



Curious about a YTT? Join us for

YOGA DAY

25th April 2026

Hatha Vinyasa
Class

Yoga History
Lecture

Mantra
Practice

Posture Lab &
Mini Anatomy
Lecture

Restorative &
Yoga Nidra

25th April 2026
1-6pm

Yopi Studio



\$120

Yoga Day — an immersive experience designed to give you a real taste of what's included in our YTT. Perfect for anyone curious about teacher training, or simply wanting to deepen their understanding of yoga.

Join Yoga Day to unlock a special discount on your 200hr YTT at Yopi

With Allison Gomes & Amy Ford

**Scan here
to register**



Any questions
feel free to
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