

NAME:

DATE:

Questions	Disagree	Agree	Unsure	Improving
<b>I like online therapy.</b>				
<b>I prefer in person sessions to online.</b>				
<b>I chose the online platform(Doxy, GoogleMeet, ZOOM).</b>				
<b>I am concerned about privacy/HIPAA.</b>				
<b>My connection with my therapist has improved with online therapy.</b>				
<b>I want to continue online therapy in the future with my therapist.</b>				
<b>The quality of the video session meets my expectations.</b>				
<b>Online therapy is useful to me and I am gaining benefits from it.</b>				
<b>Anxiety has increased since using Online therapy.</b>				
<b>COVID-19 has been the main topic/issue for Online therapy.</b>				
<b>Emotions are felt through online therapy both self and therapist.</b>				
<b>Eye contact has improved with Online sessions.</b>				
<b>Problems with video freeze, lag, etc., interfere and remove value to sessions.</b>				
<b>I want my therapist to improve Online sessions.</b>				
<b>I am able to reach my therapist when needed.</b>				
<b>Appointments are available to me since starting Online therapy.</b>				
<b>Online therapy is helping me.</b>				