

# ACTIVITY REPORT



**"Awareness of Combating climate and Environmental Changes – Promotion of Recycling"**

**Eko-Zhivot Kavadarci  
Kavadarci, Republic of North Macedonia  
23-28 July 2023**



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# About Host Organisation



 [www.eko-zivot.org.mk](http://www.eko-zivot.org.mk)  
 [ekozyvot@yahoo.com](mailto:ekozyvot@yahoo.com)

**“Eko-Zhivot” was founded in 2010 as a non-profit and non-governmental organization to work on conservation and improvement of the environment. We are in close collaboration with the local governments of cities Kavadarci, Negotino, Rosoman, Demir Kapija, and Gradsko.**

**We act as a regional eco center:**

- In March 2014, we became members and participated in the establishment of Macedonia’s eco-platform “Green Macedonia”, a platform that will act for a cleaner and more ecological environment. Also, the main goal of this platform is to neutralize Macedonia’s so-called “ecological hot spots”, locations in Macedonia that are mainly affected by pollution.
- Since 2012 we have been members of the Ecologists' Movement of Macedonia (DEM) and assigned by them as a regional eco center and executive office.
- Since 2018 we are also acting as a branch of Food Bank Macedonia for the Tikvesh Region.
- In June 2021 we have become full members of the international network CEEweb for Biodiversity.
- In December 2021 we established the eco-educational center in the main city park in Kavadarci where we provide environmental education and activities for students and all the interested parties, including biodiversity info sessions for tourist visiting the region.
- In May 2022 we became full members of the National Youth Council of Macedonia.





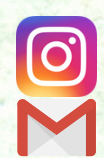
# About Partner Organisation



LATVIA

Bioville

Bioville was founded in 2011 with a goal to educate about and promote healthier lifestyle. Bioville organizes seminars that take place in the form of lectures, theme-based workshops, and in the form of interactive sessions. The ultimate goal is to create awareness and thus encourage the participants to adopt healthier lifestyle alternatives. Bioville takes it a step further and diversifies the learning process and helps make use of what's learnt by means of organizing seminars, trainings, workshops and open air games, in an ecologically clean environment.



[instagram.com/biovillelv](https://www.instagram.com/biovillelv)  
[bioville.lv@gmail.com](mailto:bioville.lv@gmail.com)



TURKEY



Youth Development and Enterprise Association, established in 2015, is a non-profit, non-governmental organization operating in the Adapazarı District of Sakarya Province. Our association has been working with social responsibility awareness since its founding and has been producing projects in many fields, such as youth, women, children, disabled, animals, and disaster emergencies.

The unit of our association that carries out national and inter-city studies in Sakarya province, Sakarya Municipality; D unit, Adapazarı Municipality, Serdivan Municipality, Erenler Municipality, Provincial Directorate of Migration, Sakarya Governor Project Office, Adapazarı Youth Center, and AFAD Provincial Directorate carried out organizing project work.



[gencgelisimvegirisimdernegi](https://www.instagram.com/gencgelisimvegirisimdernegi)  
[gencgelisimvegirisim@gmail.com](mailto:gencgelisimvegirisim@gmail.com)



SPAIN



Asociación Socio-Cultural VerdeSur Alcalá is by group of professionals working in the field of youth who would like to create a social change in town of Alcalá while focusing on the young people and involving the young people, teachers and educator to the mobility activities as well as the local socio-cultural activities through its partnerships and its offers.

The association is supported by the local municipality and it is based on the youth building of Alcalá la Real which has a very diverse environment with a great historical trajectory where it can bring many opportunities for events and social activities for young people and local population.



