

PLANNER

**HOW TO CREATE
THE HAPPY LIFE
YOU DESERVE**



**Creating
Legacy
Wellness**



January

Happiness is a state of mind. It's just according to the way you look at things.

- Walt Disney

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Things I need to make happen this month:



JANUARY 1

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
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3:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



JANUARY 2

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



JANUARY 3

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



JANUARY 4

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



JANUARY 5

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



JANUARY 6

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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11:00	
12:00	
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5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



JANUARY 7

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
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11:00	
12:00	
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5:00	
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TASKS	

Awesome Things That Happened Today	Notes



JANUARY 8

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



JANUARY 9

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
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11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
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TASKS	

Awesome Things That Happened Today	Notes



JANUARY 10

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 11

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 12

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 13

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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JANUARY 14

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 15

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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5:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 16

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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JANUARY 17

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 18

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
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5:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 19

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 20

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
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5:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 21

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
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11:00	
12:00	
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2:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 22

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
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11:00	
12:00	
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2:00	
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5:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 23

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
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11:00	
12:00	
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2:00	
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5:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 24

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 25

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 26

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 27

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
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12:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 28

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
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11:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 29

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
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11:00	
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TASKS

Awesome Things That Happened Today

Notes

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JANUARY 30

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



JANUARY 31

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
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4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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February

Think of all the beauty left around you and be happy.

- Anne Frank

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Things I need to make happen this month:



FEBRUARY 1

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
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11:00	
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TASKS

Awesome Things That Happened Today

Notes

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FEBRUARY 2

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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FEBRUARY 3

Today I Choose Happiness Because...

SCHEDULE

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11:00	
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TASKS

Awesome Things That Happened Today

Notes

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FEBRUARY 4

Today I Choose Happiness Because...

SCHEDULE

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11:00	
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TASKS

Awesome Things That Happened Today

Notes

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FEBRUARY 5

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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FEBRUARY 6

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
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TASKS

Awesome Things That Happened Today

Notes

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FEBRUARY 7

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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FEBRUARY 8

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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FEBRUARY 9

Today I Choose Happiness Because...

SCHEDULE

7:00	
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TASKS

Awesome Things That Happened Today

Notes

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FEBRUARY 10

Today I Choose Happiness Because...

SCHEDULE	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 11

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 12

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 13

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 14

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 15

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 16

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 17

Today I Choose Happiness Because...

SCHEDULE	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 18

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 19

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 20

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 21

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 22

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 23

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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9:00	
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11:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 24

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 25

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 26

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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12:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 27

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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9:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 28

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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12:00	
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TASKS	

Awesome Things That Happened Today	Notes



FEBRUARY 29

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



March

Happiness depends upon ourselves.

- Aristotle

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Things I need to make happen this month:



MARCH 1

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
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TASKS

Awesome Things That Happened Today

Notes

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MARCH 2

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MARCH 3

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MARCH 4

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MARCH 5

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MARCH 6

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
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11:00	
12:00	
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4:00	
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TASKS

Awesome Things That Happened Today

Notes

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MARCH 7

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MARCH 8

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
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10:00	
11:00	
12:00	
1:00	
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TASKS

Awesome Things That Happened Today

Notes

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MARCH 9

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
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TASKS

Awesome Things That Happened Today

Notes

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MARCH 10

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
1:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 11

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 12

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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3:00	
4:00	
5:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 13

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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11:00	
12:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



MARCH 14

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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11:00	
12:00	
1:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 15

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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4:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 16

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 17

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 18

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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12:00	
1:00	
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3:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 19

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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11:00	
12:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



MARCH 20

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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10:00	
11:00	
12:00	
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2:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 21

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
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3:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 22

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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10:00	
11:00	
12:00	
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5:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 23

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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11:00	
12:00	
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3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



MARCH 24

Today I Choose Happiness Because...

SCHEDULE	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 25

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 26

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
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5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



MARCH 27

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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11:00	
12:00	
1:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 28

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



MARCH 29

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



MARCH 30

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



MARCH 31

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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11:00	
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5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



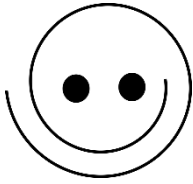
April

Being happy never goes out of style.

- Lily Pulitzer

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Things I need to make happen this month:



APRIL 1

Today I Choose Happiness Because...

