# The Aroostook Common

# A Guide to Happenings in Aroostook County

OCTOBER 2019

## **TUESDAY** 10/1/19

9 AM-3 PM: Flu Vaccine Clinic for Veterans, Northern Maine Vet Center, Caribou, FMI 496-3900

9:30 AM-12 PM: Living Well with Diabetes, Aroostook Agency on Aging, Presque Isle

12-1 PM: Author Bruce Coffin Book Signing Author of Mystery Series, Edmunds Library, NMCC, Presque Isle

6-8 PM: Stargazing, Hike & View the Stars with Karl Kornchuck, Nordic Heritage Sport Club, Presque Isle

6-8 PM: Author Bruce Coffin Book Signing Author of Mystery Series, Turner Memorial Library, Presque Isle

7 PM: The Basics of Balanced Eating, Too Far North Fitness, Fort Kent, Free to Public!

## **WEDNESDAY** 10/2/19

8 AM: E-Sports League Signup, Extreme Gaming, Houlton, See FB Page FMI and to Sign Up

7:30-9 AM: Public Feedback Session on Earned Time Off Bill, Café Sorpreso, Presque Isle, \$12, RSVP 764-6561

9 AM-3 PM: Flu Vaccine Clinic for Veterans, Northern Maine Vet Center, Caribou, FMI 496-3900

2-4 PM: Maine State Plan on Aging, Office of Aging & Disability wants to hear input! Ashland Rec Ctr, 287-9200

6 PM: Alzheimer's Dementia Support Group, Northern Maine Medical Center, Fort Kent

6 PM: Aroostook Autism Support Group Meeting w/ Presenter Robin Levesque, Northern Light Hospital, PI

6 PM: Girl Scouts New Member Sign-Up, Mapleton United Methodist

6-8 PM: Book Club Discussion, Ayesha At Last by Uzma Jalalu, Turner Memorial Library, Presque Isle

### **THURSDAY** 10/3/19

9-11 AM: Medicare 101, Aroostook Agency on Aging, Presque Isle

1:30-3 PM: Dementia Support Group for Caregivers & Loved Ones, Presque Isle Nursing Home

5:30 PM: Essential Oils for Pets Class, Caribou Public Library

6-8 PM: Light it Up Houlton, Awareness Walk for Domestic Violence, Rec Dept Houlton

6:30 PM: Free Meal Prep Class, Labels LLC, Fort Kent

6:30 PM: Travis Cyr, Live Music, Eureka Hall Tavern, Stockholm

## FRIDAY 10/4/19

12-1:30 PM: WUPI Celebrates College Radio Day, UMPI Owls Nest, Presque Isle, Drinks & Desserts

4-7 PM: Harry Potter Movie Matinee, Frost Memorial Library, Limestone

4:30 PM: Benjamin's Circus, Caribou Rec Center, See FB Page for Ticket Pricing

**5 PM:** Bigelow Brewing Tap Takeover, Crossings, Fort Kent

5-7 PM: Aroostook RSVP Chicken Stew Dinner & Auction, Music by The Mudskippahs, KofC Hall, PI, \$8, 760-6260

#### 5-8 PM: FIRST FRIDAY ART WALK, Downtown Presque Isle

- 5-7 PM: Let the Objects Speak, Artwork by Sandra Huck, Reed Gallery, UMPI
- 6-8 PM: Community HeARTS, A Silent Art Auction, Wintergreen Arts Center, Live Music by Janice Santos
- 6-8 PM: Artwork by The Aroostook Partners in the Arts, Silent Auction Fundraiser, Live Pianist & Refreshments, The Common Gallery







UCU.MAINE.EDU | 800.696.8628

Federally Insured by NCUA



PRESQUE ISLE LAW OFFICE

www.swansonlawpa.com (207)768-5800



Seniors/Domestics Home Care Agency

> 1-800-817-3328 (207)764-5232

Caring & Compassionate Individuals (CNA/PSS) Apply In-Person or Call for More Information