[www.verdesur.org](http://www.verdesur.org)




# Activity Description

**Name of the Activity:** "Awareness of Combating Climate and Environmental Changes – Promotion of Recycling

- Goals of the Activity :**
- To make the young people aware about the issues concerning the climate change and main environmental problems
  - To qualify the young people willing to involve in eco friendly activities with their peers to make them understand global environmental problems
  - To promote eco friendly activities for increasing awareness about ecological problems among youngsters
  - To plan the next activity and local tasks
  - To plan outcomes for midterm report

## Daily Programme

Monday (Hotel Feni) 24.07	Tuesday (NGO Info Center) 25.07	Wednesday 26.07	Thursday 27.07	Friday 28.07
09:00 Welcoming of our guests and presentation of the daily agenda	09–10:00 Discussion about climate change, recycling and main environmental problems	08:00 Meeting in front of hotel Feni	09:00 Meeting in front of hotel Fen	Travel Day 
09:30 Introducing participants and their organisations	10–10:15 Coffee break	Visit of Ohrid	09:15 – 10:00 Visit of the Eco-Educative Center in the city park and presentation of the protected area in Kavadarci, visit of the Wine Museum	
10:30 – 11:00 Coffee Break	10:15 – 12:00 Creativity workshop about recycling and upcycling: making planting pots and decorative items from plastic	Visit of the Hydrobiological Institute – Ohrid	10:00 Educative workshop with young people from Kavadarci to prepare a board (about recycling)	
11–12:00 Icebreakers	12–13:00 Interviews with locals		11:00 Visit of Municipality of Kavadarci and the Mayor, discussion with the sector for environment	
12:00 Visit of 12 Vatasha children and Moklishte	13 – 16:00 Visit of Tikvesh Lake/Reservation and Lunch		13–14:30 Lunch	
13 – 14:30 Lunch at Villa Bella			15:00 – 16:00 Presentation of Food Bank Macedonia (NGO Info Center)	
15:00 – 16:30 Presentation of local and regional eco-initiatives			19:00 Traditional Dinner	
			20–20:30 Participation certificates ceremony	



## Day 1 :



The project activities were started by welcoming the participants. Partner organizations have presented their work, and each participant has given themselves experience with NGOs and the Erasmus+ program. Eko-Zhivot's youth volunteers organized some icebreakers to get to know each other, and later, we visited the weekend recreational venue Moklishte and 12 Vatasha children. This place has historical and ecological importance for the citizens of the Municipality of Kavadarci and the nearby cities, and they visit it regularly for recreation, to be closer to nature, and for outside educational activities.

## Day 2 :

A presentation was made on climate change, recycling and main environmental problems by one of the volunteers of Eko-Zhivot that has been the beginning of discussion among the participants.

We have also been creative and have learnt about recycling and upcycling, have made planting pots and decorative items from plastic bottles and other plastic items. To get familiar with the natural wonders around Kavadarci, we have visited Tikvesh Lake and the Strict Nature reserve Tikvesh. Tikvesh Lake is the largest artificial lake by the area, depth and length in our country, and second by the total quantity of water in it.



## Day 3 :

Our participants had the chance to visit one of Macedonia's greatest pearls – the city of Ohrid, which is protected by UNESCO. We have also visited the Hydrobiological Institute – Ohrid. The Institute is a public and governmental science-research and educational organization of national interest. It covers research subjects in limnology as in natural lakes, as well in reservoirs and rivers. The employees of the Institute have presented their work and their contribution for combating climate change and protecting the environment.





## Day 4 :

The last day of our activity was very active and started with visiting the Eco-Educative Center in the city park, managed by Eko-Zhivot Kavadarci, and presentation of the protected area in Kavadarci, our activities related to biodiversity and environmental protection. We have also visited the Wine Museum located next to the Eco-Educative Center.

At the invitation of the environmental department responsible person, we visited the Municipality of Kavadarci, where the participants heard about the environmental initiatives taken by the Municipality and the energy-saving projects implemented in the last three years.

We continued our activities in the NGO Info Center, where we informed our participants about Youthpass certificates and youth opportunities in the Erasmus+ program. Participants were informed about what they could do to share the outputs of the activities held during the activity and to deliver the project outputs to more people.

An educational workshop with young people from Kavadarci has been introduced by Eko-Zhivot's volunteers and together, they have prepared info boards about recycling.

In the evening we organised a traditional Macedonian dinner with traditional music and dishes. As the last event of the activity, youthpass certificates prepared for the participants were presented and thanked.