SCHEDULE

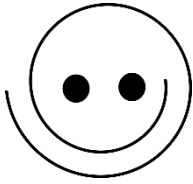
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5:00	
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TASKS

Awesome Things That Happened Today

Notes

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APRIL 2

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
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11:00	
12:00	
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3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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APRIL 3

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
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6:00	

TASKS

Awesome Things That Happened Today

Notes

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APRIL 4

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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11:00	
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TASKS	



Awesome Things That Happened Today	Notes



APRIL 5

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
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11:00	
12:00	
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3:00	
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6:00	

TASKS	



Awesome Things That Happened Today	Notes



APRIL 6

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
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9:00	
10:00	
11:00	
12:00	
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6:00	

TASKS	



Awesome Things That Happened Today	Notes



APRIL 7

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
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11:00	
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TASKS	

6:00

Awesome Things That Happened Today	Notes



APRIL 8

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
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3:00	
4:00	

TASKS	

5:00	
6:00	

Awesome Things That Happened Today	Notes



APRIL 9

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	

TASKS	

4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



APRIL 10

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	

TASKS	

3:00	
4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



APRIL 11

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
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9:00	
10:00	
11:00	
12:00	
1:00	

TASKS	

2:00	
3:00	
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5:00	
6:00	

Awesome Things That Happened Today	Notes



APRIL 12

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
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11:00	
12:00	

TASKS	



1:00	
2:00	
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4:00	
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6:00	

Awesome Things That Happened Today	Notes



APRIL 13

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
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10:00	
11:00	

TASKS	

12:00	
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Awesome Things That Happened Today	Notes



APRIL 14

Today I Choose Happiness Because...

SCHEDULE
7:00
8:00
9:00
10:00

TASKS



11:00	
12:00	
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5:00	
6:00	

Awesome Things That Happened Today	Notes



APRIL 15

Today I Choose Happiness Because...

SCHEDULE
7:00
8:00
9:00

TASKS

10:00	
11:00	
12:00	
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6:00	

Awesome Things That Happened Today	Notes



APRIL 16

Today I Choose Happiness Because...

SCHEDULE
7:00
8:00

TASKS



9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



APRIL 17

Today I Choose Happiness Because...

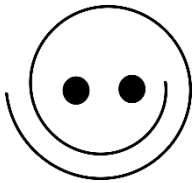
SCHEDULE
7:00

TASKS



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Awesome Things That Happened Today	Notes



APRIL 18

Today I Choose Happiness Because...

SCHEDULE

TASKS



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Awesome Things That Happened Today	Notes



APRIL 19

Today I Choose Happiness Because...



SCHEDULE	
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TASKS	

Awesome Things That Happened Today	Notes



APRIL 20

Today I Choose Happiness Because...	



SCHEDULE	
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TASKS	

Awesome Things That Happened Today	Notes



APRIL 21

Today I Choose Happiness Because...	



SCHEDULE	
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TASKS	

Awesome Things That Happened Today	Notes



APRIL 22

Today I Choose Happiness Because...	



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SCHEDULE	
7:00	
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TASKS	

Awesome Things That Happened Today	Notes



APRIL 23

Today I Choose Happiness Because...	



SCHEDULE	
7:00	
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12:00	
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TASKS	

Awesome Things That Happened Today	Notes



APRIL 24

Today I Choose Happiness Because...

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SCHEDULE	
7:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



APRIL 25

Today I Choose Happiness Because...



SCHEDULE	
7:00	
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11:00	
12:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



APRIL 26



Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
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TASKS	

Awesome Things That Happened Today	Notes



APRIL 27



Today I Choose Happiness Because...

SCHEDULE

7:00	
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TASKS

Awesome Things That Happened Today

Notes

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APRIL 28



Today I Choose Happiness Because...

SCHEDULE

7:00	
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TASKS

Awesome Things That Happened Today

Notes

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APRIL 29

Today I Choose Happiness Because...

SCHEDULE

7:00	
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TASKS

Awesome Things That Happened Today

Notes

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APRIL 30

Today I Choose Happiness Because...

