



LONDON OPHTHALMOLOGY NETWORK

Vision 2025: Transforming Eye Care Together

A Strategic Collaboration to Reimagine NHS Ophthalmology Services Across London

Register your free place by **26th September 2025** by contacting
aireyre1@foresighthealthcare.co.uk or **sharitajhummun@nhs.net**.

Please register as soon as possible to avoid disappointment.

Date: Saturday 4th October 2025

Time: 9:30 AM – 4:30 PM

Venue: Royal Society of Medicine, Wimpole Street, London, W1G 0AE

Room: Wheatley Room, Second Floor, RSM.

Target audience: Upskilling Ophthalmologists, Optometrists, Nurses, and Orthoptists.
All MDT teams that are involved in a patient journey in an NHS setting.

09:30 – 10:00 – Arrival & Registration – Tea/Coffee

10:00 – 10:20 – Welcome & Opening Remarks: Founders and Chairs

RSM house keeping.

Mr Avinash Gurbaxani consultant Ophthalmologist Moorfields Eye Hospital.

10:20 – 10:30 – LON terms of Reference and a vision for London:

Co-Founder- Ms Sheena George and Ms Resitha Airey

10:30 – 10:45 – SLT and How we treat patients.

Marketa Cilkova- Principal Optometrist Moorfields Eye Hospital.

10:45 – 11:00 – Vision and MDT perspective for LON for 2025 and 2026-Ms Sharita

Jhummun and Mr Bhavin Maru

11:00 – 11.15 – Break and set workshop start

Opening: Objectives and logistics for workshops – Ms Sharita Jhummun and Ms Resitha Airey

11:15 – Onwards Practical training sessions for LON MDT delegates- All delegates will have a chance to rotate through workshop sessions of interest.

Workforce Development: Upskilling: Ophthalmologists, Optometrists, Nurses, and Orthoptists- all workshops will be for a duration of 1 hour maximum.



11.15- 12.15: Session 1: Parallel Practical Sessions: Medical Retina techniques (IVT) / SLT / Dry Eye plugs / Lacrimal Syringing / Fundoscopy skills workshop/ Gonioscopy / Surgical techniques Phacoemulsification / Patient Journey Low Vision Aids Workshop / Retinalogik Digital VR headset

–**Workshops** and hands-on live Demonstrations

12:15 – 13:00 – Lunch for delegates.

13:00 – 14:00: Sessions 2 Parallel Practical Sessions: Medical Retina techniques (IVT) / SLT / Dry Eye plugs / Lacrimal Syringing / Fundoscopy skills workshop/ Gonioscopy / Surgical techniques Phacoemulsification / Patient Journey Low Vision Aids Workshop / Retinalogik Digital VR headset

–**Workshops** and hands-on live Demonstrations

14.00- 15.00 -Sessions 3 Parallel Practical Sessions: Medical Retina techniques (IVT) / SLT / Dry Eye plugs / Lacrimal Syringing / Fundoscopy skills workshop/ Gonioscopy / Surgical techniques Phacoemulsification / Patient Journey Low Vision Aids Workshop / Retinalogik Digital VR headset

–**Workshops** and hands-on live Demonstrations

15:15 – 16:15 – Session 4 Parallel Practical Sessions: Medical Retina techniques (IVT) / SLT / Dry Eye plugs / Lacrimal Syringing / Fundoscopy skills workshop/ Gonioscopy / Surgical techniques Phacoemulsification / Patient Journey Low Vision Aids Workshop / Retinalogik Digital VR headset

16:15 – 16:30 – Closing Remarks & Future Collaboration Roadmap
Informal Discussion and Wrap-Up.

