

The Aroostook Common

A Guide to Happenings in Aroostook County

March 2019

FRIDAY 3/1/19

10 AM: *Baby Steps*, A Support Group for Expectant and New Parents, Turner Memorial Library

10 AM: Focus Group-How to Make Caribou Age Friendly, CARY Medical Center, Caribou, FMI esinger@carymed.org

5-8 PM: **FIRST FRIDAY ART WALK, Downtown Presque Isle**

- **5-7 PM:** *New Brunswick Art Bank*, Artwork by various New Brunswick Artists, Reed Gallery, UMPI
- **6-8 PM:** *Northern pARTners*, Artwork by Aroostook Visual Arts Teachers & Students, Wintergreen Art Center
- **6-9 PM:** Artwork from the Boys & Girls Club in Presque Isle, HardScrabble Solutions

6 PM: *Topsy, Polly, & Tin Lizzie* Presentation by Pamela J Snow Sweetser, Turner Memorial Library

6:30 PM: Free Movie: *Gosnell*, Tang's Chinese Cuisine, Houlton, Donations Accepted

6:30 PM: Health Bartley, Live Music, Downunder Sports Pub, Houlton

7 PM: Right to Life Father-Daughter Dance, K of C Hall, Fort Kent, \$8/\$6

7:30 PM: Travis Cyr, Live Music, Eureka Hall Tavern, Stockholm

8 PM: French Toast, Live Band, Lonesome Pines Trails Lodge, Fort Kent

8 PM: Charlie Ouellette, Live Music, The Warehouse Bar & Grill, Caribou

SATURDAY 3/2/19

8 AM-Noon: Grant Writing Workshop, Hampton Inn, Presque Isle, \$49/person, To Sign Up 760-2722

8 AM-2 PM: Can Am Dog Sled Races, Start Main St. Fort Kent, Checkpoints in Portage & Allagash-Open to Public

8 AM-5 PM: Fort Kent Skijoring Race, Fort Kent Outdoor Center

8 AM-5 PM: 12th Annual Gun Show, The Northeastland Hotel, Presque Isle

9 AM & 3 PM: Free Movie Screenings, *Gosnell*, Governor's Restaurant, Presque Isle, Donations Accepted

10 AM: Elks Junior Bowling League, Northern Lanes Bowling Alley, Presque Isle, Kids Bowl for Free!

10 AM: Himie Towle Memorial Winter Frolic, Nordic Heritage Sport Club, Snowshoers, Fat Bikers, XC Skiers, \$10

10 AM-1 PM: Sip & Solder Stained Glass Class, Mapleton Fire Dept, Bird Suncatchers, \$35, FMI 227-1872

10 AM-3 PM: 6th Annual Craft & Vendor Fair Hosted by Fort Kent PTO, Fort Kent Elementary School

11:30 AM: Dr. Seuss Celebration, Turner Memorial Library, Presque Isle, Story time, craft, & snacks

4-8 PM: Benefit for Jobie Dionne, The Elks Lodge, Presque Isle, Spaghetti Dinner, Auction, Entertainment, \$10

4 PM: Brain Ewing Benefit Supper & Auction, Caribou VFW, Cost is Donation, Live auction following meal

5 PM: Class of 2019 Project Grad Spaghetti Dinner Fundraiser, Madawaska American Legion

6 PM: Health Bartley, Live Music, Bigrock Mountain, Mars Hill

7-10PM: Disco Night at the Melody Roller Rink, Caribou

7 PM: Travis Cyr, Live Music, 1st Mile Brewing Co., Fort Kent

9 PM: Cryin' Out Loud, Live Band, The Warehouse Bar & Grill, Caribou

9:30 PM: Unlucky Joe, Live Band, Time Out Sports Bar, Presque Isle

SUNDAY 3/3/19

8 AM-5 PM: Himie Towle Ski Frolic, 8 km Freestyle Race, Nordic Heritage Center, Presque Isle

TRIVIA (Answers on Back)

