

Theory of Change

Youth thrive when they are routinely engaged in caring relationships with each other and adults, and they have high-quality learning experiences with opportunity to practice a range of skills. We use the sport of tennis in an evidence-based youth program to facilitate development, learning, and opportunity for elementary, middle and high-school youth.

SITUATION	INPUTS	OUTPUTS		OUTCOMES – IMPACT		
		Activities: What We Do	Target Audience	Short	Medium	Long Term
<p>Youth that are marginalized, economically strained, or underserved have inadequate access to high-quality services to supplement their family systems. To mature and succeed, every youth needs opportunity and experiences that support their academic, physical, mental, social and emotional development.</p>	Youth Development Staff	Relationship building, social and emotional learning	Elementary, middle and high school students who are marginalized due to race, economic status or other vulnerabilities.	Strong youth to youth and youth to adult connections	Tennis skill and competence Academic goal setting, discipline, and confidence	Healthier lifestyles and improved quality of life Adept decision-making for life/career choices
	Tennis Coaches	Tennis coaching sport sampling and physical fitness				
	Tutors	1 on 1 tutoring and academic conferencing				
	Partner organizations	academic learning technology and progress monitoring				
	Curriculum and technology		Parents and family members of program participants	Development of personal character and responsibility	Social competence, leadership and critical thinking	Strong connected empowered communities
	Materials and equipment	SAT/ACT Prep, career counseling and collegiate tours				
	University research	Mentorship	College students who serve as tutors and volunteers	A sense of contribution and academic accountability	College and career knowledge and awareness	Socio-emotional proficiency and mastery
	Donations	Parent partnership meetings				
	Grants	Service learning	Community organizational partners: non-profit & business organizations.	Physical activity & literacy, and health awareness		Tennis proficiency and sport skill
		Health/nutrition skill-building				