Welcome to the September FISCH Bites!

Yes, that's right – Bites! Not the FISCH Food, our quarterly newsletter. It seemed we had so many updates and so much good news to share with our Supporters and Friends of FISCH that a few updates a year wasn't enough. So, we have decided to provide shorter monthly updates to keep you in the loop as to how life for the Children and Team at the Drop-in-Centre are faring, and also to ensure we are providing as much feedback and transparency as possible to you, our Supporters, so that you can see where your prayers, donations and support is going, and the difference it is having! We hope you enjoy the read, and as always, thank you for your prayers, donations and support. Asante sana!

Life Skills at the Drop-in-Centre

Our Patron and Matron at the Drop-in-Centre (DiC), Lazaro and Lucy, not only provide a stable, parental presence to the Children in the Short-Term Accommodation, but also teach the Children important life skills. Many of the Children who arrive at FISCH have not been taught or had the opportunity to practise basic principles, such as cooking, tending a vegetable garden or cleaning and tidying bedrooms. Lazaro and Lucy, with the support of other members of the Team, have been teaching the Children these simple life skills, turning them into games to keep their minds occupied, to minimise the lure of roaming the Streets. It also of course helps to build character, and a sense of worth and pride in oneself – valuable qualities in these Children as they seek to become useful members of society.

Now, many of the Children can clean and tidy their own living space, cook ugali and rice, and create a vegetable garden, tending it from tilling to harvest. Here you can see the vegetable garden at the DiC flourishing under the care and nurture of the Children, and they can see the fruits of their labours – literally!

A huge thank you to all you who support our Short-Term Accommodation Programme!









New FI\$CH Utd \$trip

We have our very own FISCH football team! FISCH Utd was formed many years ago, as football was a unifying activity, and one which promoted physical health and wellbeing, and encouraged teamwork and a sense of belonging. Over the years FISCH Utd has played in friendlies and local tournaments, and the Children wear their football strip with pride.

A new kit has been purchased to replace the older worn strip. Also, many football boots were provided – this brought a lot of joy to the Children, to be able to run and kick a ball with boots instead of bare feet – as you can see their smiles!

Monthly Food Parcels

Every month, many grateful families of the Children visit the DiC to collect their sponsored Food Parcel, to take home to feed their family. These have a huge impact – one Sponsorship for a Child results in a family being fed every day for the month. This means the family can focus on earning or education, rather than their empty bellies. A Parcel consists of 25kg maize flour, 5kg beans, 5kg rice, 1kg sugar and 1L of oil – all for £24.50!

Scan me if you want to know more!



Let us not become weary in doing good, for at the proper time we will reap a harvest if

we do not give up – Galatians 6:9



