

Building Great Work Relationships



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Building meaningful relationships within the workplace is very important for employees. Businesses increasingly understand the importance of social dynamics in the engagement of the workforce. They need to exist and they need to be built from a solid foundation in order for you to have successfully engaged employees. According to the Gallup Organization, people who have a best friend at work are seven times more likely to be engaged in their jobs.

There are several components that contribute to strong workplace relationships which are:

1. **Trust** This is the foundation of every good relationship. When you trust your team and colleagues, you form a powerful bond that helps you to work and communicate more effectively.
2. **Work With Your Team** Collaborate with coworkers in a group project. Exchange ideas and be willing to change the way you usually do a task. Give credit to others for their contributions. Provide constructive criticism and request feedback on your work.
3. **Be Respectful** Show respect for others. Be interested in the perspectives of other workers, and be willing to examine viewpoints that are different from your own. Share your own perspectives in a courteous manner.

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