



BENNATI'S MARTIAL ARTS (530) 820 3232

NEW STUDENT SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
Tiny Tigers Ages 4-5	2:30-3:00 Floor 1 4:00-4:30 Floor 1	2:30-3:00 Floor 1	2:30-3:00 Floor 1 4:00-4:30 Floor 1	2:30-3:00 Floor 1	2:30-3:00 Floor 2 4:00-4:30 Floor 1
Little Dragons Ages 6-7	3:10-3:50 Floor 1 4:40-5:20 Floor 1	3:10-3:50 Flor 1 4:00-4:50 Floor 1	3:10-3:50 Floor 1 4:40-5:20 Floor 1	3:10-3:50 Floor 1 4:00-4:40 Floor 1	3:10-3:50 Floor 2
Juniors Ages 8-12	3:00-3:50 Floor 2 4:00-4:50 Floor 2	3:10-4:00 Floor 2 4:10-5:00 Floor 2	3:00-3:50 Floor 2 4:00-4:50 Floor 2	3:10-4:00 Floor 2 4:10-5:00 Floor 2	4:00-4:50 Floor 2
Teens Ages 11-14	5:30-6:40 Floor 1	5:30-6:40 Floor 1
Adults Ages 13+	6:10-7:10 Floor 2	5:10-6:10 Floor 2	6:10-7:10 Floor 2	5:10-6:10 Floor 2
Self Defense Ages 16+	5:00-6:00 Floor 1

PLEASE ARRIVE 10 MINUTES EARLY BEFORE YOUR CLASS TIME

UPDATED 10/24/23

REMINDERS & DOJO ETIQUETTE

1. Arrive 10 minutes early before your class time. Do not arrive late.
2. Wear a clean and complete uniform.
3. Only attend classes designated to your age and rank.
4. Wash your hands before and after class.
5. Notify staff if you will be away for more than three days.
6. Checking in is necessary- please remember to do so before class.
7. Schedule make-up classes: do not attend classes you are not assigned.
8. There are no regular classes on Promotion Ceremony days (second Wednesday of the month) please plan accordingly.
9. Come to class with a level 10 energy and enthusiasm!

See you on the mat!

BENNATI'S MARTIAL ARTS