1. How many hours on average does it take to hike Mt. Katahdin, round trip? a)8-10 b)12-16 c) 6-8
2. How many miles is the Irving Woodlands Can-Am Crown Dogsled Race, starting on March 2nd in Fort Kent?
3. In what year was the cornerstone laid for the Caribou Public Library? a)1911 b)1896 c)1932
4. How many black diamond trails are there at Bigrock Mountain in Mars Hill?
5. How many gallons of sap does it take to make 1 gallon of maple syrup? a)10-20 b)35-50 c)55-70

9 AM-2 PM: 12th Annual Gun Show, The Northeastland Hotel, Presque Isle

10 AM-3 PM: Northern Maine Bridal Expo, Campus Center, UMPI, Presque Isle

11 AM: Free Skiing at Quoggy Jo, Presque Isle, \$12 rentals

11 AM-1 PM: Central Aroostook Snowmobile Club Hot Dog Roast, ITS 83 & ITS 81 Intersection, Mars Hill

1-4 PM: Fiddler's Jamboree, UMFK Fox Auditorium, Fort Kent, \$8, 12 and under Free, FMI 834-7557

4-9 PM: Murder Mystery Dinner & Show by The PI Community Players, Café Sorpreso, Presque Isle, RSVP 764-4776

MONDAY 3/4/19

3-3:30 PM: Birthday Party for Dr. Seuss, Caribou Public Library, Stories, Crafts, & Cupcakes

6 PM: Family Code Night, HardScrabble Solutions, Presque Isle, Bring Electronic Devices

TUESDAY 3/5/19

6 PM: Entrepreneur Education: Starting a Business in Caribou w/Penny Thompson, Caribou Rec Center, FB to sign up

6-7 PM: Nordic Heritage Sport Club Meeting, Presque Isle

6-8 PM: Winter Ag School: Benefits of Growing Vegetables in High Tunnels, Madawaska HS Library, Reg 834-3905

WEDNESDAY 3/6/19

4-5 PM: Parkinson's Support Group, AR Gould Hospital, Conference Rooms, Presque Isle, FMI jbruce@emhs.org

5:30 PM: Victorian Hair Art Presentation by Kim Smith & the PI Historical Society, Hampton Inn, Presque Isle

6 PM: Alzheimer's Dementia Support Group, Forest Hill Rehab & Nursing Facility, Fort Kent

THURSDAY 3/7/19

1:30 -3 PM: Dementia Support Group for Caregivers & Loved Ones, Presque Isle Nursing Home

6:30 PM: Carter Brook Snowbirds Snowmobile Club Meeting, The Swamp Buck Restaurant, Fort Kent

6:30 PM: Travis Cyr, Live Music, Eureka Hall Tavern, Stockholm

7-9 PM: Distinguished Lecturer's Series Presents Brittany Ray, *Creating Trauma Informed School's & Communities*, Multi-Purpose Room, Campus Center, UMPI, Presque Isle

FRIDAY 3/8/19

4-8 PM: Game Night-Play *Magic The Gathering*, The Cup Café, Houlton

6 PM: Maine Regional High School Drama Festival, Caribou Performing Arts Center, \$8/adult, \$5/student, Performances by Easton, Houlton, & Fort Kent High Schools

6-8 PM: Travis Cyr, Live Music, Copper's Lounge, The Northeastland Hotel, Presque Isle

7 PM: Northern Star 2019, Talent Competition, Fox Auditorium, UMFK, Fort Kent, \$10/person

SATURDAY 3/9/19

10:30-11:30 PM: 2nd Saturday Kids Craft Club, Caribou Public Library

9 AM-3 PM: Women's Art Retreat, Washburn Elem School, \$65, See Aroostook Partners in The Arts FB Page to Reg

9 AM-3 PM: Micmac Festival Market, Micmac Farms, Presque Isle Rd. Caribou, Local Foods & Products

11 AM-8 PM: 6th Annual Angel Snowfest, Lakeview Restaurant, St. Agatha, FMI 436-5997

12-1 PM: Pokemon Go Strategy Meeting, Caribou Public Library

1 PM: NMFS Presents The 37th Annual Musical On Ice *Moana*, The Forum, Presque Isle, \$10/adult, \$5/12 & under

5-9 PM: Washburn Project Grad Supper/Auction, High School, Lasagna Dinner & Auction, \$8/person, FMI 455-8048

