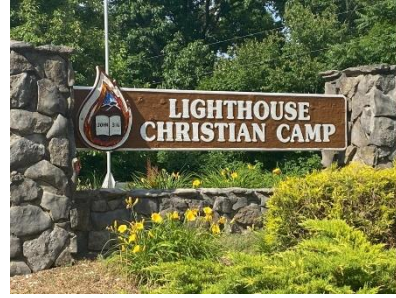


# LIGHTHOUSE CHRISTIAN CAMP, INC.

## Parent Information Handbook (Revision 5-6-2026)



Welcome to Lighthouse Christian Camp! We truly believe that it is not by accident that God has brought us together. The following pages will provide you and your camper with information about Lighthouse and our programs for youth. Should you have any additional questions, please contact our office at **615-597-1264**.

### 1. Who We Are

Lighthouse Christian Camp is a non-denominational Christian ministry to under-resourced children and families. Since 1982, Lighthouse has provided a free week (Monday thru Friday) of summer camp to qualified children.

Our purpose and goal is to glorify our Creator and to introduce others to Him by getting them involved in outdoor activities that are both challenging and fun all while demonstrating the Love of Jesus.

### 2. Where We Are Located

God has provided Lighthouse Christian Camp with a beautiful 400-acre campus on Center Hill Lake in Smithville, TN. Our physical address is:

**205 Serenity Place Smithville, TN 37166**



### 3. What Areas Do We Serve?

Each year, we search out and invite qualified children from 13 counties throughout Middle TN. Currently we bring children from Cannon, Cumberland, Davidson, DeKalb, Hickman, Jackson, Overton, Putnam, Rutherford, Smith, Warren, White and Wilson counties.

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## 4. How Do I Get My Child Involved with Lighthouse?

First time campers attend Mission camp at ages 9-11. Once a child has successfully completed their week of camp they are automatically included in the invitation list for all future camps and events until they reach the age of 18 years old.

## 5. How do I Register My Child For Camp?

Registration/reservations for summer camp and other programs are primarily online. Contact will be with **County Coordinators**, who act as a communications-go-between for Lighthouse Christian Camp and our camper families. Coordinator information is provided on the camp registration document. In counties where we do not have an active coordinator, communications will be handled through the Lighthouse Camp Office and staff. If you are unsure of the coordinator for your county, please call the camp office at (615) 597-1264.

## 6. What Do We Charge for our Camps/Events?

Lighthouse Christian Camp is **FREE** to qualified children. All programs are fully funded by Gods people who believe in and support our ministries.

## 7. Lighthouse Programs

Our programs for children include summer camps (Girls attend in June and boys in July), year-round mini-camps (called Weekend Retreats), After-School programs and special events like C.A.T.C.H. Fishing Day and our annual Christmas Parties.

Additionally, Lighthouse has ministries to widows and to foster children in crisis.

## 8. Camp Activities

Lighthouse offers a wide variety of activities, that provides your child(ren) with memories that will last them a lifetime. Our activities are meant to improve children's physical and social skills in an exciting and safe environment. While here they will have the opportunity to participate in many activities including swimming (we have 2 pools), hiking, riding horses, roasting their own hot dogs and marshmallows, kayaking and canoeing, riding on the camps pontoon boat, chapel twice a day and much more.



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## 9. Transportation To and From Camp

Lighthouse does everything possible to make it easy for parents/guardians to get their children to and from camp. For those children living outside of DeKalb County, this includes partnering with area churches who provide vans and drivers from central pick-up/drop-off areas in each county. Parents/Guardians are responsible for transporting campers to and from the pick-up/drop-off sites by the designated drop-off/pick-up times.

\* For more information or to reserve transportation please contact your coordinator.

## 10. Lighthouse Christian Camp - Camper Standards

To maintain a wholesome, fun, child-focused environment free of social pressures and negative influences, Lighthouse Christian Camp has developed the following behavior and appearance guidelines, which will be strictly enforced. If you are concerned that your child may not be able to meet our Camper Standards, please consult with Camp staff member prior to enrolling your child at 615-597-1264.