“An enormous thank you to our industry sponsors and partners, who are supporting with sponsorship and expert training to help create impact on how we work together as an Ophthalmology community, with one vision and one goal. Finally, a huge thank you to the consultants, trainers and Industry partner trainers for their expertise and knowledge in delivering workshops”

Best wishes:

The LON chairs
Avinash Gurbaxani, Bhavin Maru, Sharita Jhummun



London Ophthalmology Network – Practical Training Workshops

The London Ophthalmology Network's *Vision 2025* meeting will be held on Saturday, 4th October 2025 at the Royal Society of Medicine, London. The day begins with registration and opening remarks, followed by presentations on the Network's vision, collaborative NHS service models, and the role of real-world evidence in ophthalmology care. After a short break, delegates will rotate through parallel practical workshops covering medical retina, SLT, dry eye, gonioscopy, lacrimal syringing, fundoscopy, surgical techniques, low vision aids and phacoemulsification innovations. Lunch will be provided, with further sessions continuing in the afternoon, focusing on workforce development and upskilling ophthalmologists, optometrists, nurses, and orthoptists. The meeting concludes with closing remarks and a roadmap for future collaboration.

We, as the LON team, will continue in 2025 and 2026 with a series of meetings that will help with both professional and personal development.

Workshops:

The following workshops will run as parallel practical sessions during the London Ophthalmology Network 2025 event. Delegates will have the opportunity to rotate through the sessions most relevant to their professional interests. Each session will last 1 hour.

Intravitreal Injections

Delegates will learn the principles of safe and effective intravitreal injection techniques, including preparation, patient counselling, aseptic technique, injection site selection, and complication management. Trainers will demonstrate live and provide hands-on practice using simulation models.

Stations:

1. IVT injections using techniques for the treatment of AMD- Non-Prefilled Syringe
2. IVT skills using Iluvian injections- treatment for Diabetic Macular Oedema (DMO)
3. IVT skills training for treatment of all retinal conditions: Age related Macular Degeneration (AMD). Diabetic Macular Oedema (DMO) and Retinal Vein Occlusion (RVO)- Prefilled Syringe

Trainers: Mr Avinash Gurbaxani, Ms Sheena George, Mr Daren Hanuthandu, Mr Bhavin Maru.



Lacrimal Syringing- Ms Dhannie Ramcharan - Kestrel Ophthalmic team

This session will provide an overview of lacrimal syringing as a diagnostic and therapeutic procedure in ophthalmology. We will cover indications, contraindications, technique, and interpretation of results, with emphasis on safe and effective practice. Attendees will gain confidence in performing the procedure and understanding its role in patient management.

Dry Eye Plugs- Ms Sharita Jhummun and Charlotte

This session will focus on the diagnosis of dry eye disease and the use of punctal plugs as a treatment option. Delegates will practice insertion techniques, understand patient selection, and review outcomes and troubleshooting for common challenges.

Showcasing Selective Laser Trabeculoplasty (SLT) Ms Marketta Cilkova

A demonstration of the SLT procedure for glaucoma management, including patient selection, laser settings, treatment delivery, and follow-up protocols. Participants will gain insight into the latest evidence supporting SLT as a first-line therapy.

Gonioscopy/Funduscopy Ms Anna Bhan and Mr John Emerson- Altomed

Hands-on training in the use of gonioscopy to assess the anterior chamber angle. Delegates will practice lens handling, angle interpretation, and learn to identify key clinical features relevant for glaucoma diagnosis and treatment decisions.

Surgical Techniques Lead Ms Rahila Zakir and Mr Niaz Islam

Practical exposure to core and advanced ophthalmic surgical skills. This includes suturing, phacoemulsification steps, and new innovations in surgical devices. Trainers will guide delegates through live demonstrations and supervised practice to build confidence in surgical technique.

Retinalogik - Mr Christian Oster CEO-Kestrel Ophthalmics

This session will introduce RetinAlogik as a digital tool to support retinal disease management and clinical decision-making. We will explore its core functions, clinical applications, and integration into ophthalmology workflows.

Thank you to our sponsors and the companies helping with training and resources.