6 PM: Travis Cyr, Live Music, Big Rock, Mars Hill

6 PM: Maine Regional High School Drama Festival, Caribou Performing Arts Center, \$8/adult, \$5/student, Performances by Presque Isle, Camden Hills, Bangor, Lee Academy, Sterns, & Gorham High Schools



**NORTHERN
BUSINESS
PRODUCTS
INC.**

Creating Healthier Communities



**CARY
MEDICAL CENTER**



800-858-2279 ■ 498-3111
www.carymedicalcenter.org
Cary is an equal opportunity employer and provider.

6 PM: Film Night; *Night on Earth* (1991), The Cup Café, Houlton

7 PM: NMFS Presents The 37th Annual Musical On Ice *Moana*, The Forum, Presque Isle, \$10/adult, \$5/12 & under

7 PM: Northern Star 2019, Talent Competition, Presque Isle Middle School Auditorium, \$10/person

7 PM: Krazy Jake Live, Presque Isle Inn & Convention Center, Presque Isle, 21+, \$20/person

7-9 PM: Star City Syndicate Concert, Benefit for Larry Hall Memorial Fund, Wieden Auditorium, UMPI, Presque Isle

7:30 PM: The Midnight Ramblers Alt County Roots Blues, Live Music, Eureka Hall Tavern, Stockholm

9 PM: Dance for the Sons of the Legion, Caribou Legion Post 15, DJ County Line, \$5/person

SUNDAY 3/10/19 Daylight Savings Time Starts, Spring Ahead!

2 PM: Northern Star 2019, Talent Competition, Houlton Community Arts Center, \$10/person

MONDAY 3/11/19

6 PM: Friends of Aroostook National Wildlife Refuge Meeting, Limestone

TUESDAY 3/12/19

6-8 PM: Salmagundi Film Series-*Hidden Figures*, *Hidden Figures* (2016), Multi-Purpose Room, UMPI, Presque Isle

6-8 PM: Winter Ag School: Growing High Bush Blueberries, Madawaska HS Library, Reg 834-3905

7 PM: Monthly Meeting of the Pleasant Ridge Riders Snowmobile Club, Clubhouse, Presque Isle, FMI 551-7709

WEDNESDAY 3/13/19

3-4 PM: Betty's Book Club, *Tell The Machine Goodnight* by Katie Williams, Caribou Public library

6 PM: Beginners & Advanced Stained Glass Workshop (1st of 5 weeks), Ashland High School, \$35, To Reg 227-1872

THURSDAY 3/14/19

10 AM: Acquired Brain Injury Support Group, AR Gould Hospital, Presque Isle, Conference Rooms

10:30 PM: Family Storytime: Weather, Fort Fairfield Public Library

3:30-5:30 PM: Internet Safety Workshop, Caribou Public Library

FRIDAY 3/15/19

4 PM: Digging into Farm Accounting, Northern Maine Development Commission, Caribou, Sign up through FB page

4:30-7 PM: 8th Annual Stew Night Hosted by UMPI Relay for Life, Presque Isle Rec Center, \$6/person

7 PM: Brad & Corey, Live Music, The Par & Grill, Caribou

7 PM: Travis Cyr, Live Music, Lakeview Restaurant, St. Agatha

7 PM: Taylor "Tiger" Martin, Live Music, First Mile Brewing Company, Fort Kent

7:30 PM: Max Garcia Conover & Ben Cosgrove, Live Music, Eureka Hall Tavern, Stockholm

