



Asociación  
Socio-Cultural  
Verdesur Alcalá



Co-funded by  
the European Union

# There is no other world A4.Outdoor Sports Activities

*14th of June - 19th of June  
Alcala la Real, Spain*

Erasmus+ KA2 Small Scale Partnerships



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## About Host Organisation

### Asociación Socio-Cultural VerdeSur Alcalá



Asociación Socio-Cultural VerdeSur Alcalá is a group of professionals working in the field of youth who would like to create a social change in town of Alcala while focusing on the young people and involving the young people, teachers and educator to the mobility activities as well as the local socio-cultural activities through its partnerships and its offers.

The association is supported by the local municipality and it is based on the youth building of Alcala la Real which has a very diverse environment with a great historical trajectory where it can bring many opportunities for events and social activities for young people and local population.

[www.verdesur.org](http://www.verdesur.org)

[info@verdesur.org](mailto:info@verdesur.org)

## About Partner Organisations

### Youth Development and Enterprise Association



Youth Development and Enterprise Association, established in 2015, is a non-profit, non-governmental organization operating in the Adapazarı District of Sakarya Province. Our association has been working with social responsibility awareness since its founding and has been producing projects in many fields, such as youth, women, children, disabled, animals, and disaster emergencies.

The unit of our association that carries out national and inter-city studies in Sakarya province, Sakarya Municipality; D unit, Adapazarı Municipality, Serdivan Municipality, Erenler Municipality, Provincial Directorate of Migration, Sakarya Governor Project Office, Adapazarı Youth Center, and AFAD Provincial Directorate carried out organizing project work.

Our association also carries out applications with non-governmental organizations and private practices; It cooperates with many associations such as Sakarya Civil Society Platform (SASTOP), Sakarya KANSERDER, Sakarya Disabled Union Federation, Disaster Volunteers Association Headquarters,

Mediterranean Youth Association, KARGENÇ priority association, Social Steps Association. Our association continues the EU program with the Sakarya Chamber of Commerce.

Our association is a member of the Local Youth Associations Network. It has workshops with 40 different civil society organizations located in Türkiye. Our association consists of 40 members and 300 volunteers. We are working in Sakarya Province. Our association, which works with the online volunteering system, has worked in all regions of Türkiye and established a volunteer network.

[gencgelisimvegirisim@gmail.com](mailto:gencgelisimvegirisim@gmail.com)

<https://ggqder.com>

## Eko-Zhivot Kavadarci



“Eko-Zhivot” was founded in 2010 as a non-profit and non-governmental organisation with the aim to work on conservation and improvement of the environment. They are in close collaboration with the local governments of cities Kavadarci, Negotino, Rosoman, Demir Kapija and Gradsko.

“Eko-Zhivot” act as a regional eco center.

- In March 2014 - became members and participated in the establishment of Macedonia’s eco-platform “Green Macedonia”, a platform that will act for a cleaner and more ecological environment. Also the main goal of this platform is to neutralise Macedonia’s so called “ecological hot spots”, locations in Macedonia that are mainly affected by the pollution.
- Since 2012 - members of Ecologists' Movement of Macedonia (DEM) and assigned by them as regional eco center and executive office.
- Since 2018 - also acting as a branch of Food Bank Macedonia for the Tikvesh Region.
- In June 2021 - have become full members of the international network CEEweb for Biodiversity.
- In December 2021 - established the eco-educational center in the main city park in Kavadarci where we provide environmental education and activities for students and all the interested parties, including biodiversity info sessions for tourist visiting the region.
- In May 2022 - became full members of the National Youth Council of Macedonia.

[ekoziert@yahoo.com](mailto:ekoziert@yahoo.com)

<https://www.eko-zivot.org.mk/>

(LETONYA BAYRAĞI) BIOVILLE



Bioville was founded in 2011 with a goal to educate about and promote healthier lifestyle.

Bioville organizes seminars that take place in the form of lectures, theme-based workshops, and in the form of interactive sessions. The ultimate goal is to create awareness and thus encourage the participants to adopt healthier lifestyle alternatives. Bioville takes it a step further and diversifies the learning process and helps make use of what's learnt by means of organizing seminars, trainings, workshops and open air games, in an ecologically clean environment.

[bioville.lv@gmail.com](mailto:bioville.lv@gmail.com)

[www.fb.com//biovillelv](https://www.facebook.com/biovillelv)

## Activity Description

### Name of the Activity: "A4. Outdoor Sport Activities"

The project "There is no other world" is addressing the environmental problems, especially global warming, which poses a great danger to humanity, on climate change, in the dimension of youth work, and to create awareness in the field, such as recycling, alternative energy sources, strengthening the connection of young people with the environment. Thus, the youth movement for the fight against climate change will take up the field of environment and climate, one of the priorities of the program, and will actively participate in the fight against this problem.

### Daily Programme:

There is not another world						
Time / period	14/06/2023	15/06/2023	16/06/2023	17/06/2023	18/06/2023	19/06/2023
09:00-10:00	Arrivals	Breakfast	Breakfast	Breakfast	Breakfast	Departures
10:00-11:30		Getting to Know Each Other	Visit Ex Garbage (climbing activity)	Team work	visit tienda local	
11:30-12:00		Coffee Break		Coffee Break	Coffee Break	
12:00-13:30		Ice Breakers		Team Work	evaluation	
13:30-16:00		Lunch	Lunch	Lunch	Lunch	
16:00 - 17:30		Visit La Feria	ecology talk	free time	Visit a la Mota	
17:30 - 18:00			Coffee Break			
18:00 - 19:30			ecology talk			
20:00		Dinner	Dinner	Dinner	Dinner	

## **DAY 1 - 14.06.2024**

Participants were welcomed upon arrival, settled into their house accommodations.

