-airborne-spread-of-sarscov2-on-website?ecp%20=%20a09de01c-6699-47b2-9e6c-a5cebf8d07b7&M_BT=998467492099)

<https://metro.co.uk/2020/05/12/americas-top-coronavirus-doctor-warns-vaccine-make-covid-19-worse-12692519/>

## **Unpopular**

By Teri Smolens, 4/27/21

***Unpopular, that's what I'll be  
Unpopular, don't you see  
I've been riding high up with the crowd  
I can't climb down from the bandwagon now***

One thing I learned when I was a teen  
The 'in crowd' is where I want to be seen  
No need to assert, just follow along  
Do whatever they do and I will belong

Remember back then when parents would say  
"If they jumped off a cliff would you do it today?"  
Peer pressure, they warned, could get you in a fix  
Think for yourself, don't be swayed by the cliques

***Unpopular, that's what I'll be  
Unpopular, don't you see  
I've been riding high up with the crowd  
I can't climb down from the bandwagon now***

More than a year they've been riding along  
On the bandwagon, they feel they belong  
Bouncing along unaware of the glitches  
Not the least bit afraid of the upcoming ditches

Who's driving the wagon, where are they going  
What's the agenda they keep crowing  
Who can sheepishly climb off the wagon with grace  
Admit they were wrong and hope to save face

***Unpopular, that's what I'll be  
Unpopular, don't you see  
I've been riding high up with the crowd  
I might climb down from the bandwagon now***

***Unpopular, please don't laugh at me  
Unpopular, now I will be  
No longer riding high up with the crowd  
Stepping out on my own, make my parents proud***

[This song is an invitation to step down from the bandwagon, to encourage critical thinking, and remember why peer pressure can be detrimental. We welcome with open arms all who are ready to proceed with an open mind and renewed curiosity to find the truth in world of growing censorship.]

**Lying Like A Rug**

by Teri Smolens, 5/14/21

Eerie, creepy, gain of function  
Make the buggers stronger  
In the lab at Chapel Hill  
Shouldn't take much longer

Damn the laws restricting us  
Our work is to design a  
bioweapon, don't stop us  
Or we'll move to Wuhan, China

***Truth be told, it's oh so clear he's lying like a rug  
Just the way he's always done, for Fauci is a thug***

What about the funding then?  
Who will pay to keep them going?  
Chimeric studies in the lab, virulence they're growing

How come our guy at NIH is sounding sharp and grouchy?  
He should be proud, stand up for us  
Stop lying, Tony Fauci

***Truth be told, it's oh so clear he's lying like a rug  
Just the way he's always done, for Fauci is a thug***

Cornered by some questions now, at a Senate hearing  
Fauci offers flat-out lies  
Dude, that's not endearing!

Rules don't apply in Fauci's world  
To lie is second nature  
Do what it takes, protect the work  
But above all, keep his stature

***Truth be told, it's oh so clear he's lying like a rug  
Just the way he's always done, for Fauci is a thug***

The highest paid in all the land  
Of federal employees  
Fauci wants the upper hand  
Just believe him, girls and boys

Perjury is Fauci's way, to him it's not a crime  
He thinks he's above the law  
When lying one more time

***Truth be told, it's oh so clear he's lying like a rug  
Just the way he's always done, for Fauci is a thug***

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“Did NIH fund the work?” Rand Paul wants to know  
“No, that’s not true”, says Fauci  
Regardless what the records show

He’ll look into the camera right there on live TV  
Then lie to congress and to us  
Convinced we won’t check or see

***Truth be told, it’s oh so clear he’s lying like a rug  
Just the way he’s always done, for Fauci is a thug***

The havoc that he’s wreaked and lives he has destroyed  
Will last more than a lifetime  
From bioweapons they’ve deployed

Either by a leak or on purpose for vaccines  
A coverup with blatant lies,  
That’s how Fauci leans

***Truth be told, it’s oh so clear he’s lying like a rug  
Just the way he’s always done, for Fauci is a thug***

So brazen are his tales and truths he will not tell  
It’s time to put the man away  
And hope he burns in Hell ~ *[mad scientist wicked laugh]*  
***Truth be told, it’s oh so clear he’s lying like a rug  
Just the way he’s always done, for Fauci is a thug***

[LINKS:

<https://www.globalresearch.ca/wuhan-lab-caught-deleting-files-proving-fauci-funding/5746280>

## **Her Father Died**

By Teri Smolens, 5/29/21

We had a friend of a friend stay with us  
Five days in quarantine  
She'd come back from South Carolina  
Where her father had been