31 Maple St. Presque Isle, ME 04769



764 - 4444

43 State Street, Presque Isle ME www.rathbunlumber.com





408 Main St. Presque Isle 768-5500



PRESQUE ISLE

North Street Plaza

764-0367

-Food & Spirits-



Creating Healthier Communities





800-858-2279 • 498-3111 www.carymedicalcenter.org

- 6-8 PM: A View of Maine, Paintings by Julie Nadeau, Akeley Gallery, Turner Memorial Library
- 6-8 PM: White on White, Paintings by Filomena Irving, Glass Gallery, Turner Memorial Library
- 5-9 PM: "Escape Room" 30 mins to try and escape, Nordic Heritage Sport Club, Presque Isle, \$5
- 6 PM: Weekly Cornhole for MCCP, Houlton Elks Lodge, \$5
- 6-9 PM: Haunted Woods Walk, Nordic Heritage Sport Club, Presque Isle, \$5/person, recommended for 13 & up
- 6:30 PM: Travis Cyr, Live Music, Downunder Sports Pub, Houlton
- 7-10 PM: Will Bradford of SeepeopleS with Sparxsea, Live Music, Eureka Hall Tavern, Stockholm

## **SATURDAY** 10/5/19

- 7 AM-7 PM: McDonalds is donating a percentage of sales today to NMMC Guild, McDonalds, Fort Kent
- **7 AM:** Veteran's Breakfast, Fort Kent American Legion
- 8 AM: Fall Mini Sessions, 20 Min Photo Shoot, \$95, Morgan Lynn Portraits LLC, Houlton, See FB to Sign Up
- 8:30 AM-1 PM: Presque Isle Farmer's Market, Last Market of the Season!
- 9 AM-3 PM: Fall Mini Photo Sessions with Damie Ann Photography, Mars Hill, See FB Page to Sign Up
- 10 AM: Free Clothing Giveaway, The Church on the Hill, Houlton
- 10 AM: Aroostook Apple Day, The Cup Café, Houlton, Apple Tasting, Cider Pressing, Workshops, & More!
- 10 AM-1 PM: Open House, Presque Isle Fire Department, Games, Demos, Safety Info & More!
- 10 AM-1 PM: Sip & Solder Spoooks, Stained Glass Workshop, Glass with Class, Presque Isle, \$40, Sign Up/FB Page
- 10 AM-1 PM: Community Health Fair, Presque Isle Inn & Convention Center, Free Adult Flu Shots
- 10 AM-2 PM: Caribou Airport Fall Foliage Flying Event, 8 & under \$10, all others \$20, Food, Flying & Fun!
- 1-2 PM: Blessing of The Animals, St. Mary's Church, Parking Lot, Houlton, All Leashed/Restrained Welcome
- 2 2 1 W. Blessing of the Animals, st. Mary's charlen, ranking Lot, Houton, An Leasted Restrained Welcome
- **1-4 PM:** Fall Foliage Tours aboard Molly the Trolley, Departs Historic Fire Station, Presque Isle, \$10, RSVP 762-1151
- **2-6 PM:** Aroostook County Brew & Wine Festival, Shrine Club, Presque Isle, aroostookcountybrewfestival.com Featuring Live Music by Heath Bartley, Travis Cyr, & Charles Ouellette, General Admission \$35, 21+
- 2:30 PM: Star City Syndicate Sensory Friendly Performance Presented by AASG, Presque Isle MS Gym, Reg Reg FB
- 4:30 PM: Benjamins Circus, Millar Arena, Houlton, See FB for Pricing & Tickets
- 5 PM: International Observe the Mood Night, Fort Fairfield Public Library
- 5-9 PM: "Escape Room" 30 mins to try and escape, Nordic Heritage Sport Club, Presque Isle, \$5
- 6-9 PM: Haunted Woods Walk, Nordic Heritage Sport Club, Presque Isle, \$5/person, recommended for 13 & up
- 7-10 PM: Luke & Will Mallett, Live at Eureka Hall Restaurant, Stockholm, \$20, Travis Cyr will Open at 7 PM