SCHEDULE

7:00	
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9:00	
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11:00	
12:00	
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4:00	
5:00	
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TASKS

Awesome Things That Happened Today

Notes

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May

**Every day is a new day, and you'll never be able to find happiness
if you don't move on.**

- Carrie Underwood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Things I need to make happen this month:



MAY 1

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 2

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 3

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 4

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 5

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 6

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 7

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 8

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 9

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
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11:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 10

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 11

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 12

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 13

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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10:00	
11:00	
12:00	
1:00	
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3:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



MAY 14

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 15

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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11:00	
12:00	
1:00	
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5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



MAY 16

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 17

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 18

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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MAY 19

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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10:00	
11:00	
12:00	
1:00	
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3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



MAY 20

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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MAY 21

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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MAY 22

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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MAY 23

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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MAY 24

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
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6:00	

TASKS

Awesome Things That Happened Today

Notes

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MAY 25

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



MAY 26

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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MAY 27

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
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4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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MAY 28

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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MAY 29

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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MAY 30

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



MAY 31

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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June

Be happy for this moment. This moment is your life.

- Omar Khayyam

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Things I need to make happen this month:



JUNE 1

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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5:00	
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TASKS

Awesome Things That Happened Today

Notes

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JUNE 2

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
1:00	
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5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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JUNE 3

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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10:00	
11:00	
12:00	
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5:00	
6:00	

TASKS	



Awesome Things That Happened Today	Notes



JUNE 4

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
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9:00	
10:00	
11:00	
12:00	
1:00	
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3:00	
4:00	
5:00	
6:00	

TASKS	



Awesome Things That Happened Today	Notes



JUNE 5

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	



Awesome Things That Happened Today	Notes



JUNE 6

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	



Awesome Things That Happened Today	Notes



JUNE 7

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
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11:00	
12:00	
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TASKS	

6:00

Awesome Things That Happened Today	Notes



JUNE 8

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
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3:00	
4:00	

TASKS	

5:00	
6:00	

Awesome Things That Happened Today	Notes



JUNE 9

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
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9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	

TASKS	

4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



JUNE 10

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
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10:00	
11:00	
12:00	
1:00	
2:00	

TASKS	

3:00	
4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



JUNE 11

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	

TASKS	



2:00	
3:00	
4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



JUNE 12

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	

TASKS	

1:00	
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3:00	
4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



JUNE 13

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	

TASKS	



12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



JUNE 14

Today I Choose Happiness Because...

SCHEDULE
7:00
8:00
9:00
10:00

TASKS

11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



JUNE 15

Today I Choose Happiness Because...

SCHEDULE
7:00
8:00
9:00

TASKS



10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
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5:00	
6:00	

Awesome Things That Happened Today	Notes



JUNE 16

Today I Choose Happiness Because...

SCHEDULE
7:00
8:00

TASKS



9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
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6:00	

Awesome Things That Happened Today	Notes



JUNE 17

Today I Choose Happiness Because...

SCHEDULE
7:00

TASKS



8:00	
9:00	
10:00	
11:00	
12:00	
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6:00	

Awesome Things That Happened Today	Notes



JUNE 18

Today I Choose Happiness Because...

SCHEDULE

TASKS



7:00	
8:00	
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11:00	
12:00	
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5:00	
6:00	

Awesome Things That Happened Today	Notes



JUNE 19

Today I Choose Happiness Because...



SCHEDULE	
7:00	
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12:00	
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4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



JUNE 20

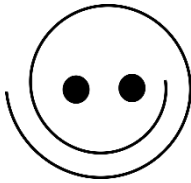
Today I Choose Happiness Because...	



SCHEDULE	
7:00	
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TASKS	

Awesome Things That Happened Today	Notes



JUNE 21

Today I Choose Happiness Because...



SCHEDULE	
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TASKS	

Awesome Things That Happened Today	Notes



JUNE 22

Today I Choose Happiness Because...	



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SCHEDULE	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



JUNE 23

Today I Choose Happiness Because...	



SCHEDULE	
7:00	
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11:00	
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TASKS	

Awesome Things That Happened Today	Notes



JUNE 24

Today I Choose Happiness Because...

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SCHEDULE	
7:00	
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11:00	
12:00	
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5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



JUNE 25

Today I Choose Happiness Because...



SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



JUNE 26



Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
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5:00	
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TASKS

Awesome Things That Happened Today

Notes

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JUNE 27



Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
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11:00	
12:00	
1:00	
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TASKS

Awesome Things That Happened Today

Notes

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JUNE 28



Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
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TASKS

Awesome Things That Happened Today

Notes

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JUNE 29

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
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TASKS

Awesome Things That Happened Today

Notes

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JUNE 30

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
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11:00	
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TASKS

Awesome Things That Happened Today

Notes

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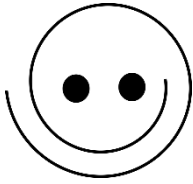
July

Happiness is not a goal...it's a by-product of a life well-lived.

