

Advocacy is not new.
It is part of everyday life.
People advocate (or speak
up) every day for
themselves, for their
children, for their relatives and
for their friends.



If you need help to speak up,
please contact our advocacy service.
We may be able to help you.

tel. 0191 259 6662

email: info@iane.org.uk

www.iane.org.uk

Contact Us

If you would like to speak
to an advocate or would like
more information.

Independent Advocacy North East

Room B14 Linskill Centre
Linskill terrace
North Shields
Tyne & Wear
NE30 2AY

Phone: (0191) 259 6662

Email: info@iane.org.uk

Website: www.iane.org.uk

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England & Wales

For Free, Independent and Confidential Help

Tel: 0191 259 6662



Independent Advocacy
North East



Why Advocacy?

Sometimes basic rights are denied to vulnerable people. Advocacy is founded on the belief that people are of equal value regardless of ability, wealth or status and are therefore entitled to equal rights.

We should all be entitled to the following rights:

- To make decisions about our lives
- To receive the social and health services we need
- To know our rights
- To be treated with respect
- Not to be discriminated against
- To make a complaint when things go wrong.



Who do we help?

Not everyone is good at speaking up for themselves. Sometimes people find themselves not listened to.

We cannot help everyone, but we may be able to help people with:

- Mental health conditions
- Anxiety or depression
- Physical disabilities
- Learning disabilities
- Communication difficulties
- Dementia care.

Citizen Advocacy

We recruit volunteers to act as Citizen Advocates to protect the interests and rights of people who might otherwise face unfair treatment. This is a powerful way of helping people be listened to and valued. Citizen advocates are ordinary people from all walks of life. The advocate must complete our training and they must be free of any conflict of interest.

Case Advocacy, Statutory Advocacy and Advocacy under the Care Act

Our statutory advocates provide our IMHA, IMCA and DoLS service. These services are for people whose care comes under the Mental Health Act or aspects of the Mental Capacity Act.

We have a team of case workers who work with people on specific issues. They start with an initial chat to identify your need and any appropriate action required. Meetings can take place at our offices, in a café or, in certain cases, we may be able to visit you.

Our case workers can also assist with Care Act assessments, reviews, care planning and safeguarding meetings.

Under the Care Act, Safeguarding means protecting an adult's right to live in safety, free from abuse and neglect.

To report any concerns please contact:

The Adult Gateway Team

tel. 0191 643 2777

Out of hours: 0191 200 6800