## **SUNDAY** 10/6/19

- 8:30 AM: Diving Deep Into the Details of Yoga, Suite 7 Yoga & Ayurveda, Houlton, \$75
- 8:30 AM: Big Rock Youth Ski Team Volunteer Day, Mars Hill
- 11 AM-1 PM: Chicken Stew by Verna, Grand Isle Community Center, Hosted by ATV Club, \$8, FMI 227-1177
- 1-4 PM: Fall Foliage Tours aboard Molly the Trolley, Departs Historic Fire Station, Presque Isle, \$10, RSVP 762-1151
- 4:30-6 PM: Annual Harvest Supper, Sacred Heart Church Hall, Caribou, \$10/adult, \$5/child, FMI 498-8988

# **MONDAY** 10/7/19

9:30 PM: Aroostook Agency on Aging 2019 Annual Meeting, Caribou Inn & Convention Center, \$5, RSVP 764-3396

# **TUESDAY** 10/8/19

- 12 PM: A Family for ME, Become a foster parent info meeting, 9 Hillcrest Ave, Presque Isle, FMI 232-3972
- 1-3 PM: Houlton MS Support Group Meeting, Houlton Regional Hospital, FMI 5388498
- 4-6 PM: Teen Coding Class, Caribou Public Library, 6 week course, \$30, Call Library to Reg

5-7 PM: Make & Take Halloween Craft Workshop, Bella Vita Salon, Presque Isle, Wine & Crafting! \$30, RSVP

**6 PM:** Northern Lights Painting Workshop, Big Rick's Burgers & Wings, Madawaska, RSVP 316-3332, \$35

6 PM: Spaghetti Dinner & Informational Meeting, Houlton Assembly International Order of the Rainbow for Girls

**7 PM:** Candidate Forum, Fort Fairfield Council Positions, See FB Page FMI

## **WEDNESDAY** 10/9/19

**5 PM:** Flying Into Fall w/ Education, Boys & Girls Club, Presque Isle

6 PM: Public Discussion about Full Time Fire Protection/EMS in Fort Fairfield, Town Hall

6:30 PM: Compassionate Friends Support Group for those who have lost a child, Houlton Hospital, FMI 532-4863

#### **THURSDAY** 10/10/19

10:30 AM: Family Story Time: Bears! Fort Fairfield Public Library, Ages 0-5 & Caregivers

2-3:30 PM: 911 Community Awareness Program, Tribal Council Chambers, Presque Isle

6 PM: Fall Flowers Painting Workshop, Big Rick's Burgers & Wings, Madawaska, RSVP 316-3332

**7 PM:** Travis Cyr, Liv Music, Crossings, Fort Kent

## FRIDAY 10/11/19

8:30 AM-3:30 PM: OSHA Recordkeeping, Presque Isle Career Center

12-2:30 PM: Walk it Up Hosted By Hope & Justice Project, Domestic Violence Awareness, Presque Isle Library