SATURDAY 3/16/19

8 AM-5 PM: 1st Annual 3 vs 3 Acadian Pond Hockey Tournament, Long Lake Wellness Center, St. Agatha

8 AM: Ski Race, Big Rock Mountain, Mars Hill, \$35 registration

9 AM: Free Community Breakfast, Military St. Baptist Church, Houlton

10 AM: Dodgeball Tournament, Caribou Rec Center, Reg by Mar 8, momentumarostook@gmail.com, \$20/team

10 AM-1 PM: Planet Head Day, Wieden Gym, UMPI, Presque Isle, C.A.N.C.E.R. Fundraiser

10 AM-1 PM: Sip & Solder Stained Glass Workshop-Wind Chimes, Mapleton Fire Dept, \$35, Sign up 227-1872

11 AM-5 PM: Mega Meltdown Vintage & Kids Endurance Races, Northern Maine Brewing Co., Caribou

12 PM: Walker's Pub St. Paddy's Day Celebration, Fort Kent

12-2 PM: Pokemon Go Tournament, Caribou Library

7 PM: Open Mic & Coffeeshop, The Cup Café, Houlton

7 PM: Pre-Teen, Junior, & Teen Miss Caribou Pageant, Caribou Performing Arts Center

7 PM: Health Bartley, Live Music, Houlton Elks Lodge

7:30 PM: Max Garcia Conover & Ben Cosgrove, Live Music, Eureka Hall Tavern, Stockholm

SUNDAY 3/17/19 St. Patrick's Day

7-10 AM: Breakfast Fundraiser at the Pleasant Ridge Riders Snowmobile Clubhouse, Caswell, \$7/adult, \$4/child

8 AM-5 PM: 1st Annual 3 vs 3 Acadian Pond Hockey Tournament, Long Lake Wellness Center, St. Agatha

12-3 PM: Sneakers & Shamrocks 4K, Smith Wellness Center, NMCC, Presque Isle, \$4/person

1 PM: St. Patrick's Day Meal, Houlton Elks Lodge, Traditional Irish Meal & Music

7 PM: Fort Kent Senior Center Monthly Dance, Fort Kent, \$5/person, All Welcome, 50's & 60's Music

TUESDAY 3/19/19

9:30 PM: Coffee Time with Aroostook Autism Support Group, Tim Hortons, Presque Isle

12:30-5:30 PM: Blood Drive, K of C Hall, Fort Fairfield

5:30-6:30 PM: Limerick Contest, Share a Limerick & Enjoy Treat, Prizes for All Ages, Caribou Public Library

6-7:30 PM: Adoptive & Foster Families of Maine C.A.R.E.S. Meeting, Wesleyan Church, Presque Isle

6-8 PM: Winter Ag School: ABC's of Beekeeping, Madawaska HS Library, Reg 834-3905, Free

WEDNESDAY 3/20/19

10-11 AM: Acquired Brain Injury Support Group, Fish River Rural Health, Fort Kent

6 PM: Harlem Superstars Showtime Basketball, Presque Isle High School, \$10 at door

THURSDAY 3/21/19

9 AM-1 PM: 2019 Job Fair, NMCC Gymnasium, Presque Isle, over 70 Employers

6-10 PM: Acoustic Music by Joe King & Derek Carlow, Time Out Sports Bar, Presque Isle

6:30 PM: Travis Cyr, Live Music, Eureka Hall Tavern, Stockholm

6:30-8:30 PM: Sip & Paint with Caitlin Sanipass, Wintergreen Arts Center, Presque Isle, \$45/person, To Sign up Call 762-3576

FRIDAY 3/22/19

10 AM: SAGE Kick-Off Event, Multi-Purpose Room, UMPI, Presque Isle, FMI 768-9501

6-8 PM: Travis Cyr, Live Music, Copper's Lounge, The Northeastland Hotel, Presque Isle

