

## Theory of Change

Youth thrive when they are routinely engaged in caring relationships with each other and adults, and they have high-quality learning experiences with opportunity to practice a range of skills. We use the sport of tennis in an evidence-based youth program to facilitate development, learning, and opportunity for elementary, middle and high-school youth.

SITUATION	INPUTS	OUTPUTS		OUTCOMES – IMPACT		
		Activities: What We Do	Target Audience	Short	Medium	Long Term
Youth that are marginalized, economically strained, or underserved have inadequate access to high-quality services to supplement their family systems. To mature and succeed, every youth needs opportunity and experiences that support their academic, physical, mental, social and emotional development.	Youth Development Staff  Tennis Coaches  Tutors  Partner organizations  Curriculum and technology  Materials and equipment  University research  Donations  Grants	<i>Relationship building, social and emotional learning</i>  <i>Tennis coaching sport sampling and physical fitness</i>  <i>1 on 1 tutoring and academic conferencing</i>  <i>academic learning technology and progress monitoring</i>  <i>SAT/ ACT Prep, career counseling and collegiate tours</i>  <i>Mentorship</i>  <i>Parent partnership meetings</i>  <i>Service learning</i>  <i>Health/nutrition skill-building</i>	<i>Elementary, middle and high school students who are marginalized due to race, economic status or other vulnerabilities.</i>  <i>Parents and family members of program participants</i>  <i>College students who serve as tutors and volunteers</i>  <i>Community organizational partners: non-profit &amp; business organizations.</i>	<i>Strong youth to youth and youth to adult connections</i>  <i>Development of personal character and responsibility</i>  <i>A sense of contribution and academic accountability</i>  <i>Physical activity &amp; literacy, and health awareness</i>	<i>Tennis skill and competence</i>  <i>Academic goal setting, discipline, and confidence</i>  <i>Social competence, leadership and critical thinking</i>  <i>College and career knowledge and awareness</i>	<i>Healthier lifestyles and improved quality of life</i>  <i>Adept decision-making for life/career choices</i>  <i>Strong connected empowered communities</i>  <i>Socio-emotional proficiency and mastery</i>  <i>Tennis proficiency and sport skill</i>