6:30 PM: Brad Hutchinson, Live Music, The Downunder Sports Pub, Houlton

7 PM: Jerry T & Dee Duo, Live Music, Inn of Acadia, Madawaska

7 PM: French Toast, Live Band, UMFK Sports Center, \$10/person

## **SATURDAY** 10/12/19

9 AM-4 PM: Mapleton Daze Annual Fall Craft & Vendor Fair, Mapleton Lions Club

10 AM: Savvy Caregiver Training, CARY Medical Center, Caribou, FMI 760-6251

10 AM: Annual Harvest Festival & Public Auction, Houlton Christian Academy, Auction begins at 11 am

10 AM-1 PM: Spooks 2! Stained Glass Workshop, Glass with Class, Presque Isle, \$40, Sign Up/FB Page

10 AM-1 PM: Halloween Storytime with Grandfriends, Caribou Rehab & Nursing Home, Bring Kids in Costume!

10 AM-3 PM: Autumn Craft Show, Frost Memorial Library, Limestone

10:30 AM: 2<sup>nd</sup> Saturday Craft Club, Caribou Public Library

11 AM-1 PM: Autumn Sale, Food & Crafts, Gustaf Adolf Lutheran Church, New Sweden

1-2:30 PM: AR Girls Community Showcase, Wintergreen Arts Center, Presque Isle

1-4 PM: Fall Foliage Tours aboard Molly the Trolley, Departs Historic Fire Station, Presque Isle, \$10, RSVP 762-1151

5:30 PM: Karaoke Night, American Legion, Fort Kent, \$2 donation, Hot Dogs, Hamburgers, Fries for Sale

6 PM: Presque Isle Kiwanis Club & Rotary Hosts Gala & Auction, UMPI Campus Center, \$60/person, 540-6051

**7 PM:** Brad & Cory, Live Music, The Downunder Sports Pub, Houlton

9 PM: RoxxU, Live Band, Access 89 Bar & Grill, Caribou

9 PM: DJ Jake Ball-Club Music Night, Time Out Sports Bar, Presque Isle, 21+

# **SUNDAY** 10/13/19

9 AM-3 PM: Collectibles Buy-Sell Show, Presque Isle Inn & Convention Center, Admission \$1

# MONDAY 10/14/19 COLUMBUS DAY

**1 PM:** William Dalton Historical Society Meeting, Ashland Library, New Members Welcome!

**6-7 PM:** Friends of Aroostook National Wildlife Refuge Meeting, Refuge Rd. Limestone, FMI 328-4634

**TUESDAY** 10/15/19

- **6 AM:** Scrambles Diner Grand Opening, Van Buren
- 1-2:30 PM: Caregivers Support Group Meeting, Gray Memorial United Methodist Church, Caribou, FMI 498-1112
- 1-3 PM: Medicare Part D Open Enrollment, NMMC Pharmacy, Madawaska
- 6-7:30 PM: Adoptive & Foster Families of Maine C.A.R.E.S. Meeting, Framework Church(PI Wesleyan) Presque Isle

## **WEDNESDAY** 10/16/19

- 10-11 AM: Acquired Brain Injury Support Group, Bolduc Ave Health Center, Fort Kent
- 6 PM: Night Sky Viewing, Caribou Public Library, Use Telescope to look at the autumn sky!

### **THURSDAY** 10/17/19

- **5 PM:** Author Ed Rice presents Louis Sockalexis, Caribou Public Library
- 6-7:30 PM: History & Expansion of Northern Maine Medical Center, Fox Auditorium, Fort Kent, FMI 834-3556
- **6:30 PM:** Van Buren Genealogy Club Meeting, Morneault Memorial Library
- 6:30 PM: Travis Cyr, Live Music, Eureka Hall Tavern, Stockholm
- 8:30 PM: Comedian Bob Marley, Northeastland Hotel, Presque Isle, Tickets bmarley.com

## FRIDAY 10/18/19

- 9 AM-5 PM: Adult Mental Health First Aid Training for Public Safety Personnel, Houlton Police Dept, FMI 622-5767
- 9:30 AM: The Savvy Caregiver, Program for caregivers of someone with dementia, Houlton Reg Hospital
- **5 PM:** Grand Opening Celebration! Bastions Tavern, Houlton
- 6 PM: Youth Group Kick-Off, Houlton Full Gospel COG, Blacklight Dodgeball, Food, Prizes, & More! Ages 9 & up
- 6-7:30 PM: Lilly's House Annual Bowling Tournament, Northern Lames Bowling Alley, Presque Isle
- **6-8 PM:** Pizza & Art for Teens & Tweens-Sugar Skulls, \$20/person, Wintergreen Arts Center, Presque Isle, 762-3576
- **6-8 PM:** Travis Cyr, Live Music, Coppers Lounge, The Northeastland Hotel, Presque Isle
- 6-8:30 PM: Haunted Lantern Tours, Departs Historic Fire Station, Presque Isle, Walking/Trolley, \$5, RSVP 762-1151
- **7 PM:** Heavenly Bandstand, Live Show by PI Community Players, Wieden Auditorium, Presque Isle, \$10
- **7-8:30 PM:** Comedian Bob Marley, Northeastland Hotel, Presque Isle, Tickets bmarley.com
- 8 PM: Colin Fowlie, Live Music, Inn of Acadia, Madawaska

