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Name _____ Email _____

Address _____ City _____ State _____

Zip _____ Phone: _____ D.O.B. _____ Age _____

SSN _____ Gender _____ SexualOrientation _____

Race/Region/Clan, etc., _____

Spirituality _____ and/or Religion _____

Education _____ Profession _____

Employer _____ Years employed _____

Marital Status:

Single _____ Married _____ (years) _____ Divorced _____ Separated _____ Widow(er) _____

Children, names and ages: _____

EmergencyContact _____ **Relationship** _____

Phone _____ **Do I have your permission to contact this person in case of emergency?** _____

Why are you seeking help today and how may I help you?

How did you hear about my services?

Please list at least three strengths you have:

1. _____

2. _____

3. _____

Do you have any animals, describe: _____

Any customs/cultural interests I should know about that are important to you?

Please list at least three supports you have:

1. _____

2. _____

3. _____

ALLERGIES to medication /food/animals/chemicals

Vitamins/Minerals _____

Holistic therapies _____

Meal preferences, Vegan/vegetarian/GF/DF, organic,
etc _____ Exercise Regimen _____

Sleep cycle disturbances/sleeping waking _____

Caffeine and sugar intake

MEDICAL/PSYCHIATRIC TREATMENT

Are you currently receiving medical treatment

Yes _____ No _____ Reason _____

Primary care physician Name/Group _____

Phone _____ Address _____

Please list all prescription medications (including Medication Assisted Treatment including:
Methadone/Suboxone/Vivitrol, etc) and others for recovery from addiction.

Mental Health Treatment History _____

History of TRAUMA, Yes/No. History of abuse in relationship? Yes/No, Current? _____

History of any type of self harm? _____

Type: _____ Currently? _____

_____ Psychiatric hospitalizations? _____

Known Psychiatric Diagnosis _____

Have you ever attempted suicide? _____ When? _____

_____ How? _____

Family history of suicide? _____ Resulted in death? _____

Do you currently consume alcohol, Yes/No Drink of choice? _____

Daily/weekly/monthly, how many drinks per occasion to you consume? _____

Do you have a history of problems with drugs/alcohol? Yes/No, Are you in recovery? Y/N.

Do you currently use illicit drugs? Yes/No, list drug(s): _____

How often, the amount used, and route of administration (oral, inhalation, ingestion, IV etc):

Date of last use for alcohol: _____

Drug(s): _____ Current/history treatment for substance

use including alcohol? Yes/No, Where/date: _____

Are you pregnant? _____ Have you ever overdosed? _____

When? _____

Have you ever been revived with Narcan? _____ Do have a Narcan kit? _____

Are familiar with 12 step supports? _____ Do you have access to them? _____

Any supports you are involved with at this time or that have previously benefitted you: _____

Client Signature: _____ Date: _____

Please see resources tab on my website for supportive information you may find helpful