



CLASS SCHEDULE

FALL 2022—BEGINS SEPTEMBER 19TH

	Monday	Tuesday	Wednesday	Thursday	Friday
Tiny Tigers Ages 4-5	2:30-3:00 <i>Floor 1</i> 4:00-4:30 <i>Floor 1</i>	2:30-3:00 <i>Level 1 Floor 1</i> <i>Level 2 Floor 2</i>	2:30-3:00 <i>Floor 1</i> 4:00-4:30 <i>Floor 1</i>	2:30-3:00 <i>Level 1 Floor 1</i> <i>Level 2 Floor 2</i>	2:30-3:00 <i>Floor 2</i> 4:00-4:30 <i>Floor 1</i>
Little Dragons Ages 6-7	3:10-3:50 <i>Floor 1</i> 4:40-5:20 <i>Floor 1</i>	3:10-3:50 <i>Floor 1</i> 4:00-4:40 <i>Floor 1</i>	3:10-3:50 <i>Floor 1</i> 4:40-5:20 <i>Floor 1</i>	3:10-3:50 <i>Floor 1</i> 4:00-4:40 <i>Floor 1</i>	3:10-3:50 <i>Floor 2</i>
Beginning Juniors Ages 8-12 White-Orange Belt	3:00-3:50 <i>Floor 2</i> 4:00-4:50 <i>Floor 2</i>	3:10-4:00 <i>Floor 2</i> 4:10-5:00 <i>Floor 2</i>	3:00-3:50 <i>Floor 2</i> 4:00-4:50 <i>Floor 2</i>	3:10-4:00 <i>Floor 2</i> 4:10-5:00 <i>Floor 2</i>	4:00-4:50 <i>Floor 2</i>
Intermediate Juniors Ages 8-12 Green belt and up	5:00-6:00 <i>Floor 2</i>	6:10-7:10 <i>Floor 1</i>	5:00-6:00 <i>Floor 2</i>	6:10-7:10 <i>Floor 1</i>
Advanced Juniors & Teens Brown and Black Belts	6:50-8:00 <i>Floor 1</i>	4:50-6:00 <i>Floor 1</i>	6:50-8:00 <i>Floor 1</i>	4:50-6:00 <i>Floor 1</i>
Beginner-Intermediate Teens Ages 11-14 White-Purple Belts	5:30-6:40 <i>Floor 1</i>	5:30-6:40 <i>Floor 1</i>
Adult Ages 13+ All Ranks	Beginners: 6:10-7:10 Advanced 6:10-7:40 <i>Floor 2</i>	Beginners: 5:10-6:10 Advanced 5:10-6:40 <i>Floor 2</i>	Beginners: 6:10-7:10 Advanced 6:10-7:40 <i>Floor 2</i>	Beginners: 5:10-6:10 Advanced 5:10-6:40 <i>Floor 2</i>
WEAPONS Ages 8+ Green Belt & Up	Juniors: 5:00-6:00 <i>Floor 2</i> Teen/Adults: 6:10-7:00 <i>Floor 2</i>
Black Belt Class	7:10-8:30 <i>Floor 2</i>	7:10-8:30 <i>Floor 2</i>
Instructors Academy Green Belt + Pre-Approval Required	Ages 13+ 6:45-8:00 <i>Floor 2</i>	Ages 8-12 6:00-7:00 <i>Floor 2</i>