

Toastmasters Testimonial – Megan

Recently, I heard an advertisement on the radio for hypnosis that sounded too good to be true. “hypnosis helped me quit smoking, lose 20 pounds, helps me get a good night’s sleep, and saved my marriage.” Yeah, right. Sure it did. This ad reminded me of another “ad” that seemed less than true. “Joining Toastmasters can give you self-confidence, communication skills, listening skills, leadership skills, and overall personal growth” ...Yeah, right. Sure it can. It especially couldn’t help somebody like me. I’ve had major social anxiety my whole life.

But then again, what if it could help?

I decided to give it a try. It was a very slow process for me to get involved but step by step I made my way from a visitor to a member to a speaker to President of the club. Not only did my communication and leadership skills improve but my whole life started to change. My life started to sound like that ad for hypnosis. “Toastmasters helped me make friends, get married, get promoted, build a house, and opened doors to opportunities I never would have had before such as teaching at church and traveling for work.” If you are thinking “yeah right. Sure it did.” like I was, I invite you to try it for yourself. Can Toastmasters help improve your communication and leadership skills, self-confidence and personal growth? Yeah! It sure can.