

Will I receive support if I become a volunteer?

We value our volunteers and aim to provide them with the support they need to be effective in their varying roles.

This support includes:

- Training
- One-to-one support
- Further training & skills development
- Travel expenses
- Advocacy newsletters
- An invitation to all of our charity events.

For more information on our volunteer roles please call in for a chat or give us a call.

tel. 0191 259 6662



Interested?

Get in touch with us!

Independent Advocacy North East

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Independent Advocacy North East is a
Registered Charity (Number 1148607) and a
Company Limited By Guarantee (Number
7949689)

Could you
Volunteer
as a Citizen Advocate
or as a Trustee?



Independent Advocacy
North East

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Volunteering Opportunities

We have volunteer opportunities in two areas:

1. **Advocates**—our volunteer advocates are known as **Citizen Advocates**
2. **Trustees**—who sit on our Executive Committee.

Could you volunteer as a Citizen Advocate?

Citizen Advocates are ordinary people from all walks of life who are prepared to give support and encouragement to someone. We work with all sorts of people, so we need all sorts of volunteers.

Who do the advocates work with?

Volunteers at Independent Advocacy work with people who have learning and physical disabilities, mental health problems and other vulnerable people.

Why do people need an advocate?

Some people who are disadvantaged by age, illness or disability may need an advocate to ensure their voice is heard in all situations.

What do Citizen Advocates do?

Citizen Advocates—with our support—listen; support; discuss; speak up; find out; respect and inform.



You can do this. You've probably already been doing it for years.

How much time will I need to give?

Citizen Advocates must have about one hour free every fortnight.

Could you volunteer as a Trustee?

Trustees come from a range of professional backgrounds—for e.g. financial, legal, business, management—but what they all share is an understanding of and a passion for the value of advocacy.

What does a trustee do?

Together, our trustees form the Executive Group that advises on a variety of matters and steers the direction of our organisation. The role is vital to our charity and would allow you to change lives for the better.

Why become a Trustee?

Being a trustee can be hard work, but it can also be immensely rewarding, providing opportunities for your professional and personal growth. As you bring your skills and experience to help lead the charity you will begin to gain new experiences and knowledge.

What will be expected of me?

You will be involved with developing and managing staff and volunteers, making policy decisions and ensuring the charity is accountable to its beneficiaries and to the public in general. You will receive, advise on and may contribute to reports on finance, activity and planning.

As a trustee you must be able to attend a bi-monthly meeting of the Executive Committee, which lasts 2-3 hours.