For children to be safe in our camp program, campers need to be able to:

- Follow a structured schedule in a group setting.
- Follow verbal or written directions and guidelines when given by an adult to a group of children.
- Live, interact, and sleep in a group setting (tent or cabin with 12-14 people) without disrupting others' sleep or camp experience.
- Self-manage frustrations or emotional outbursts.
- Be able to walk daily over uneven terrain (including hills and rocks).

***Lighthouse campers are expected to treat other campers and staff with respect at all times, and value each camper's right to have a fun experience.***



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The following behaviors **ARE NOT** permitted at Lighthouse Christian Camp and will result in disciplinary action (up to immediate dismissal from camp):

1. Teasing, taunting, social aggression, threatening or discriminating comments, or harassment or hazing of any kind towards any member of the camp community, including when camper is not at camp.
2. Use of foul language, discussion of inappropriate topics, or possession of inappropriate media (magazines, books, etc.) as determined by the Camp Director.
3. Possession or use of tobacco, VAPES, alcohol, or illegal drugs. All prescription and over-the-counter medications must be stored in the Wellness Center / Med Room and administered under the supervision of our camp personnel.
4. Sexual or intimate displays or relationships.
5. Unauthorized absence from cabin or activity.
6. Abusive or disrespectful behavior towards any member of the camp.
7. Inappropriate appearance or attire (see below).
8. Possession of personal electronic equipment (cell phone, i-watch, etc.)
9. Destruction, vandalism (including graffiti), or theft of any property belonging to camp or another community member.

***Lighthouse Christian Camp reserves the right to search campers' personal belongings if possession of illegal substances or weapons is suspected.***

## **I I. Dress Code Standards**

Children attending Lighthouse Christian Camp will be in an active-outdoor camp environment and need to properly dress to be safe and participate in all camp activities.

### **A. Clothing**

1. All campers are required to wear proper clothing that is in good working condition and appropriate for camp activities.
2. Clothing is to be for the proper season (t-shirts and shorts in Summer and sweatshirts, hoodies, jeans and sweats in Fall and Winter.)
3. Clothing is to be the correct size for each camper and not so large that they are "baggy" or so small that they are too tight.
4. Clothing that is considered too revealing, in the opinion of the Directors, is not permitted. This includes swimsuits (please see section on swimsuits, below.)
5. Campers may not wear clothing with or display content/logos with potentially controversial or offensive content. This can include anything racial, violent, profane, sexual in nature, drugs, beer/alcohol/tobacco company names and/or logos, or anything perceived as offensive. Campers are not allowed to bring, wear, or display any controversial or offensive content (symbols, logos, etc.) at camp.

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## **B. Footwear**

Campers must wear shoes that provide protection for their feet while walking, hiking and participating in camp activities. Socks should be worn during all activities, except at the pool.

**Flip-flops are not allowed to be worn at camp (except at the pool).**

## **C. Swimsuits**

Swimsuits must be one-piece and fitted correctly and appropriately so the camper can participate in all swim activities. Swimsuits that do not give adequate coverage will require t-shirts to be worn over them.

## **D. Jewelry (PARENTS PLEASE UNDERSTAND!!!)**

***Jewelry and piercings are safety hazards in the active camp environment. With this in mind, only a limited amount of jewelry will be allowed to be worn by campers while attending camp. This will include stud ear/nose rings for girls. No hoop ear/nose rings will be allowed to be worn at camp.***

***Because of the active, often roughhouse nature of boys, no ear/nose rings will be allowed to be worn.***

***Campers found in violation of this safety policy will be given an opportunity to remove the piercing. Campers who cannot or will not comply will be dismissed from camp.***

***Note: We will strictly enforce our dress code. To avoid issues, we ask that parents supervise packing and make sure that no inappropriate clothing items are brought to camp.***

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## 12. Camper Cell Phone Policy



### "No Cell Phone While Attending Camp"

To ensure safety, participation, and social interaction with minimum distractions, campers **WILL NOT BE ALLOWED** to possess cell phones and/or other electronic devices while attending camp events.