## **SATURDAY** 10/19/19

- 8 AM: Fall Mini's (Family Photo Shoots) M-Credible Memories, Washburn Boating Dock, See FB to Reg, \$25
- **9-11 AM:** Remember the Responder 5K Run & Walk, Mantle Lake Park, Presque Isle
- 10 AM-1 PM: Kids Halloween Party, Presque Isle Middle School Gym, Games, Face Painting, Cake Walk, More!
- 10 AM-1 PM: Fundraising Christmas Stained Glass Workshop, Glass with Class, Presque Isle, Sign up on FB Page
- 10 AM-4 PM: Caribou Arts & Crafts Fair, Caribou High School Cafeteria
- 11 AM-12:30 PM: Mad Hatter Tea Party, Caribou Public Library, Reg Required
- 11 AM-3 PM: Fort Fairfield Fire Department Open House, Games, Prizes, Lunch, Free for the Whole Family!
- 1 PM: Voices from Heaven, The Northeastland Hotel, Presque Isle, Medium Experience
- **2-5 PM:** Autumn Stained Glass Workshop, Glass with Class, Presque Isle, \$40, To Sign Up See FB Page
- **3:30 PM:** Author Event: Emma G. Rose, Bogan Books, Fort Kent
- **4-7 PM:** Spaghetti Dinner & Auction for Recovery Aroostook, Chan Center, CARY Medical Center, Caribou
- **5-6:30 PM:** Baked Bean Supper, Grant Memorial Methodist Church, Presque Isle
- **5-7 PM:** Fort Fairfield Rotary: Spaghetti Dinner Fundraiser, \$8/person, K of C Hall, Fort Fairfield
- **6-9 PM:** 10<sup>th</sup> Annual Toast to the Animals, Presque Isle Inn & Convention Center, Live Music by Heath Bartley, \$15
- 6-8:30 PM: Haunted Lantern Tours, Departs Historic Fire Station, Presque Isle, Walking/Trolley, \$5, RSVP 762-1151

- 7 PM: Heavenly Bandstand, Live Show by PI Community Players, Wieden Auditorium, Presque Isle, \$10
- 7 PM: Adam Nadeau, Live Music, First Mile Brewing Company, Fort Kent
- 7 PM: Colin Fowlie, live Music, Timberwolves BBQ, Mars Hill
- 9 PM: DJ Jake Ball-Club Music Night, Tiki Lounge, Caribou, 21+

## **SUNDAY** 10/20/19

- 10 AM-4 PM: Caribou Arts & Crafts Fair, Caribou High School Cafeteria
- 2-4 PM: The Mudskippahs host Open Mic, The Coyote Club, Monticello

## MONDAY 10/21/19

- **9 AM:** Coffee with Seniors & Senate President Jackson, Caribou Public Library, Discuss Issues Unique to Seniors
- 10 AM-2 PM: What Your Family Needs to Know w/Mark Roy Aroostook Elder Law, CARY Medical Center, Caribou

#### **TUESDAY** 10/22/19

6-7:30 PM: Aroostook Roller Derby Newbie Recruitment, Melody Roller Rink, Caribou