She hadn't gone there to visit  
In fact she'd gotten a call  
Her father was in the hospital  
After the Pfizer shot, that's all

Like millions of others he got it  
Relieved it was now his turn  
He went for the shot not knowing  
In a week he'd be kept in an urn

***Her father died, she brought him back in an urn  
If your father died, would you take YOUR turn?  
She's not alone, since this campaign started  
Tens of thousands of others have also departed***

Day one, the injection, all seemed ok  
Day two the symptoms would start  
High fever, malaise, really not good  
Organs failing including his heart

-break-

Cytokine storm begun with injection  
Took him down in only a week  
She and her siblings sat by his side  
All so sudden they barely could speak

In a medical coma to keep him alive  
Until the decision was made  
Unplug the machines, let the man go  
This was the price that he paid

***Her father died, she brought him back in an urn  
If your father died, would you take YOUR turn?  
She's not alone, since this campaign started  
Tens of thousands of others have also departed***

He died one week after getting the shot  
When before that she said he was fine  
All that week they'd clung to blind hope  
Her father was seventy nine

-break-

(continued, next page)

Of course she was told it's coincidence  
There isn't a causal connection  
Don't let it dissuade you or change your mind  
From getting your own injection

I heard her story, I witnessed her tears  
I saw the urn that now holds her father  
Why talk of the risks and the dangers of this?  
It's for stories like hers that I bother

**Her father died, she brought him back in an urn  
If your father died, would you take YOUR turn?  
She's not alone, since this campaign started  
Tens of thousands of others have also departed  
~repeat~  
Her father died, she brought him back in an urn  
If your father died, would you take YOUR turn?**

[LINKS]: <openvaers.com.file:///Users/teri/Downloads/vaccinereport.pdf>

By Teri Smolens 7/14/20

### **Hype & Dupe**

Hype & dupe, hype & dupe  
That is what we hear  
Hype and dupe, hype and dupe  
It's been more than a year

Hype & dupe, hype & dupe  
That is what we're fed  
Hype and dupe, hype and dupe  
Breathe and you'll be dead

Hype & dupe, hype & dupe  
Cover up your face  
Hype and dupe, hype and dupe  
Let's watch the vaccine race

Hype & dupe, hype & dupe  
Don't you dare relax  
Hype and dupe, hype and dupe  
No need to check their facts

Hype & dupe, hype & dupe  
It's all about the deaths  
Hype and dupe, hype and dupe  
Who needs a decent breath?

Hype & dupe, hype & dupe  
Deaths rates are going down  
Hype and dupe, hype and dupe  
This detail makes them frown

- Break -

Hype & dupe, hype & dupe  
Now they scare us with 'new cases!'  
Hype and dupe, hype and dupe  
Keep covering your faces

Hype & dupe, hype & dupe  
Keep the masses frightened  
Hype and dupe, hype and dupe  
So rules can be kept tightened

Hype & dupe, hype & dupe  
When will this all end  
Hype and dupe, hype and dupe  
With forced vaccines, my friend

Hype & dupe, hype & dupe  
Wake the masses from their stupors  
Hype & dupe, hype & dupe  
Let's expose the dupers

- Break -

Hype & dupe, hype & dupe - This has gone on far too long  
Hype & dupe, hype & dupe - Kinda like this song

**Rascals, Scoundrels, and Scalawags [A timely waltz]** [12/9/20]

Rascals, scoundrels, and scalawags  
That's who is running the show  
Their sneaky hornswoggling shenanigans  
Hoodwink us, they don't think us should know

Their villainous ways and their tyranny  
They do what they like with their power  
Sow panic and fear and with much ballyhoo  
Stop the world and then watch people cower

~Bridge~

These hoodlums, hooligans and hypocrites  
In cahoots with the global elites  
Their skulduggery causing people to caterwaul  
Protesting scofflaws are filling the streets

All the folderol they spew at the populace  
Mendacious at best, don't you know  
Obscuring the truth they finagle us  
Willy-nilly, how far can they go

~Bridge~

These rascals, scoundrels, and scalawags  
Their comeuppance is long overdue  
Don't be flummoxed, stand up to these villains  
Expose their motives for huge revenue

Now is the time to stand up and fight  
We'll not lollygag, lackadaisical no more  
Let's expose these rascals and scalawags  
Show their lies and maleficence the door  
    Let's remove these rascals and scalawags  
    Show their lies and maleficence the door



