

## "DISCOVER THE HEALING POWER OF SALT THERAPY AT COASTLINE SALT ROOM"

## **Benefits of Halo (Salt) Therapy**

Relieves Allergies & Asthma
Clears Sinuses & Lungs
Reduces Stress & Fatigue
Improves Sleep & Immunity
Calms Skin Conditions (Eczema, Psoriasis)

Book your session today and experience natural healing in a tranquil environment.

www.CoastlineSaltRoom.com









What Is Salt Therapy?

Salt therapy (also known as Halotherapy) uses pharmaceutical-grade dry salt to cleanse the respiratory system and skin. Sit back in a comfortable chair and simply breathe while micro-particles of salt are dispersed into the air. Each session lasts 45 minutes and is deeply relaxing.

• Halo (Salt) Therapy \$40 per person

Each session is private for you to fully immerse yourself in relaxing, breathing, and decompressing.

\*Our salt room has 4 chairs to accommodate groups up to 4. We will never combine groups or guests.

What is Hydromassage?

Hydromassage is a therapeutic technique involving the use of water and pressurized jets to help massage muscles and other soft tissues in the body. You control your massage while you relax, fully clothed, on our massage lounger.

- 10 Minute Hydromassage \$10
- 25 Minute Hydromassage \$25



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