**In case of an emergency**, and with approval of the Director, Campers may be allowed to use a camp phone under the supervision and permission of Camp Staff.

### Consequences of Phone Policy Violations

Campers will be given the opportunity to turn in any cell phones mistakenly brought to camp. Thereafter, if it is found that a camper is in possession of a cell phone or other electronic device, they will be subject to disciplinary action including immediate notification of parents and up to and including immediate dismissal from camp. Cell phones will be returned to campers at the end of the camp event.

### Parental Consent and Agreement

Parents' consent to and understand that they are required to agree and abide by the "No Cell Phone While Attending Camp" policy.

## 13. What Happens If / When My Child Breaks the Rules?

Our job is to keep your child safe and to ensure that they have an enjoyable time at camp events. To do this, there are times when we need to set strict rules for misbehavior such as wandering, swearing and fighting.

When it comes to disciplining your child, there is a limit as to what our counselors are allowed to do. A minor outburst of misbehavior may result in a "time out" at the activity. Further problems may mean "time out" with a Camp Director. If these problems continue, then parents will be notified and asked to correct the unacceptable behavior. If the problems persist even after parental/guardian intervention, the child will be dismissed and will not be allowed to return to camp.

**\* At the Camp Directors discretion, certain behaviors may warrant immediate dismissal from camp.**

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## 14. Disqualification for Camp

Campers who violate camp policies and/or standards of conduct may be disqualified from returning to future events. Additionally, if a camper does not attend summer camp for a period of 2 consecutive years, they will be removed from the invite list.

## 15. Communication With or About Campers

We understand that parents will miss their children and will want to check on their well-being. With the size of our campus and numerous activities along with the number of children attending camp, it is impossible for us to bring a child to the phone for a parent to speak with them. Additionally, often children who have been perfectly fine while busy enjoying camp with others become home sick after speaking with a parent and fail to complete camp.

Parents / guardians will be provided with designated communication channels through which they can **check on their child** or in case of an emergency, reach their child through the camp staff, during camp hours. These may include but are not limited to:

- Campus Telephone
- County Coordinator Phone number
- Staff Cell Phones

## 16. Medications

Campers will be required to turn in all medications to their counselor. Medications will be stored in the camp medical room to be administered at the appropriate time by the Camp Nurse. For prescription and non-prescription medication to be administered we must receive the parents/guardians consent.

Parents must fill out the medical form and list any medications being sent with campers in CAMPWISE prior to camp. The form should include medication name/dose/route/time and be signed by parents. Parents must deliver medications in **original pharmacy-labeled containers** (or manufacturer packaging for OTC).

- **PRESCRIPTION MEDICATIONS MUST REMAIN IN THE ORIGINAL LABELED BOTTLE.** No repackaging. Label must include: camper name, drug name, dosage, route, time, prescriber name, pharmacy details, and expiration date.
- **Over the counter (OTC) medications:** Standing physician orders or individual authorization required. **OVER-THE-COUNTER medications must be sent ORIGINAL CONTAINER** with camper name added via label or tape. Please ensure that the label does not cover dosage instructions.

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## Medications, continued

- **Emergency medications (EpiPen/inhaler):** May be carried by the camper with written approval and training.

All medications are inspected upon arrival by health staff. Inappropriate items (expired, wrong label, loose pills) are refused and returned to parents. **Blister packs or daily organizers** are accepted only if prepared by pharmacy with full labeling; otherwise prohibited.

## 17. Labeling Clothing and Personal Items

Lighthouse staff and volunteers do their best to send campers home with the possessions they brought to camp. To minimize loss please make sure all clothing and personal items (clothing, towels, sunscreen, water bottles, etc.) are labeled with your child's name.

