**2025 CULINARY ARTS (BASIC) TRAINING** Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

CULINARY ARTS SEA BAG LIST

**ALL ITEMS MUST BE PROPERLY STENCILED WITH CADET’S NAME**

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| --- | --- | --- | --- |
| **ITEM** | **MALES** | **FEMALES** | **ADMIN. USE** |
| Sea Bag | 1 | 1 |  |
| Padlock, keyed type with 2 keys | 1 | 1 |  |
| **Cover, Ball Cap** |  |  |  |
| Cover, White (Dixie Cup) | 1 | 1 |  |
| Cover, NWU (with NLCC Flash) | 1 | 1 |  |
| NWU Blouse (with NLCC Flash(es)) | 2 | 2 |  |
| NWU Trousers | 2 | 2 |  |
| Jumper, Dress White (w/Neckerchief) | 1 | 1 |  |
| Pants, Dress White | 1 | 1 |  |
| Socks, Black (boot style for NWUs) add 2 pr. regular black for Dress Uniform | 8 pair | 8 pair |  |
| Socks, White | 8 pair | 8 pair |  |
| Belt, Black web type with Silver Buckle | 1 | 1 |  |
| Boots, black high top, combat style | 1 pair | 1 pair |  |
| Shoes, Oxford-style lace-ups, leather (NO CORFAMS/patent leathers) | 1 pair | 1 pair |  |
| Shoes, Athletic (sneakers) (1 pair OLD for water training) | 2 pair | 2 pair |  |
| Blousing Bands | 2 pair | 2 pair |  |
| NWU Parka | 1 | 1 |  |
| Underwear, White | 8 | 8 |  |
| Sports bra – Recommended if needed |  | 8 |  |
| Undershirts, white CREW neck | 2 | 2 |  |
| Undershirts, coyote brown CREW neck | 8 total | 8 total |  |
| Yellow NSCC PT T-shirts (sold by Vanguard-required) for PT | 2 | 2 |  |
| Shorts, athletic (PT) navy blue or black for PT | 2 | 2 |  |
| Swim suit, black or navy blue (Females must be 1 piece) | 1 | 1 |  |
| Shower shoes - REQUIRED | 1 pair | 1 pair |  |
| Bath towels | 2 | 2 |  |
| Wash cloths | 2 | 2 |  |
| T-shirt & Gym Shorts/sweats for sleeping-additional to the above) | 1 | 1 |  |
| Personal Hygiene Kit – soap, soap holder, toothpaste, toothbrush, comb/brush, shampoo, deodorant, foot/body powder, contact lens solution, etc.) **NO** aerosol cans or glass containers, NO MAKE-UP | 1 kit | 1 kit |  |
| Female personal hygiene items as needed |  | As needed |  |
| Sunscreen, SPF15 or higher - REQUIRED | 1 | 1 |  |
| Canteen, MILITARY type with web belt – **NO CAMELBAKS** | 1 | 1 |  |
| Note book and pens (click type) | 1 | 1 |  |
| Stamped pre-addressed envelopes + stationery | yes | yes |  |
| Laundry bag – large enough for a week’s worth of laundry! | 1 | 1 |  |
| Shoe shine kit (Polish, brush, applicator, rag) | 1 kit | 1 kit |  |
| Blanket, light weight, twin size, solid color | **1** | **1** |  |
| Sheets, twin size, flat **(not fitted)**, white **(Again, White, Not Fitted)** | **2 sets** | **2 sets** |  |
| Pillow case white | **2** | **2** |  |
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**The quantities mentioned are MINIMUM required amounts. You may add to the quantity of any item. The following ARE NOT PERMITTED for recruits: watches, money, electronic devices, food/snacks, etc.**

**NO Camelbaks are permitted – only the military, belt-style canteens.**

**STUDENTS ARE TO REPORT TO CULINARY ARTS (BASIC) IN NWUs.**

**Questions on any item may be directed to the COTC via your home division’s chain of command.**