- Eleanor Roosevelt

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Things I need to make happen this month:



JULY 1

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
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6:00	

TASKS

Awesome Things That Happened Today

Notes

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JULY 2

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
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6:00	

TASKS

Awesome Things That Happened Today

Notes

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JULY 3

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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10:00	
11:00	
12:00	
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2:00	
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4:00	
5:00	
6:00	

TASKS	



Awesome Things That Happened Today	Notes



JULY 4

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
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3:00	
4:00	
5:00	
6:00	

TASKS	



Awesome Things That Happened Today	Notes



JULY 5

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	



Awesome Things That Happened Today	Notes



JULY 6

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	

TASKS	

6:00

Awesome Things That Happened Today	Notes



JULY 7

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	

TASKS	

5:00	
6:00	

Awesome Things That Happened Today	Notes



JULY 8

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
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11:00	
12:00	
1:00	
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TASKS	

4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



JULY 9

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
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11:00	
12:00	
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TASKS	

3:00	
4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



JULY 10

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
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11:00	
12:00	
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TASKS	

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3:00	
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5:00	
6:00	

Awesome Things That Happened Today	Notes



JULY 11

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	

TASKS	

1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



JULY 12

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	

TASKS	



12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



JULY 13

Today I Choose Happiness Because...

SCHEDULE
7:00
8:00
9:00
10:00

TASKS

11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



JULY 14

Today I Choose Happiness Because...

SCHEDULE
7:00
8:00
9:00

TASKS



10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



JULY 15

Today I Choose Happiness Because...

SCHEDULE
7:00
8:00

TASKS



9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



JULY 16

Today I Choose Happiness Because...

SCHEDULE
7:00

TASKS



8:00	
9:00	
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11:00	
12:00	
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3:00	
4:00	
5:00	
6:00	

Awesome Things That Happened Today	Notes



JULY 17

Today I Choose Happiness Because...

SCHEDULE

TASKS



7:00	
8:00	
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11:00	
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5:00	
6:00	

Awesome Things That Happened Today	Notes



JULY 18

Today I Choose Happiness Because...



SCHEDULE	
7:00	
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11:00	
12:00	
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4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



JULY 19

Today I Choose Happiness Because...	



SCHEDULE	
7:00	
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9:00	
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11:00	
12:00	
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3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



JULY 20

Today I Choose Happiness Because...	



SCHEDULE	
7:00	
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9:00	
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11:00	
12:00	
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4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



JULY 21

Today I Choose Happiness Because...	



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SCHEDULE	
7:00	
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11:00	
12:00	
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4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



JULY 22

Today I Choose Happiness Because...	



SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



JULY 23

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



JULY 24

Today I Choose Happiness Because...



SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
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5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



JULY 25



Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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3:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



JULY 26



Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
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TASKS

Awesome Things That Happened Today

Notes

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JULY 27



Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
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11:00	
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TASKS

Awesome Things That Happened Today

Notes

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JULY 28

Today I Choose Happiness Because...

SCHEDULE

7:00	
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TASKS

Awesome Things That Happened Today

Notes

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JULY 29

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
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3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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JULY 30

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
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11:00	
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1:00	
2:00	
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5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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JULY 31

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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August

Don't cry because it's over, smile because it happened.

- Dr. Seuss

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Things I need to make happen this month:



AUGUST 1

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 2

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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AUGUST 3

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 4

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 5

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 6

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 7

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 8

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 9

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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AUGUST 10

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 11

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 12

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 13

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 14

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 15

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 16

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 17

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 18

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 19

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 20

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 21

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 22

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 23

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 24

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 25

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 26

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 27

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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AUGUST 28

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 29

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



AUGUST 30

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
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4:00	
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TASKS	

Awesome Things That Happened Today	Notes



AUGUST 31

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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September

For every minute you are angry you lose sixty seconds of happiness.

