

ALL HEALTHCARE INSTITUTE
 12235 Beach Blvd., Suite 206
 Stanton, CA 90680
All-hci.com
 Phone: 562-469-9302 or 562-565-5724



Students must be Certified Nurse Assistant in order to enroll.

Tuition \$695 for outside students

Tuition \$400 for AHI NA graduates

Monday through Friday: 08:00 am to 04:30 pm

HOME HEALTH AIDE TRAINING PROGRAM CURRICULUM			
Date:	Assigned Activities/Topics	Hours	Instructor
Day 1 08:00 am to 4:30 pm	Module 1: Introduction to Aide and Agency Role Ch. 1, 2 (Hartman)	2	
	Module 2: Interpretation of Medical and Social Needs of People Being Served Chapter 8, 17, 18, 20 (Hartman)	5	
	Module 1 and 2: Exam Module 3: Personal Care Services Ch. 12, 6 (Hartman)	1	
Day 2 08:00 am to 4:30 pm	Module 3: Personal Care Services (Continuation) Ch. 12, 6 (Hartman)	4	
	Module 3: Exam Module 4: Nutrition Ch. 22, 23 (Hartman)	4	
Day 3 08:00 am to 4:30 pm	Module 4: Nutrition Ch. 22, 23 (Hartman)	1	
	Module 4: Exam		
	Module 5: Cleaning and Care Task in the Home Ch. 21 (Hartman)	3	
	Module 5: Exam Comprehensive Exam Clinical Day 1: Mega Hospice Care/	4	
Day 4 08:00 am to 4:30 pm	Clinical Day 2 Mega Hospice or CEI Plus	8	
Day 5 08:00 am to 4:30 pm	Clinical Day 3 Mega Hospice or CEI Plus	8	

Module 3

Personal Care Services

This course provides the student with the basic knowledge and skills necessary in performing healthcare and personal care services with consideration on the client's privacy, safety, dignity and level of independence.

Lecture: 5 Hours

Clinical: 15 Hours

Prerequisites: Modules 1-2

Course Objectives: Upon completion of this module, the student will be able to:

1. Describe the steps and guidelines for common personal care skills, including assisting the patient with personal hygiene, self-care activities, and mobility.
2. Explain the importance of improvising equipment and adapting care activities in the home.
3. List examples of home equipment that can be utilized to provide personal care.
4. Demonstrate procedures to assist patients with personal hygiene.
5. Demonstrate procedures to assist patients in self-care activities, such as bathing (tub, shower, bed), dressing and undressing, and feeding.
6. Describe key principles of body mechanics.
7. Explain how to adapt body mechanics in the home setting.
8. Demonstrate proper body mechanics and positioning techniques in order to prevent injury to patient and student.
9. Demonstrate procedures to assist the patient with mobility, including getting in and out of bed, chair, wheelchair, toilet, walking with or without devices, assisting with exercises as ordered, and positioning.
10. Describe adaptations that can be made in the home for ambulation and positioning.
11. Demonstrate patient ambulation, positioning, and transfer techniques.
12. Identify the purpose of passive and active range of Motion exercises.
13. Identify the dangers of bed rest and immobility.

Module 4

Nutrition

This course provides an understanding of the nutritional needs of clients. Topics discussed are basic nutrition, food labeling, therapeutic diets, planning meals, shopping, food preparation, and storage.

Lecture: 5 Hours

Clinical: 3 Hours

Prerequisites: Modules 1-3

Course Objectives: Upon completion of this module, the student will be able to:

1. Describe the basic principles of diet and nutrition.
2. Plan a meal for a patient, utilizing the six food groups found in the food pyramid.
3. Plan a weekly menu for a patient on a therapeutic diet.
4. Create meal plans that include shopping lists for purchasing food items.
5. Discuss key principles of safe food handling, including sanitation, preparation, and storage.
6. Discuss adaptations necessary for feeding the home care patient.
7. Identify community resources for meeting nutritional needs

Course Description:

Module 1

Introduction to Aide and Agency Role

This course deals with the roles of the Home Care Aide as a member of the health care team with a description of the structure of the United States health care system. The role of the home health agency and the services that it provides are also outlined herein. Discussion on time and money management and career opportunities is also included.