6:30 PM: Health Bartley, Live Music, Downunder Sports Pub, Houlton

7:30 PM: When Particles Collide, Live Band, Eureka Hall Tavern, Stockholm

9 PM: 2019 Maine Comedy All Stars, The Warehouse Bar & Grill, Caribou, \$12/person, 21+

SATURDAY 3/23/19 Maine Maple Weekend

8 AM-5 PM: Acadia Marathon, 40 km/20 km Race, Four Seasons Trail, Madawaska

9 AM-5 PM: Spring Sportsman Show, Gentile Hall, UMPI, Presque Isle

9 AM-6 PM: Kiwanis Swing into Spring Showcase, The Forum, Presque Isle, Feat. Products by Local Businesses

10 AM-4 PM: Open House, The Maple Moose, Easton, Taffy, Fritters, Shrine Klowns, Sugarbush Tours, Kids Activities & more!

11 AM: Maine Maple Weekend, Northwoods Nectar, Eagle Lake, Sugar Bush Tours, Taffy, Gift Shop, Goodies

1-5 PM: Bradbury Maple Farms Open House, Bridgewater

4 PM: *Dollars for Dave*, Benefit for Dave Demerchant, Stone Ridge Event Center, Presque Isle, Live & Silent Auction

4-6 PM: Community Supper, American Legion, Eagle Lake

5 PM: Benefit Supper for Sue Cooper, Presque Isle Elks Lodge, Spaghetti Supper & Auction

7 PM: Little Miss & Miss Caribou Pageants, Caribou Performing Arts Center

7 PM: Travis Cyr Live Music, Inn of Acadia, Madawaska

7:30 PM: When Particles Collide, Live Band, Eureka Hall Tavern, Stockholm

8 PM: 2019 Maine Comedy All Stars, Big Rick's Burgers & Wings, Madawaska, \$12/person, 21+

9 PM: Wally & The Virginian, Live Band, The Time Out Sports Bar, Presque Isle

SUNDAY 3/24/19 Maine Maple Weekend

9 AM-5 PM: Spring Sportsman Show, Gentile Hall, UMPI, Presque Isle

10 AM-4 PM: Kiwanis Swing into Spring Showcase, The Forum, Presque Isle, Feat. Products by Local Businesses

10 AM-4 PM: Open House, The Maple Moose, Easton, Taffy, Fritters, Shrine Klowns, Sugarbush Tours, Kids Activities & more!



View our weekly sales flyer at
www.tweddieiga.com

Hillside



207 Main St.
Fort Fairfield
473-7942

Mars Hill



7 Market St.
Mars Hill
425-2411

Star City



247 Main St.
Presque Isle
762-5151

LIKE us on Facebook at
Star City IGA, Mars Hill IGA, Hillside IGA



THE NORTHERN LIGHTHOUSE INC.

Locations: Caribou, Presque Isle,
Mars Hill, Houlton & Waterville

Services: Individual / Family Therapy; Case Management;
Substance Use Treatment; Children's Residential Services;
Children's Skill Building; Adult Home & Community Supports;
Adult Community Integration Services; Outpatient Telehealth

Call for More Information: (207)540-1522

Website: www.tnlh.org

11 AM: Maine Maple Weekend, Northwoods Nectar, Eagle Lake, Sugar Bush Tours, Taffy, Gift Shop, Goodies

1-5 PM: Bradbury Maple Farms Open House, Bridgewater

2 PM: United Way of Aroostook Presents: *Northern Star Finale*, Caribou Performing Arts Center, \$10

TUESDAY 3/26/19

9 AM-4 PM: CUSHY Ice Fishing on Madawaska Lake, Transport from Caribou Rec Center, 18+, Reg Reg, see FB Page

5:30-8:30 PM: Supper/Meeting, Presque Isle Fish & Game Club

6 PM: Film Screening, *Intelligent Lives*, Community Living Association, Houlton

6-8 PM: Stories from our Hometown Heroes, Hansen Memorial Library, Mars Hill

7-9 PM: Diversity Dialogue w/Shay Stewart-Bouley, *Authentic Dialogue: Talking about Racism and How to Take a Stand Against Hate*, Multi-Purpose Room, UMPI, Presque Isle, FMI 768-9452