# Evaluation Report

Construct a simple evaluation form concerning to activity with likert scale chart (strongly agree – strongly disagree ) and compare before the activity and after the activity with at least 10 questions specific to activity :

	QUESTIONS	BEFORE	AFTER
1	I am familiar with definition of ecology		
2	I have basic information related to ecological literacy		
3	I am aware of water cycle & carbon cycle		
4	I am aware of the importance of up/re/downcycling		
5	I am aware of the importance of reuse/minimisation		
6	I have enough experience about upcycling projects		
7	I have enough information to disseminate ecological activities		



# Outputs and Lessons Learnt

Participants were enabled to discover the Erasmus+ program and the opportunities it offers. By understanding the importance of the concept of ecological literacy, the participants were provided with new knowledge and skills in protecting the environment. While the participants' proficiency in understanding the information and news they read about the environment increased, their interest and curiosity about environmental issues also increased.

The knowledge, skills and sensitivities of the participants in the activity increased on environmentally friendly energy production, reusing products and goods with different characteristics, reducing use, recycling and upcycling. The motivation of the participants to take part in new projects and activities on these issues was also increased.

It was ensured that the representatives of the institutions involved in the project got to know each other better and mingled. The project schedule was further clarified by enabling institutions to better understand the activities to be carried out in their countries. Detailed information was given to the representatives of the institutions about the dissemination activities to be carried out during the project process and the visual tools of the project.

## Participant List

	Name and Surname	Organisation	Country
1	Özkan Ünlü	Youth Development and Enterprise Association	Türkiye
2	Fatma Biçer	Youth Development and Enterprise Association	Türkiye
3	Rojbin Yürekli Ünlü	Youth Development and Enterprise Association	Türkiye
4	Abdullah Biçer	Youth Development and Enterprise Association	Türkiye
5	Marianna Lipnicka	Bioville	Latvia
6	Ekaterina Engele	Bioville	Latvia
7	Marija Engele	Bioville	Latvia
8	Laura Nikola Pinne	Bioville	Latvia
9	Ángela Rodríguez Jamilena	Verdesur Alcala	Spain
10	Manuel Jesús Lara Lara	Verdesur Alcala	Spain
11	Isabel María Anguita Contreras	Verdesur Alcala	Spain
12	Onur Tahmaz	Verdesur Alcala	Spain
13	Meri Gjorgjieva	Eko Zhivot	North Macedonia
14	Nikola Ristov	Eko Zhivot	North Macedonia
15	Tijana Spandzova	Eko Zhivot	North Macedonia
16	Elena Rizova	Eko Zhivot	North Macedonia



# Communication, Visibility and Dissemination

Visuals such as banner and info flyers were prepared for the related activity. The logos of the institutions, the national agency logo and the Erasmus+ program logo were included in these images.

## Our Project in Media

• <https://www.eko-zivot.org.mk/mladite-i-klimatskite-promeni/>

• [https://www.instagram.com/p/CvXz5-blA0z/?utm\\_source=ig\\_web\\_copy\\_link&igshid=MzRIODBiNWFIZA==](https://www.instagram.com/p/CvXz5-blA0z/?utm_source=ig_web_copy_link&igshid=MzRIODBiNWFIZA==)

• [https://www.instagram.com/p/CvX0s0loQQd/?utm\\_source=ig\\_web\\_copy\\_link&igshid=MzRIODBiNWFIZA==](https://www.instagram.com/p/CvX0s0loQQd/?utm_source=ig_web_copy_link&igshid=MzRIODBiNWFIZA==)

• <https://www.facebook.com/MitkoJanchev/posts/pfbid0eDqpUgehCwVoMRdZQHmakhbABbVGJ91Aj8eBSMYhwXxSX6zeyj5eBWCLQZj1ZfKVI>

• <https://fb.watch/m8BgWzJPWb/>

• <https://www.facebook.com/ekoziivotkavadarci/posts/pfbid02vrGxZDpGCTjbvhiv58VdWJ2zPyK5chbjK6iBUeWTPtod4kbwJbLefGUM2kENvgKzl>

• <https://www.facebook.com/ekoziivotkavadarci/posts/pfbid0Fpa1FYZxPp5kKaC2TjqAWjsQfwN28w2kv6W3XMFHexerohHuriAXaKApHjwUQ86qI>

