# Uncover Inner Resources

The Enneagram & Inquiry

March 14 & 15 2025
Live Workshop on Zoom

With Renie Hope MA LMHC & Sarah Dimock MA MEd LMHC



Inquiry is the name we use for a dynamic engagement with our experience that brings deeper insight and understanding of ourselves and ultimately of reality.

Engaging the practice of inquiry with our enneatype patterns reveals ways we can grow and develop into more of our true potential, rather than staying trapped in old familiar, fixated patterns.



#### **Instructors**

Renie Hope, MA, LMHC, specializes in helping her clients reclaim a sense of joy, passion and meaning in their lives. She has taught the Enneagram for over 35 years in business, university and personal growth settings and



uses it extensively in her practice with individuals and couples. She has expertise in dream work, object-relations psychology and the expressive arts. She is a Certified Teacher of the Diamond Approach and has been a student of that work since 1988. In that context she's worked with the Enneagram's spiritual dimensions for many years, working directly with Sandra Maitri and A. H. Almaas.

Sarah Dimock, MA MEd LMHC is an Accredited Professional of the International Enneagram Association, a Certified Teacher with Enneagram Studies in the Narrative Tradition, and a student of



The Diamond Approach to Inner Realization. She holds masters degrees in Education and Applied Behavioral Science and enjoys brining the Enneagram to teams and communities of all sorts. With over 20 years in private practice as a licensed mental health counselor in Washington, helping people align with their truth is a deep calling of hers.

### **Learning Objectives**

#### **INQUIRY CAN SUPPORT:**

- Seeing more clearly what tightens and loosens your enneatype tendencies
- Opening you to your inner resources beyond the ordinary sense of self
- Engaging your process with curiosity, openness and care
- Allowing your soul's unfolding by cooperating with what's arising in the moment
- Learning an approach you can apply to any experience in life
- Stepping toward the mystery of your inner wisdom

#### **Date & Time**

Fri March 13 2:30 to 6:15pm Sat March 14 10:00am to 4:30pm Pacific Time On ZOOM

#### **Contact**

Renie (206) 365-3817 Sarah <u>sarah@ninesight.com</u>

## Clinicians can earn 9 CEUs through NASW by attending this workshop

Cancellation Policy: Cancellations prior to early registration cut-off will receive a refund minus a \$50 cancellation fee. After that, tuition may be applied to another Vision Point workshop.

### Register

Fees (check one please)

\$225 - Paid in full 14 days prior\$275 - Late Registration fee

# Online Registration

www.enneagramseattle.com

Or register by mail:

\$\_\_\_\_\_= Amount Enclosed

Please make check payable to:

Vision Point Associates 11520 23rd Avenue NE Seattle, WA 98125-5210

Name: _		
Address:		

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Email: \_\_\_\_\_

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I would like CEUs: Yes No