On the last day of camp staff will go through all clothing and belongings that have been collected during that week. Each item is held up for children to examine and claim. Left-over lost & found items will be kept by Lighthouse for a period of one week.



## 18. Sleeping Quarters

Campers will be sleeping in cabin bunkbeds. Beds are limited to one camper only and campers (even siblings) are not allowed to double bunk.

Campers will need to bring a pillow & sleeping bag (or sheet & blanket) for their beds.

## 19. Personal Hygiene

Campers will be given opportunities for showering and personal hygiene each day.

Although the bathhouses/bathrooms are public, bathroom and shower stalls are private.

## 20. Meals, Snacks and Drinks

Campers will be provided with three meals a day. *Should your child have any food allergies please let us know well ahead of camp so we can try to make arrangements for them.*

Drinks (water, lemonade, Kool aid and occasionally soft drinks) and snacks are also provided throughout their camp week.

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## Policy Review

This policy will be periodically reviewed by the camp management to ensure its effectiveness and relevance. Any necessary updates or modifications will be communicated to parents or guardians in a timely manner.

## Camper Application

Online registration must be completed for a child to attend camp. This application provides us with vital information that we will use for not only your child's first summer camp, but also for future camp events. It is important to notify the appropriate county coordinator or the camp office of any changes to camper information including, (name, address, phone #, emergency contact information, school attending, grade, medications, etc.)

**All required forms must be completed prior to the first day of camp for your child to attend.**

## Lighthouse Christian Camp Contact Information

Office (615) 597-1264 Monday - Friday 8:00 - 4:30 (Summer Office Hours Vary)

Executive Director: Aaron Young (615) 785-1497 [ayoung@lighthousechristiancamp.com](mailto:ayoung@lighthousechristiancamp.com)

Administrative Director: Sara Young (931) 881-6965 [syoung@lighthousechristiancamp.com](mailto:syoung@lighthousechristiancamp.com)

Program Administrator: Beverly Bennett (615) 597-1264 [contact@lighthousechristiancamp.com](mailto:contact@lighthousechristiancamp.com)

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## Reminder of Things for Camp

Parents please try, to the best of your ability, to provide the items listed. Please DO NOT go out and buy a new sleeping bag or other new items for camp. We will be happy to loan your child bedding and/or other items for camp if needed.

<b>CHECKLIST</b>		
<b>SUGGESTED LIST OF THINGS TO BRING TO CAMP</b>		
<input type="checkbox"/> Underclothes	<input type="checkbox"/> Towels & Wash Cloths	<input type="checkbox"/> Bathing suit
<input type="checkbox"/> Socks	<input type="checkbox"/> Hairbrush / Comb	<input type="checkbox"/> Rain Jacket
<input type="checkbox"/> Tennis Shoes	<input type="checkbox"/> Soap & Shampoo	<input type="checkbox"/> Sunscreen
<input type="checkbox"/> Pajamas	<input type="checkbox"/> Deodorant	<input type="checkbox"/> Insect Repellent
<input type="checkbox"/> Shirts	<input type="checkbox"/> Toothbrush & Toothpaste	<input type="checkbox"/> Flashlight
<input type="checkbox"/> Shorts & Jeans	<input type="checkbox"/> Bedding - Twin Sheets, Pillow, Blankets, or Sleeping Bag	<input type="checkbox"/> Flashlight Batteries
<input type="checkbox"/> Trash bag for dirty clothes		

\* Please LABEL clothing & towels with full name.  
\* DO NOT send SPECIAL or NEW items in case of loss.

## **\*\*\* WHAT NOT TO BRING TO CAMP \* \*\***

### **DO NOT BRING**

- X Money**
- X Cell Phones, Cameras, iPods or other devices**
- X Water Guns, Chalk or Slime**
- X Games, Magazines or Books**
- X Gum, Candy or Snacks**
- X Food or Drinks**
- X Jewelry**