

WRESTLER CODE OF CONDUCT

- **Effort over outcome – always give your best.**
- **Positive attitude – bring energy, encouragement, and focus.**
- **Be a good partner – help teammates improve and keep each other safe.**
- **Wrestling shoes on the mat only – street shoes off before entering.**
- **Respect everyone – teammates, coaches, opponents, referees, and staff**
- **No abuse – physical or verbal abuse will not be tolerated.**
- **Stay focused – disruptive wrestlers will sit out.**
- **Show sportsmanship & integrity – win or lose.**
- **Be mature – represent Buzzsaw with pride.**
- **Practice good hygiene – shower after each practice, no wrestling with active skin infections.**



**Buzzsaw Wrestlers = Effort, Attitude,
Respect, Integrity, Pride**