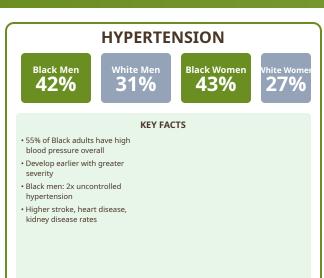
Pamoja Holistic Health

PRIORITIZING SOCIAL DETERMINANTS TO HEALTH, WHOLENESS AND HEALING Health Disparities: Black vs White Americans (2024-2025)







KEY INSIGHTS: Understanding Health Disparities

PATTERNS ACROSS CONDITIONS

- · Earlier onset of disease
- · Greater severity at diagnosis
- · Worse health outcomes
- · Higher mortality rates
- · Clustering of conditions (64% hypertension, 23% diabetes, 62% obesity often occur together)

ROOT CAUSES (Not Biological)

- · Socioeconomic factors: 18% Black Americans below poverty vs 8% White
- Healthcare access: 8% uninsured vs 5% White Americans
- · Environmental: Food deserts. pollution, housing quality
- · Systemic racism: Discrimination. chronic stress. limited resources

ADDRESSING DISPARITIES

- Expand healthcare access
- Address social determinants
- Improve preventive care
- · Increase clinical trial diversity
- Combat systemic racism
- Culturally competent care
- Economic opportunity
- · Education health literacy