

WEEK 1: Finding GOODNESS

Do these activities in the week beginning 23rd Feb.
Use the QR code to watch the video released on
24th Feb (or head to www.cc3m.co.uk/lent-week-1)

TALK ABOUT: *What would you pack for a journey to a desert?*



Week 1 Video

Read and Watch - Storytime (Matthew 4:1-11)

Then the Spirit led Jesus into the desert to be tempted by the devil. Jesus ate nothing for 40 days and nights. After this, he was very hungry. The devil came to Jesus to tempt him. The devil said, "If you are the Son of God, tell these rocks to become bread."

Jesus answered, "It is written in the Scriptures, 'A person does not live only by eating bread. But a person lives by everything the Lord says.'"

Then the devil led Jesus to the holy city of Jerusalem. He put Jesus on a very high place of the Temple. The devil said, "If you are the Son of God, jump off. It is written in the Scriptures, 'He has put his angels in charge of you. They will catch you with their hands. And you will not hit your foot on a rock.'"

Jesus answered him, "It also says in the Scriptures, 'Do not test the Lord your God.'"

Then the devil led Jesus to the top of a very high mountain. He showed Jesus all the kingdoms of the world and all the great things that are in those kingdoms. The devil said, "If you will bow down and worship me, I will give you all these things."

Jesus said to the devil, "Go away from me, Satan! It is written in the Scriptures, 'You must worship the Lord your God. Serve only him!'"

So the devil left Jesus. And then some angels came to Jesus and helped him.

Watch this week's video for more on this story

INVESTIGATE - Can you find out 10 desert facts? Share them with others at home - who has found the strangest fact?

DISCUSS: *Have there been times when you have felt lost and alone? Who or what helped you? Where do you look for help in difficult times?*

Get Creative! - Craft Corner

Jesus was in a desert for 40 days, with no food or water and only God to help Him survive.

Find your Lent 1 activity pack - make a desert and candle scene using the items in there, as you think about how Jesus may have felt, and how we can find God's light and God's goodness in tough times.

Bonus Challenge

Stick the week 1
challenge here and
complete it!



How many words can you make from the letters

SAHARA DESERT?

Submit your entry by 1st Mar via
www.cc3m.co.uk/lent-week-1

Dear God.

Sometimes life can be hard. And sometimes we can feel alone.

Thank you that you are always with us and we can find your goodness however hard things get.

Help us to trust you and to help each other. Amen

Pray