## **WEDNESDAY** 10/23/19

- 3-6 PM: Veteran's Appreciation Art Event, Northern Maine Vet Center, Caribou, FMI 496-3900
- 4 PM: Teen Book Club, Ranger's Apprentice by Flanagan & Felix Yz by Bunker, Caribou Public Library
- 4:30 PM: Community Dinner/Parent Conversation, Boys & Girls Club of Presque Isle
- **6-8 PM:** Presque Isle Writers Group, Turner Memorial Library, Presque Isle, May bring Sample of work to share
- 6 PM: Community Forum: The Vaping Epidemic & Today's Youth, Caribou Performing Arts Center

## **THURSDAY** 10/24/19

- **10-11 AM:** The Art of Gratitude A Strengths Based Approach to TBI Recovery, Northern Light Hospital, PI, 496-3900
- **6-8 PM:** Caribou City Council Candidate Forum, Candidates will be avail for meet & greet after, Council Chambers
- **7 PM:** Travis Cyr, Live Music, Crossings, Fort Kent
- 7:30 PM: Shakespeare's Romeo & Juliet Live Performance, Musee Culturel Du Mont Carmel, Lille, Free!

#### FRIDAY 10/25/19

- 10-11 AM: The Art of Gratitude A Strengths Based Approach to TBI Recovery, Northern Light Hospital, PI, 496-3900
- 4:30 PM: Classics Book Club Northanger Abbey by Austin & Mystery & Imagination by Poe, Caribou Public Library
- 6-8 PM: Monster Mash Family Costume Dance 2019, Presque Isle Rec Center, \$10/family
- **6:30-10 PM:** Heath Bartley, Live Music, Downunder Sports Pub, Houlton
- 7 PM: Heavenly Bandstand, Live Show by PI Community Players, Wieden Auditorium, Presque Isle, \$10
- 7:30 PM: Goldenoak, Live Music, Eureka Hall Tavern, Stockholm

#### **SATURDAY** 10/26/19

- 5:30 AM-9 PM: Annual Youth Day Hunter's Breakfast & Gun Raffle, Fort Fairfield Fish & Game Club, \$8/\$5 youth
- 8-11 AM: Make A Difference Day Coat Drive & Distribution, American Legion, Madawaska, Pick up 1-4 PM, Free
- 9 AM: Reiki Second Degree Certification, Presque Isle Inn & Convention Center, See FB Page to Sign Up
- **9 AM-3 PM:** Farmers Festival Market, Micmac Farms, Presque Isle Rd, Caribou
- 4-6 PM: Easton Harvest Party, Easton Elementary School, Fun & Games, Bounce House, Cake Walk & more!!
- 6 PM: Ashland Rec Halloween Party 2019, Games, Music, Haunted House & More!
- 6 PM: Halloween Party, First Mile Brewing Company, Fort Kent, Best Costume Prize
- 6-8 PM: Ashland Rec Halloween Party 2019,
- 7 PM: Heavenly Bandstand, Live Show by PI Community Players, Wieden Auditorium, Presque Isle, \$10
- 8-11 PM: NMPPA Witches Ball, Field Lane Complex, Fort Fairfield, 16+, \$5, Music, Vendors, & New Year Ritual!

9 PM: Travis Cyr, Live Music, Inn of Acadia, Madawaska

9 PM: DJ Jake Ball-Halloween Dance Party, Time Out Sports Bar, Presque Isle, 21+

## **SUNDAY** 10/27/19

3-4 PM: Galaxy Storytime & Slime Making, Caribou Public Library, Reg Required

4 PM: Suicide PAIR\* Training, Transformation Ministries Inc. Presque Isle, See FB FMI & Reg

6-8 PM: Roosevelt Day at the Museum, Maysville Museum, Caribou Rd., Presque Isle, \$10, FMI 762-1151

## MONDAY 10/28/19

10 AM: UMPI Open House for Prospective Students, Presque Isle, Reservation Required 768-9532

5:30 PM: Civil Discourse Club, Caribou Public Library, Should Trump Be Impeached?

