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Name _____ Email _____

Address _____ City _____ State _____

Zip _____ Cell Phone: _____ Other Phone: _____

Date of Birth _____ Age _____ SSN _____

Gender _____ Sexual Orientation _____ Spirituality _____

Education _____ Profession _____

Employer _____ Years employed _____

Marital Status: Single _____ Married _____ (years) Divorced _____ Separated _____ Widow(er) _____

Children: Female(s) _____ Ages _____ Male(s) _____ Ages _____ Other _____ Ages _____

Are any adopted or foster, please list:

Emergency Contact _____ Relationship _____

Phone _____ Do I have your permission to contact this person in case of

emergency? _____

Why are you seeking help today and how may I help you?

How did you hear about my services? _____

Please list at least three strengths you have:

1. _____

2. _____

3. _____

Please list at least three supports you have:

1. _____

2. _____

3. _____

ALLERGIES to medication /food/animals/other _____

Vitamins/Minerals _____

Holistic therapies _____

Meal preferences, Vegan/vegetarian/GF/DF, organic, etc _____

Exercise Regimen _____

Sleep cycle disturbances/sleeping waking times _____

Caffeine and sugar intake _____

MEDICAL/PSYCHIATRIC TREATMENT

Are you currently receiving medical treatment Yes _____ No _____ Reason _____

Primary care physician _____ Phone _____

Address _____

Please list all **prescription medications** (including Medication Assisted Treatment including:

Methadone/Suboxone/Vivitrol, etc) and others for recovery from addiction. _____

Mental Health Treatment History _____

History of TRAUMA, Yes/No. Is there CURRENT /history of abuse in relationship? Yes/No?

History of any type of self harm? _____ When _____

Psychiatric hospitalizations? _____ When/where? _____

Known Psychiatric Diagnosis _____

Have you ever attempted suicide? _____ When? _____

Family history of suicide? _____ Resulted in death? _____

Do you currently consume alcohol, Yes/No Drink of choice? _____

Daily/weekly/monthly, how many drinks per occasion to you consume? _____

Do you have a history of problems with drugs/alcohol? Yes/No, Are you in recovery? Y/N.

Do you currently use illicit drugs? Yes/No, list drug(s): _____

How often, the amount used, and route of administration (oral, inhalation, ingestion, IV etc):

Date of last use for alcohol: _____ Drug(s): _____

Current/history treatment for substance use including alcohol? Yes/No, Where/date: _____

Are you pregnant? _____ Have you ever overdosed? _____ When? _____

Have you ever been revived with Narcan? _____ Do have a Narcan kit? _____

Are familiar with 12 step supports? _____ Do you have access to them? _____

Any supports you are involved with at this time or that have previously benefitted you: _____

Patient Signature: _____ Date: _____

Recovery and Support Services :

AA, NA, Al-Anon

Helio Health includes children services

Vera House

Therapists:

Deb Pollack, PhD

Karen Schwarz, LMHC, CASAC

Linda Land, LCSW

Anita Convertino, LCSW

Children's services:

Suzanne Nolan, LCSW

Tanya Gesek, PhD

Helio Health

Hutchings

Liberty Resources

Psychiatric Nurse Practitioner:

{Jessie} Zhe Lin, FPMHNP-BC, Includes children services

Psychiatrist:

Dr. Donovan, MD

Dr. Ghaly, MD

Emergency Services for SUD to include Opioid prescribing:

SUNY UPSTATE ER

Emergency Mental Health Crises Services:

CPEP at St Joseph's Hospital

Upstate at Community Hospital

If you need immediate medical assistance, please dial 911.

National Suicide Prevention Lifeline: [1-800-273-TALK](tel:1-800-273-TALK) (8255)

New York State Domestic Violence Hotline: [1-800-942-6906](tel:1-800-942-6906)

Crisis Text Line: Text "Got5" to 741-741

TREATMENT and RESIDENTIAL PROVIDERS IN NYS for help with problem Substance Use and Gambling:

OASAS HOPEline 1-877-8-HOPENY