

Central Sun Healing
300 W. 1st Street
Suite 4
Oswego, NY 13126
(315) 343-6939

Initial Intake Form

Name: _____ Date: _____

Address: _____

Home Phone: _____ Cell Phone: _____

E-Mail: _____ Referred By: _____

Date of Birth: _____ Occupation: _____

Age: _____ Emergency Contact: _____

Chief Complaint(s): _____

Surgeries: _____

Diagnoses: _____

Medications & Supplements: _____

Check all that apply:

GENERAL

- Poor Sleep/Insomnia
- Fatigue / Low Energy
- Fevers
- Chills
- Cravings
- Bleed/Bruise Easily
- Night Sweats
- Sweats Easily
- Tends to be Colder
- Tends to be Warmer
- Weight Loss or Gain
- High Stress

IMMUNE

- Chronic Fatigue Syndrome
- Chronic Infections
- Chronically Swollen Glands

NOSE AND SINUSES

- Frequent Colds
- Nose Bleeds
- Frequent Runny Nose
- Hay Fever
- Sinus Problems
- Loss of Smell

NEUROLOGIC

- Seizures or Tremors
- Paralysis
- Muscle Weakness
- Numbness or tingling
- Vertigo or Dizziness
- Loss of Balance

HEAD / NECK

- Headaches
- Migraines
- Jaw Pain
- Goiter

MOUTH AND THROAT

- Sore Throat
- Sore Tongue/Lips
- Gum Problems
- Hoarseness

SKIN

- Rashes
- Eczema or Psoriasis
- Acne
- Redness of Skin
- Itching
- Skin Discoloration
- Hair Loss
- Dry Skin/Scalp
- Greasy Hair
- Weak or Ridged Nails
- Early Onset of Gray Hair

CARDIOVASCULAR

- Chest Pain or Pressure
- Irregular Heart Beat
- Blood Clots
- Irregular Heart Beat
- Palpitations/ Fluttering
- Edema
- High Blood Pressure
- Low Blood Pressure
- Slow Wound/Injury Healing

CIRCULATION

- Faintness
- Dizziness
- Easy Bleeding or Bruising
- Anemia
- Deep Leg Pain
- Varicose Veins
- Cold Hands/Feet
- Spontaneous Sweating

GENITO-URINARY

- Pain/Burning when urinating
- Frequent Urination
- Dark or Pale Yellow
- Cloudy Urine
- Night Urination
- Copious or Scanty Urination
- Incontinence
- Urinary Tract Infections
- Kidney Stones
- Blood in Urine

ENDOCRINE

- Hypo or Hyper Thyroid
- Heat or Cold Intolerance
- Hypoglycemia
- Diabetes
- Excessive Thirst

RESPIRATORY

- Chest Congestion
- Chest Tightness
- Asthma
- Shortness of Breath
- Phlegm
- Cough
- Coughing Blood
- Bronchitis
- Pneumonia

EYES AND EARS

- Itchy Eyes
- Watery Eyes
- Dry Eyes
- Swollen/painful Eyes
- Red Eyes
- Blurred Vision
- Spots in Front of Eyes
- Cataracts
- Color Blindness
- Double Vision
- Glaucoma
- Hearing Difficulty
- Ringing in Ears
- Earaches/Infection

FEMALES ONLY

- Irregular Cycles
- Bleeding Between Cycles
- Clotting
- Heavy or Excessive Flow
- PMS
- Painful Menses
- Vaginal Discharge
- Vaginal Itching/Burning
- Vaginal Odor
- Menopausal Symptoms
- Vaginal Dryness
- Breast Pain/Tenderness
- Breast Lumps
- Ovarian Cysts
- Endometriosis
- Uterine Fibroids/Polyps
- Pelvic Adhesions/Scarring
- Low or Excessive Libido

DIGESTION

- Abdominal Pain/Cramps
- Trouble Swallowing
- Heartburn/Acid Reflux
- Nausea
- Vomiting
- Gas/Bloating
- Excessive Belching
- Diarrhea
- Constipation
- Mucus in Stools
- Black/Bloody Stool
- Hemorrhoids
- Itchy/Burning Anus
- Bad Breath
- Food in Stools
- IBS or Crohns
- Gallstones
- Food Sensitivities

MENTAL / EMOTIONAL

- Mood Swings
- Anxiety or Nervousness
- Depression
- Poor Concentration
- Poor Memory
- Angry Outbursts
- Weepy
- Sadness

MUSCLE / JOINT / BONES

- Heaviness of Limbs
- Muscle Pain/Tension
- Muscle spasms / cramps
- Restless Leg Syndrome
- Loss of Strength
- Tingling Sensations

MALES ONLY

- Testicular Masses
- Testicular Pain
- Premature Ejaculation
- Prostate Disease
- Discharge or Sores
- Sexual Dysfunction
- Nocturnal Emissions
- Low or Excessive Libido