

# Hike Essentials checklist

Monday, September 2, 2019 7:56 AM

Planned	Packed	Item	Note
<input type="checkbox"/>	<input type="checkbox"/>	Map of Area	
<input type="checkbox"/>	<input type="checkbox"/>	Compass	
<input type="checkbox"/>	<input type="checkbox"/>	Sunglasses	
<input type="checkbox"/>	<input type="checkbox"/>	Pocket Knife / Multi-Tool	
<input type="checkbox"/>	<input type="checkbox"/>	Headlamp / Flashlight (w/ extra batteries...)	
<input type="checkbox"/>	<input type="checkbox"/>	Extra Food	
<input type="checkbox"/>	<input type="checkbox"/>	Water Bottle	
<input type="checkbox"/>	<input type="checkbox"/>	Water Filter / Purification Tablets	
<input type="checkbox"/>	<input type="checkbox"/>	First Aid Kit	(see separate list for content)
<input type="checkbox"/>	<input type="checkbox"/>	Prescription Medications	(small supply of required Meds)
<input type="checkbox"/>	<input type="checkbox"/>	Whistle	
<input type="checkbox"/>	<input type="checkbox"/>	Signal Mirror	
<input type="checkbox"/>	<input type="checkbox"/>	Emergency Blanket	
<input type="checkbox"/>	<input type="checkbox"/>	Waterproof Matches & candle	(fire starter kit)
<input type="checkbox"/>	<input type="checkbox"/>	Spare Clothing	
<input type="checkbox"/>	<input type="checkbox"/>	Satellite Locater (Spot)	(GEOS subscription up to date and spare batteries)
<input type="checkbox"/>	<input type="checkbox"/>	GPS	Spare batteries (correct maps loaded)
<input type="checkbox"/>	<input type="checkbox"/>	Sun Block	
<input type="checkbox"/>	<input type="checkbox"/>	Insect Repellent	
<input type="checkbox"/>	<input type="checkbox"/>	Cat Hole Shovel	
<input type="checkbox"/>	<input type="checkbox"/>	Toilet Paper / Wipes (and carry out bags).	
<input type="checkbox"/>	<input type="checkbox"/>	Bear Spray	
<input type="checkbox"/>	<input type="checkbox"/>		