WEDNESDAY 3/27/19

4-5 PM: Middle School Book Club, 4-8th Grade, Caribou Public Library, *Hatchet* by Gary Paulson

6 PM: Taylor Reed Music, Weiden Auditorium, UMPI, Presque Isle

6:30-8 PM: Healing Circle, Shining Moon Whole Health Center, Presque Isle, Reiki Healing, FMI 227-9519

THURSDAY 3/28/19

9 AM-3 PM: Bombardier Snow Coach Ride, Caribou Rec Dept, \$30, Reg Required

10:30 AM: Family Storytime: Float or Sink?, Fort Fairfield Public Library

FRIDAY 3/29/19

4:30 PM: Classics Only Book Club, Caribou Public Library, *Middlemarch* by George Eliot

6 PM: Mother & Son Dance, Fort Kent Knights of Columbus Hall, \$5/person

7-9 PM: *Code Like A Mother*, Computer Programming Workshop for Women, HardScrabble Solutions, Presque Isle

7 PM: Travis Cyr, Live Music, Downunder Sport Pub, Houlton

8 PM: The Mallett Brothers Band, Live, Caribou Performing Arts Center

9 PM: Purple Ruger, Live Music, The Warehouse, Caribou

SATURDAY 3/30/19

10 AM-7 PM: Aroostook Shrine Club's First Annual Spring Basket Feztival, Shrine Club, Presque Isle

1 PM: Let's Talk About It Book Discussion: *Fly Rod Cosby* by Hunter & Shettleworth Jr., Fort Fairfield Public Library

1 PM: Voices From Heaven, Light & Love Readings, Jeannie Hopkins, Spiritual Medium, The Northeastland Hotel, PI

6 PM: Health Bartley, Live Music, Bigrock Mountain, Mars Hill

7 PM: 2019 Mini, Little, Junior, & Miss Presque Isle Pageant, Presque Isle High School

7 PM: Brad & Corey, Live Music, Downunder Sports Pub, Houlton

7:30 PM: Roots Rhythm & Dub, Live Music, Eureka Hall Tavern, Stockholm

8 PM: Star City Saints Motorcycle Club Ice Breaker Bash Feat. Wally & The Virginian, K of C Hall, Presque Isle \$15

8 PM: Travis Cyr, Live Music, Walkers Pub, Fort Kent

SUNDAY 3/31/19

10 AM-7 PM: Aroostook Shrine Club's First Annual Spring Basket Feztival, Shrine Club, Presque Isle

ONGOING:

Dec 14-Mar 22: Art Exhibit *See Us Now*, Akelely Gallery, Turner Memorial Library

Mar 2-5 PM: 2019 Can-Am Crown, Fort Kent, Saturday 9:10 AM start

POLARIS®
CHANDLER FARMS, INC.
1069 State Road
Mapleton, ME 04757
(207)764-5228

Maine Maple Sunday
March 23 & 24 **10 am to 4 pm**

Corn fritters w/maple syrup
Taffy on snow
28 Bowers Road
Easton, ME
207-488-6824
themaple Moose .com


The Maple Moose
Pure Maine Maple Syrup

Maple cotton candy
Maple products & confections
Sugarbush tours
Maple funnel fingers
Cold-brewed maple coffee
Kids activities
Door prize

Mar 16 & 23, 2-5 PM: Intro to Computers Class Series, Caribou Public Library, Reg Required

Mar 19-21, 7-8 PM: Photography Workshop with Chris Carroll, PI Rec Center, \$35/person, See FB to Register

Mar 28-Apr 2: U.S. Ski & Snowboard Super Tour Finals, Nordic Heritage Sport Club, PI, Race, Spectate or Volunteer!

