

DID YOU  
KNOW?

Primary schools in England generate around 55,408 tonnes of food waste per year.

Our new menus are all designed to help schools reduce food waste by including lots of firm favourites as well as offering more flexibility with options and portion sizes.



FREE SCHOOL  
MEALS

All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal Infant FREE school meals and can benefit by over £480 per child per year. If your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.



### SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

[www.edwardsandward.co.uk](http://www.edwardsandward.co.uk)

for a full list of FAQs and to complete our online form.



# MENU

AUTUMN/WINTER

2024-25



**edwards and ward**  
a recipe for success

## WEEK ONE

MONDAY

Margherita Pizza with Jacket Wedges (V) **or**  
Beany Burrito with Jacket Wedges (Ve)  
**Veg of the Day**  
Vanilla Shortbread (Ve)

TUESDAY

Pork or Chicken Sausages with Mash & Gravy  
**or** Veggie Sausage with Mash & Gravy (Ve)  
**Veg of the Day**  
Apple Sponge (V)

WEDNESDAY

Roast of the Day with Roasties & Gravy **or**  
Loaded Yorkshire with Roasties (V)  
**Veg of the Day**  
Jelly (Ve)

THURSDAY

Beef Lasagne  
**or** Rainbow Vegetable Stir-Fry (Ve)  
**Veg of the Day**  
Sultana Flapjack (Ve)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips **or**  
Quorn Dippers with chips  
**Veg of the Day**  
Vanilla Ice Cream with Banana (V)

2/9/24, 23/9/24, 14/10/24, 4/11/24, 25/11/24, 16/12/24,  
6/1/25, 27/1/25

## WEEK TWO

Margherita Pizza with Jacket Wedges (V) **or**  
Deep Filled Jacket with Veggie Bolognese (Ve)  
**Veg of the Day**  
Chocolate Shortbread (Ve)

Cottage Pie  
**or** Vegan Sausage Roll with Mash & Gravy (Ve)  
**Veg of the Day**  
Carrot Cake (V)

Roast of the Day with Roasties & Gravy **or**  
Sweet Potato Crumble with Roasties (Ve)  
**Veg of the Day**  
Jelly (Ve)

Chicken Korma with Rice  
**or** Mac & Cheese (V)  
**Veg of the Day**  
Apple Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**  
Quorn Dippers with chips  
**Veg of the Day**  
Vanilla Ice Cream with Banana (V)

9/9/24, 30/9/24, 21/10/24, 11/11/24, 2/12/24, 23/12/24,  
13/1/25, 3/2/25

## WEEK THREE

Margherita Pizza with Jacket Wedges (V) **or**  
Veggie Chow Mein (Ve)  
**Veg of the Day**  
Sultana Shortbread (Ve)

Chicken & Vegetable Pie with Mash **or**  
Butternut Squash & Lentil Curry with Rice (Ve)  
**Veg of the Day**  
Pineapple Upside Down Cake (V)

Roast of the Day with Roasties & Gravy **or**  
Cheese, Leek & Potato Pie with Roasties (V)  
**Veg of the Day**  
Jelly (Ve)

Penne with Beef Bolognese  
**or** Vegetable Lasagne (V)  
**Veg of the Day**  
Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**  
Quorn Dippers with chips  
**Veg of the Day**  
Vanilla Ice Cream with Banana (V)

16/9/24, 7/10/24, 28/10/24, 18/11/24, 9/12/24, 30/12/24,  
20/1/25, 10/2/25

Choice of **Classic Tomato Pasta, Filled Jacket Potatoes**

along with freshly baked bread, salad, fresh fruit, yoghurts, jelly and fresh drinking water.

also available daily



V - Vegetarian Ve - Vegan