## **TUESDAY** 10/29/19

3-4 PM: NASA Live Space Station Talk-Back with Jessica Meir, Caribou Public Library

5:30 PM: Monthly Club Dinner Meeting, Presque Isle Fish & Game Club

6 PM: UMW Harvest Supper, Grant Memorial United Methodist Church, Presque Isle, Chicken Pie & Fixin's, \$10

6-8 PM: Stories From Our Hometown Heroes, Hansen Memorial Library, Mars Hill

## WEDNESDAY 10/30/19

3 PM: 2019 Regional Meeting: Info Re Maine's Adult Mental Health Consent Decree, Caribou Public Library

#### THURSDAY 10/31/19 HALLOWEEN

5:30-7:30 PM: Big Top Bash, Halloween Alternative Party, Free, Framework Church (PI Wesleyan), Presque Isle

7-9 PM: Haunted Hearse Tour, Departs Historic Fire Station, Presque Isle, \$10, RSVP 762-1151

## **ONGOING:**

June-Oct, Mon-Sat, 10 AM-2 PM: Exhibit by PI Historical Society, Quilts: The Fabric of Life, Maysville Museum, Presque Isle

Sept 30-Nov 8: Acadian Archives to Host Art Exhibit by the later Peter Archambault, Fox Auditorium, Fort Kent, FMI 834-7535

Sept 12-Oct 17, 2-4 PM: Savvy Caregiver, Dementia Care, Northern Maine Community College, Presque Isle, Sign Up 760-6251

Oct 4 & 5: Strengthen Your Connection Marriage Conference, Agape Christian Fellowship, Fort Kent, \$50/couple, FB to Reg

Oct 4-6: 2019 Insurance Association of Greater Houlton Maine Council Weekend, Caribou Inn & Convention Center

Oct 7-11, 1-3 PM: KidzCode, Grades 3-8, Hansen Memorial Library, Mars Hill, \$25, FMI & Sign Up 429-9625

Oct 23-26: The Birth of a Movement Stonewall 50 Exhibit, Caribou Public Library

#### MONDAYS

9:30 AM-2:30 PM: Let's Play Bridge on Monday's, Café Sorpreso, Presque Isle, Full Lunch Served, \$10, 762-0687 to RSVP

3-3:30 PM (1st & 3rd Monday): Story Time for All Ages Caribou Public Library

3-5 pm: Free Substance Abuse Support Group, Life By Design, Presque Isle, FMI 764-6825

5:30 PM: Craft Club, Hansen Memorial Library, Mars Hill, Bring a craft to work on

6 PM: Group Mountain Bike Ride, Nordic Heritage Sport Club, Presque Isle, FMI 694-5222

6-7:30 PM: Smart Recovery Meetings, Roads to Recovery Center, Caribou

#### TUESDAYS

9 AM: Toddler Time, Story & Craft, Hansen Memorial Library, Mars Hill

9-11 AM: Living Well for Better Health, A Disease Self-Management Program, Washburn Rec Center, FMI 498-1361

9 AM-12 PM: Job Corps Informational Session, Presque Isle Career Center, Presque Isle

10 AM: Baby Story Time, Turner Memorial Library, Presque Isle

10 AM (Oct 1 & 15): Toddler Story Time, Washburn Memorial Library, Ages 0-5 & Caregivers

1-1:30 PM: Mother Goose Story Time, (Ages 0-2), Caribou Public Library, Stories, Songs, & Fingerplays

1-3 PM: Health Education Outreach, NMMC Pharmacy, Madawaska, All Classes are free! Drop in's welcome

5:30 PM: Group Road Bike Ride, Starts at S.W. Collins, Caribou, FMI 551-7027

5:30-6:30 PM: BREATHE Writer's Group, Caribou Public Library

6 PM: Group Mountain Bike Ride, Nordic Heritage Sport Club, Presque Isle, FMI 694-5222

6 PM: Celebrate Recovery, Military St. Baptist Church, Houlton, For those struggling with addiction, FMI 532-2783

6 PM: Trivia Night, The Warehouse, Caribou

6-8 PM (Sept 3-Oct 15): Parenting 101: Understanding Your Child, Turner Memorial Library, Presque Isle, FMI 551-5502

6-8 PM: The Knitting Studio, Washburn Library, Everyone welcome-Learn how to knit! Bring current projects!