## **DAY 2 - 15.06.2024**

The day begins with ice-breaker games and getting to know each other. They learn the basic principles of Erasmus+ and we teach them about the culture in Alcalá la Real.

In the afternoon we visit La Feria, the town's folkloric festival. They are given a tasting of typical products and dances. The participants are asked to observe waste management during the festival for later work.

## **DAY 3 - 16.06.2024**

Visit to the old local dumpsite

We visited a public space that has now been converted into a sports and outdoor space. We told them about what it was (a garbage dumpsite) and how it was transformed over the years. Then the climbing club RompeZapatos carried out an activity with them at the rock climbing and slackline site.

In the afternoon, an ecological talk was held, in collaboration with the eco-cultural association Hojaseca. The session was about landscape regeneration, the importance of the pyramid of reduction, reuse and recycling; respectful practices in nature and a debate on resource and waste management.

They were asked to observe how waste was managed at home accommodation for later work.

## **DAY 4 - 17.06.2024**

Teamwork.

Three groups were formed, mixed from the participating countries. Each country had to carry out a debate regarding what they had observed and documented regarding waste management and recycling at La Feria and at the Guest House. Then, all the team members had to make a poster with an interesting design of what they saw and how it could be improved. Each project were presented to the rest of the group. These posters would be put up in the house accommodation for future projects and for the volunteers who lived there during the year.

The afternoon was free for excursions around the area.

## **DAY 5 - 18.06.2024**

Visit to a local shop, where they learned about and tasted local products in relation to the importance of kilometre zero.

Then the evaluations were carried out, a review of objectives and fears from the first day and a talk and explanation of the Youthpass certificate.



In the afternoon we made the last excursion to the Castillo de la Mota, the main cultural, historical and tourist attraction of Alcalá la Real. There we concluded the project and discussed its importance, impressions and future actions in this regard.

## **DAY 6 - 19.06.2024**

Departure

## **Evaluation Report**

The evaluation is carried out both on the first and last day through games, discussions and activities.

First day of expectations and fears.

Every day at the end of the day an oral evaluation was carried out, and daily personal learning was discussed.

Last day final evaluation. They scored 8 basic aspects of their stay and experience

1. Accommodation
2. Food
3. Logistics
4. Trainers
5. Content
6. Volunteers
7. Seminar place
8. Group

The overall evaluation was very good, especially in terms of content and trainers. Having lower scores in food and accommodation, but everything was well evaluated.

Finally, all participants were asked to write down on a piece of paper the things they liked the most and the least. The activity of climbing on the old garbage dumpsite, enjoying La Feria and the excursions in the surroundings were mentioned several times. Some details of the accommodation and variety of food were improved.

In general terms, according to the evaluations carried out and the conversations with the participants, the activity and project turned out to be a success.

## Outputs and Lessons Learnt

The participants learned the importance of an outdoor life in healthy and community environments. They learned how a place that was used for years as a landfill was recovered, renaturalized and is now used by the community for outdoor sports activities. In addition to enjoying the folklore and culture of Spain, they observed different ways of waste management at outdoor events and discussed how to improve it and what can be carried over into their daily lives.

In addition, their personal experiences were emphasized and how to design and work in the environment in which they live. Debates and teamwork were generated that also contributed to the current housing of our volunteers. The importance of the Youthpass certificate and its involvement in the effective outcome of this type of project and in their professional life was highlighted.

## Participant List

	Name and Surname	Organisation	Country
1	Kaya Nazan	Youth development ve enterprise association	Türkiye
2	Sevval Basmacı	Youth development ve enterprise association	Türkiye
3	Arzu Sayginer Cil	Youth development ve enterprise association	Türkiye
4	Kadir Abdülkadir Sağlam	Youth development ve enterprise association	Türkiye
5	Katrina Rozlapa	Bioville	Latvia
6	Krists Roberts Treijs	Bioville	Latvia
7	Marianna Lipnicka	Bioville	Latvia
8	Edvins Zulibins	Bioville	Latvia
9	Olga Diaz-Montenegro Marcelo	Verdesur Alcala	Spain
10	Carlos Herrador Atienza	Verdesur Alcala	Spain
11	Rosa Maria Cañada Perez	Verdesur Alcala	Spain
12	Jorge Teruel Escribano	Verdesur Alcala	Spain
13	Daniel Angjelov	Eko Zhivot	North Macedonia
14	Dragica Petrova	Eko Zhivot	North Macedonia
15	Katerina Angjelova	Eko Zhivot	North Macedonia
16	Boris Bojadžiev	Eko Zhivot	North Macedonia

## Communication, Visibility and Dissemination

Direct contact with the community is important to us in this type of project. So the participants carried out activities where they introduced young people and people in general to what Erasmus+ is and how to participate.

During the outdoor activities we contacted various groups in the town; Rompe Zapatos climbing club, flamenco brotherhoods and international volunteers.

Social media became the main tool for visibility. Together with partners, we used platforms such as Facebook and Instagram to update the audience through posts, stories, reels and attractive content.

Bioville

- [https://www.instagram.com/p/C8cz7wEtxRB/?img\\_index=2](https://www.instagram.com/p/C8cz7wEtxRB/?img_index=2)

Genç Gelişim ve Girişim Derneği

- <https://www.instagram.com/p/C8cZuAGIeWU/>

Eko Zivot NGO

- <https://www.facebook.com/photo?fbid=7690033587746551&set=a.101411316608854>

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- [https://www.instagram.com/p/C8cz7wEtxRB/?img\\_index=1](https://www.instagram.com/p/C8cz7wEtxRB/?img_index=1)

These are the links we were able to recover. We were not able to save them all. Below are photos of the participants' stories.