MONDAYS

9 AM: Latin Class, Turner Memorial Library

9-10:30 AM (Mar 11-25): Senior Class-Medication Safety w/Charles Ouellette, Fort Kent Senior Ctr, Reg 834-3536

3-3:30 PM: Story Time, All Ages! Caribou Public Library

3-5 pm: Free Substance Abuse Support Group, Life By Design, Presque Isle, FMI 764-6825

TUESDAYS

9 AM-3 PM: AARP Tax Aide Opportunity, Walk Ins Only, Caribou VFW, For Low Income & Senior Taxpayers

10 am: Baby Story Time, Turner Memorial Library, Presque Isle

10:30-11 am: *Mother Goose Story Time*, (Ages 0-2), Caribou Public Library, Stories, Songs, & Fingerplays

12:30-2 PM (Jan 29-Mar 5): Greif Support Group, AR Gould Hospital, Presque Isle, Call 764-9413 to Reg

5:30-6:30 PM: BREATHE Writer's Group, Caribou Public Library

6 pm: Trivia Night, The Warehouse, Caribou

WEDNESDAYS

9:30 AM-12:30 PM: Quilting Club, Alternative Learning Center Quilting Lab, 79 Blake St., Presque Isle, \$3 Fee

10 AM: Toddler Story Time, Turner Memorial Library, Presque Isle

10:30-11 AM: Preschool Story Time, Ages 2-5, Caribou Public Library

1 PM: Four Seasons Trail Association Walking Group, Four Seasons Lodge, Madawaska, FMI 728-7047

6-7:30 PM (Jan 30-Mar 6): Greif Support Group, AR Gould Hospital, Presque Isle, Call 764-9413 to Reg

6-8 PM (Mar 13-Apr 24): Senior Class-Line Dancing w/the Harveys, Fort Kent Senior Center, Reg 834-3536

7 PM: Smart Recovery Meetings, support for substance use struggle, Your Party Place, Houlton

THURSDAYS

9 AM-3 PM: AARP Tax Aide Opportunity, Walk Ins Only, Caribou VFW, For Low Income & Senior Taxpayers

9:30-10:30 PM, (Mar 7-28): Homeschool Class, US Geography, State St. Baptist Church, Presque Isle

11 AM-12 PM (Feb & Mar): Homeschool Gym Class, Beginner's Basketball, K-12, \$1.50/class, Community Center, PI

3:30-7 PM (Mar 7 & 21): Play Dungeons & Dragons, Caribou Public Library, Ages 13+, No Experience Necessary

5:30-7 PM (Mar 14 & 28): Handcrafts Club, Caribou Library, No Experience Necessary, Materials Provided


RATHBUN
LUMBER
COMPANY
764 - 4444
43 State Street, Presque Isle ME
www.rathbunlumber.com


THE BRADEN THEATER
408 Main St. Presque Isle 768-5500


Swanson Law
P.A.
PRESQUE ISLE LAW OFFICE
www.swansonlawpa.com
(207)768-5800


PAT'S PIZZA
PRESQUE ISLE
North Street Plaza
764-0367
-Food & Spirits-

6-7:30 PM (Mar 14-28): Senior Class-American Sign Language w/ Beth King, UMFK Nadeau Hall, Reg 834-3536

6:30-8:30 PM (Mar-Apr 25): Community Coffeehouse & Open Mic Night, Owl's Nest, Campus Center, UMPI, PI

7 pm: Heath Bartley, Live Music, The Warehouse Bar & Grill, Caribou

7 pm: Karaoke Night, Access 89 Bar & Grill, Caribou

7-9 PM: Adult Basketball, Presque Isle Middle School, Drop In Fee \$5, FMI 764-4776

FRIDAYS

930-11 am: Mini Open Studio, Wintergreen Arts Center, Presque Isle, Ages 1-5 with caregivers, \$5/child

5-7 PM (Mar 15-Apr 19): Fish Fryday, K of C Hall, Presque Isle, Fish Dinner during Fridays in Lent

SATURDAYS

9 AM-3 PM: AARP Tax Aide Opportunity, Walk Ins Only, Caribou VFW, For Low Income & Senior Taxpayers

10 AM-12 PM: Youth Ski Program, Nordic Heritage Sport Club, PI, Ages 14 & under, under 6 joined by parent

12-2 PM: Jalbert Ski Program, Fees Waived for Youth Ages 4-14, Fort Kent Outdoor Center