- Ralph Waldo Emerson

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Things I need to make happen this month:



SEPTEMBER 1

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 2

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
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4:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 3

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
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3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 4

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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SEPTEMBER 5

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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10:00	
11:00	
12:00	
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2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 6

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 7

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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9:00	
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11:00	
12:00	
1:00	
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3:00	
4:00	
5:00	
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TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 8

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 9

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 10

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
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11:00	
12:00	
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3:00	
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5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 11

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
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11:00	
12:00	
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5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 12

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
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11:00	
12:00	
1:00	
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5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 13

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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9:00	
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11:00	
12:00	
1:00	
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5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 14

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
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4:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 15

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
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11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 16

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 17

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS

Awesome Things That Happened Today

Notes

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SEPTEMBER 18

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
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11:00	
12:00	
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3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 19

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
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11:00	
12:00	
1:00	
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3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 20

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 21

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 22

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 23

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 24

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 25

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 26

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 27

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 28

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 29

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



SEPTEMBER 30

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



October

Do not set aside your happiness. Do not wait to be happy in the future. The best time to be happy is always now.

- Roy T. Bennett

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Things I need to make happen this month:



OCTOBER 1

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



OCTOBER 2

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



OCTOBER 3

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



OCTOBER 4

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



OCTOBER 5

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



OCTOBER 6

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



OCTOBER 7

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



OCTOBER 8

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	

TASKS	

Awesome Things That Happened Today	Notes



OCTOBER 9

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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TASKS	

Awesome Things That Happened Today	Notes



OCTOBER 10

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 11

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 12

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 13

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 14

Today I Choose Happiness Because...

SCHEDULE

7:00	
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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 15

Today I Choose Happiness Because...

SCHEDULE

7:00	
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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 16

Today I Choose Happiness Because...

SCHEDULE

7:00	
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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 17

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 18

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 19

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 20

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 21

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 22

Today I Choose Happiness Because...

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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 23

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 24

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 25

Today I Choose Happiness Because...

SCHEDULE

7:00	
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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 26

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 27

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 28

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 29

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 30

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
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TASKS

Awesome Things That Happened Today

Notes

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OCTOBER 31

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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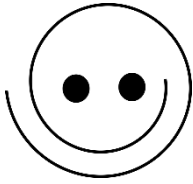
November

The key to happiness is being happy by yourself and for yourself.

- Ellen DeGeneres

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Things I need to make happen this month:



NOVEMBER 1

Today I Choose Happiness Because...

SCHEDULE

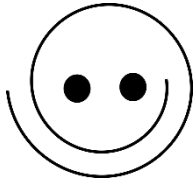
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TASKS

Awesome Things That Happened Today

Notes

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NOVEMBER 2

Today I Choose Happiness Because...

SCHEDULE

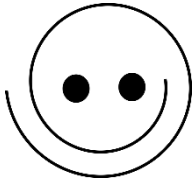
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TASKS

Awesome Things That Happened Today

Notes

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NOVEMBER 3

Today I Choose Happiness Because...

SCHEDULE	
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TASKS	

Awesome Things That Happened Today	Notes



NOVEMBER 4

Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes



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NOVEMBER 5

Today I Choose Happiness Because...

SCHEDULE	
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TASKS	



Awesome Things That Happened Today	Notes



NOVEMBER 6

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
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TASKS	



Awesome Things That Happened Today	Notes



NOVEMBER 7

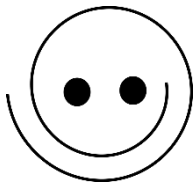
Today I Choose Happiness Because...	

SCHEDULE	
7:00	
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TASKS	



Awesome Things That Happened Today	Notes



NOVEMBER 8

Today I Choose Happiness Because...	

SCHEDULE	
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TASKS	

6:00

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Awesome Things That Happened Today

Notes

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NOVEMBER 9

Today I Choose Happiness Because...

SCHEDULE

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TASKS

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6:00	

Awesome Things That Happened Today	Notes



NOVEMBER 10

Today I Choose Happiness Because...	

SCHEDULE	
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TASKS	

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Awesome Things That Happened Today	Notes



NOVEMBER 11

Today I Choose Happiness Because...	

SCHEDULE	
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TASKS	

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Awesome Things That Happened Today	Notes



NOVEMBER 12

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
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TASKS	

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Awesome Things That Happened Today	Notes



NOVEMBER 13

Today I Choose Happiness Because...	

SCHEDULE	
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11:00	
12:00	

TASKS	

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Awesome Things That Happened Today	Notes



NOVEMBER 14

Today I Choose Happiness Because...	

