



Team Health Check Questionnaire

Use these 10 questions to evaluate and strengthen the health of your team culture.

Instructions: Use this as a team discussion guide or self-evaluation. Answer each question with Yes / No / Needs Work.

1. Do team members feel safe to share honest thoughts and feedback?

☐ Yes ☐ No ☐ Needs Work

2. Are roles and responsibilities clearly defined and understood?

☐ Yes ☐ No ☐ Needs Work

3. Is there mutual trust and respect among team members?

☐ Yes ☐ No ☐ Needs Work

4. Do we communicate clearly, frequently, and with purpose?

☐ Yes ☐ No ☐ Needs Work

5. Are we aligned around common goals and shared values?

☐ Yes ☐ No ☐ Needs Work

6. Do we celebrate wins—both big and small—together?

☐ Yes ☐ No ☐ Needs Work

7. Is feedback given constructively and received openly?

☐ Yes ☐ No ☐ Needs Work

8. Do we hold each other accountable in a healthy way?

☐ Yes ☐ No ☐ Needs Work

9. Are we learning, growing, and developing as individuals and as a team?

☐ Yes ☐ No ☐ Needs Work

10. Do we pray together or acknowledge God's role in our work?

☐ Yes ☐ No ☐ Needs Wor