12-4 PM: *The Trotting Park* Exhibit, Caribou Historical Center

1 PM: Family Story Time, Turner Memorial Library, Presque Isle

1 PM: Four Seasons Trail Association Walking Group, Four Seasons Lodge, Madawaska, FMI 728-7047

1-2 PM (Dec 29-Mar 9): Youth Skiing Program, Four Seasons Lodge, Madawaska, FMI www.fourseasonstrail.org

SUNDAYS

10 am-Noon: County Strides Running Group, Various Locations in Presque Isle, See FB FMI

6-8 PM (Until Mar 24th): Bible Fellowship, Manaus Books & Coffeeshop, Limetsone, FMI 325-6146

FEATURED ARTIST

Jacky Poulin

Watercolor, Ceramic, Mixed Media Artist & Art Therapist

Written by Shelby Pelletier



Jacky Poulin is an Artist and Art Therapist who lives and works in Aroostook County. She creates watercolor imagery and ceramic work that capture organic forms found in nature using crisp lines and fluid movement. She finds that creating is an excellent way to destress and feel grounded in a today's busy world and works as an art therapist to help others discover the benefit of artmaking for their mental health.

Jacky began creating art as a young child, drawing and using acrylic paint. When she was in her senior year of high school, she took a watercolor class and got hooked. She then attended UMPI in 2008, studying art and behavioral science, and took several watercolor classes. It was during these classes that Jacky learned to watercolor using her signature style, a wet on wet technique, which involves wetting her paper first before adding paint. The wet area on the paper pulls at the paint in a mesmerizing way, creating beautifully flowing imagery that is unable to be accomplished when using acrylic or oil paint. Jacky said that she was immediately drawn to the fluidity of the paint. "The organic flow

and form is important to me". She enjoys that the finished product, although intentional while creating, often *looks* unintentional.

But watercolor wasn't the only medium that Jacky explored during her time at UMPI. She took a class from the university's talented ceramics professor Hyrum Benson. This class sparked her love of making pottery on a pottery wheel, a difficult skill to learn and master. Jacky has featured pottery items, ranging from cups and bowls to teapots and planters, during local art exhibits around Aroostook county, including "empty bowls" a fundraiser to fight hunger, held annually in Presque Isle.

As an Art Therapist Jacky understands and appreciates the therapeutic power that artmaking holds. "It makes me feel centered." When painting with watercolor, you learn how to be comfortable with letting go and allowing the paint to do what it wants. You also practice relaxing and having patience with the process. It is calming and grounding because you have to stay in the moment. Jacky finds that art making, and specifically watercolor painting, is helpful for reducing anxiety and stress.

Jacky aspires to share her love of watercolor and ceramics to community members. She is actively involved in the local art community, and has participated in many art events, including the recent "Art Battle" that took place at Wintergreen Arts Center, in November of 2019. She regularly uploads her new watercolor work to her facebook page, **JP Watercolor** and currently has pottery on display at Deep In the Woods Gift Shop, in Oxbow. Jacky works as an Art Therapist at The Northern Lighthouse, a mental health agency in Caribou. If interested in learning more about Art Therapy, you can call The Northern Lighthouse at 492-2009 for more information.

Installations Unlimited
207-227-7231
Northern Maine's One Stop Insulation Source
Rebates Are Available
BUDDY COLLINS
SPRAYFOAM INSULATION

CENTRAL AROOSTOOK
CHAMBER
of COMMERCE

Sleepy Hollow Storage, Inc.
"An Extra Closet!"
207-764-0585

Trivia Answers: 1. b 2. 250 miles 3. a 4. Five 5. b

TheAroostookCommon.com

Subscribe for Free! Contact us at theoostookcommon@gmail.com

*While every effort is made to ensure the accuracy of this publication, The Aroostook Common does not take responsibility for changes in event information listed herein.