#### WEDNESDAYS

9:30 AM-12 PM (Sept 4-Oct 16): Living Well for Better Health, Aroostook Agency on Aging, Presque Isle, open to public

10 AM: Toddler Story Time, Turner Memorial Library, Presque isle

1-2 PM: Preschool Paly Date, Ages 2-5, Caribou Public Library

1 PM: Four Seasons Trail Association Walking Group, Four Seasons Lodge, Madawaska, FMI 728-7047

3-4 PM: Story & Craft Time for Children, Cary Library, Houlton, FMI 532-1302

4 PM: Trivia Night, First Mile Brewing Company, Fort Kent

5:15-6:15 PM: Talking Teens, Discussion Group for Teens ages 12-18, Boys & Girls Club, Presque Isle

**6-7:30 PM:** Women's Trail Night, Nordic Heritage Sport Club, Presque Isle **7 AM:** Karaoke/Open Mic Night (Every other Wed), Crossings, Fort Kent

#### **THURSDAYS**

10-11 AM (2<sup>nd</sup> & 4<sup>th</sup> Thursday of Month): Brain Injury Support Group, Northern Light Hospital, Presque Isle,

5-7 PM (Oct 10 & 24): Handcrafters Club, Crochet, Knitting, & More! Caribou Public Library

6:30 PM (1st & 3rd Thursday of Month): Book Club, Hansen Memorial Library, Mars Hill

7 pm: Heath Bartley & Friends, Live Musician, The Warehouse Bar & Grill, Caribou

7 pm: Karaoke Night, Access 89 Bar & Grill, Caribou

7-9:30 PM: Aroostook Sky Hosts Open Mic, UMPI Owl's Nest, Presque Isle

#### FRIDAYS

9-11 AM (Through Oct 4): 1-2-3 Magic, Parenting Class, Turner Memorial Library, Presque Isle

9-11 AM (Sept 13-Oct 25): A Matter of Balance, Mapleton Lions Club, Exercises for Strength & Balance, FMI 760-6258

930-11 am: Mini Open Studio, Wintergreen Arts Center, Presque Isle, Ages 1-5 with caregivers, \$5/child

4-7 PM(Aug 30-Oct 4): Harry Potter Movie Marathon, Frost Memorial Library, Limestone

4:30-5:30 PM (1st & 3rd Fridays): Cookies and Coloring for children 8 & up and adults Tweens, Caribou Public Library

## SATURDAYS

12-4 PM (Sept & Oct): Display Feat. Caribou Garden Club & Caribou Business & Professional Women, Caribou Historical Center

1 PM: Family Story Time, Turner Memorial Library, Presque Isle

1 PM: Four Seasons Trail Association Walking Group, Four Seasons Lodge, Madawaska, FMI 728-7047

#### SUNDAYS

10 am-Noon: County Strides Running Group, Various Locations in Presque Isle, See FB FMI



LIKE us on Facebook at Star City IGA, Mars Hill IGA, Hillside IGA



# THE NORTHERN LIGHTHOUSE INC.

Locations: Caribou, Presque Isle, Mars Hill, Houlton & Waterville

Services: Individual / Family Therapy; Case Management; Substance Use Treatment; Children's Residential Services; Children's Skill Building; Adult Home & Community Supports; Adult Community Integration Services; Outpatient Telehealth

Call for More Information: (207)540-1522

Website: www.tnlh.org

# TheAroostookCommon.com

# www.facebook.com/thearoostookcommon

\*While every effort is made to ensure the accuracy of this publication, The Aroostook Common does not take responsibility for changes in event information listed herein.