Lecture: 2 Hours

Prerequisites: None

Course Objectives: Upon completion of this module, the student will be able to:

1. Use terminology appropriate to the home health aide occupation.
2. Identify the California Department of Health Services requirements for home health aide certification.
3. Define the functions and responsibilities of the home health aide as a member of the health service team in a home health agency.
4. Identify members of the health service team, and discuss the function of each team member.
5. Relate the importance of understanding the employing agency's policies, including employment practices, nursing policies and procedures, supervision, ethics, and confidentiality.
6. Discuss common observations and documentation to be completed by the Home Health aide.
7. Describe how to access community agencies to meet patient needs.
8. Identify organizational and time management techniques for a daily work schedule.

Module 2

Interpretation of Medical and Social Needs of People Being Served

This course provides the student with the necessary knowledge before performing client care. Topics discussed are communication, infection control and standard precautions, safety issues in the home, body mechanics, and first aid and emergency preparedness. It also provides an understanding of the holistic approach to client care, addressing the psychological and social health of clients. Human body & development and concerns regarding the care for the most common chronic and acute conditions and clients with physical and mental disabilities are also included.

Lecture: 5 Hours

Prerequisite: Module 1

Course Objectives: Upon completion of this module, the student will be able to:

1. Define, in lay terms, disease and its effect on the individual and the family.
2. Recognize the role of the home health aide in maintaining patient and family rights and privacy.
3. Describe techniques to support personal adjustment of the individual and his family to illness and disability.
4. Discuss how culture, lifestyle, and life experiences of the patient and family can influence patient care.
5. Describe common emotional and spiritual needs of terminally ill patients and their families and identify appropriate interventions.
6. Discuss how family interaction may affect the patient.
7. Describe how attitudes toward illness and health care affect patient care.

Module 5

Cleaning and Care Task in the Home

This course deals with practical knowledge and skills involved in home management. The maintenance of a safe, healthy and clean environment is given priority.

Lecture: 3 Hours

Clinical: 2 Hours

Prerequisites: Modules 1-4

Course Objectives: Upon completion of this module, the student will be able to:

1. Describe key principles for maintaining a safe home environment.
2. Identify potential emergencies in the home and define critical steps to follow.
3. Discuss the principles of general cleanliness of the environment.
4. Relate the chain of infection to the home care setting.
5. Describe infection control measures to use in the home care setting.
6. Demonstrate appropriate procedures and equipment to use for cleaning tasks.
7. Identify cleaning supplies appropriate for household tasks, including alternatives to use when resources are limited.
8. Demonstrate acceptable methods for maintaining cleanliness where dishes and food are stored, including the procedure for washing and drying dishes.
9. Describe methods of laundering household and personal items.
10. Identify guidelines for organizing household tasks.

Clinical Practice

This clinical course will focus on teaching and learning assessment and technical nursing skills required for home health nursing care in a variety of client care settings. A variety of teaching-learning strategies will be used and students have the opportunity to practice assessment and technical skills in the home health nursing care.

Total No. of Hours: 20

Required Textbook:

The Home Health Aide Handbook 5th Edition by Fuzy. (2019)
Hartman Publishing Inc.

Methods of Instruction:

Strategies utilized in this course include classroom discussion, demonstrations, review questions, critical thinking, oral presentation, return demonstration, group discussion, role play, use of audio-visuals, concept mapping, computer-assisted activities and hands-on skills. Evaluation includes quizzes, unit tests, skill lab test, written assignments, and final exam.

Grading System:

Students are graded on objective written tests on class lectures, assignments and return demonstrations of clinical skills. The student's final grade will be computed based on the following :

THEORY	PASSING GRADE
5 Module Exams	75%
Comprehensive Exam	75%

CLINICAL:	1. Completion of Clinical Objectives
	2. Satisfactory Clinical Evaluation

Grading Scale: 76% is required to pass the course.

95-100	Excellent
90-94	Very Good
85-89	Good
80-84	Satisfactory
75-79	Average
Below 75	Fail

Course Delivery Method: Residential