

JUNIORS, TEENS & ADULTS

(AGES 8+) CREED

With a resolute spirit I will master myself, defeat my fears and develop the attitude of a Black Belt!

(clap)

I will train with honest effort, and with perseverance I will succeed. I will represent my Dojo with humility and compassion!

(two claps)

This is a Black Belt school. I am dedicated. I am motivated. I am on a quest to be my best!

(three claps)