SCHEDULE	
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11:00	

TASKS	



12:00	
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Awesome Things That Happened Today	Notes



NOVEMBER 15

Today I Choose Happiness Because...

SCHEDULE
7:00
8:00
9:00
10:00

TASKS

11:00	
12:00	
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Awesome Things That Happened Today	Notes



NOVEMBER 16

Today I Choose Happiness Because...

SCHEDULE
7:00
8:00
9:00

TASKS



10:00	
11:00	
12:00	
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Awesome Things That Happened Today	Notes



NOVEMBER 17

Today I Choose Happiness Because...

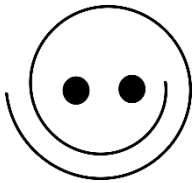
SCHEDULE
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TASKS



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Awesome Things That Happened Today	Notes



NOVEMBER 18

Today I Choose Happiness Because...

SCHEDULE
7:00

TASKS



8:00	
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Awesome Things That Happened Today	Notes



NOVEMBER 19

Today I Choose Happiness Because...

SCHEDULE

TASKS



7:00	
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Awesome Things That Happened Today	Notes



NOVEMBER 20

Today I Choose Happiness Because...



SCHEDULE	
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12:00	
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TASKS	

Awesome Things That Happened Today	Notes



NOVEMBER 21

Today I Choose Happiness Because...



SCHEDULE	
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TASKS	

Awesome Things That Happened Today	Notes



NOVEMBER 22

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
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11:00	
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TASKS	

Awesome Things That Happened Today	Notes



NOVEMBER 23

Today I Choose Happiness Because...	



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SCHEDULE	
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TASKS	

Awesome Things That Happened Today	Notes



NOVEMBER 24

Today I Choose Happiness Because...	

SCHEDULE	
7:00	
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11:00	
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TASKS	

Awesome Things That Happened Today	Notes



NOVEMBER 25

Today I Choose Happiness Because...

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Today I Choose Happiness Because...

SCHEDULE	
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12:00	
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TASKS	

Awesome Things That Happened Today	Notes



NOVEMBER 28



Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
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TASKS

Awesome Things That Happened Today

Notes

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NOVEMBER 29



Today I Choose Happiness Because...

SCHEDULE

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TASKS

Awesome Things That Happened Today

Notes

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NOVEMBER 30

Today I Choose Happiness Because...

SCHEDULE	
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11:00	
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3:00	
4:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



December

Don't Worry, Be Happy

- Bobby McFerrin

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Things I need to make happen this month:



DECEMBER 1

Today I Choose Happiness Because...

SCHEDULE

7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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DECEMBER 2

Today I Choose Happiness Because...

SCHEDULE	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 3

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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9:00	
10:00	
11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 4

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 5

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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4:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 6

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 7

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 8

Today I Choose Happiness Because...

SCHEDULE	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 9

Today I Choose Happiness Because...

SCHEDULE	
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11:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 10

Today I Choose Happiness Because...

SCHEDULE	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 11

Today I Choose Happiness Because...

SCHEDULE	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 12

Today I Choose Happiness Because...

SCHEDULE	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 13

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 14

Today I Choose Happiness Because...

SCHEDULE	
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12:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 15

Today I Choose Happiness Because...

SCHEDULE	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 16

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 17

Today I Choose Happiness Because...

SCHEDULE	
7:00	
8:00	
9:00	
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6:00	

TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 18

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 19

Today I Choose Happiness Because...

SCHEDULE

7:00	
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TASKS

Awesome Things That Happened Today

Notes

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DECEMBER 20

Today I Choose Happiness Because...

SCHEDULE	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 21

Today I Choose Happiness Because...

SCHEDULE	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 22

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 23

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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DECEMBER 24

Today I Choose Happiness Because...

SCHEDULE	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 25

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 26

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 27

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 28

Today I Choose Happiness Because...

SCHEDULE

7:00	
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11:00	
12:00	
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TASKS

Awesome Things That Happened Today

Notes

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DECEMBER 29

Today I Choose Happiness Because...

SCHEDULE	
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12:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 30

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
12:00	
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TASKS	

Awesome Things That Happened Today	Notes



DECEMBER 31

Today I Choose Happiness Because...

SCHEDULE	
7:00	
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11:00	
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TASKS	

Awesome Things That Happened Today	Notes