TUESDAY NIGHT • TIME IN THE WORD

“ANCHORED IN CHRIST: LIVING FAITHFULLY IN EVERY SEASON”

NOVEMBER 2026 • LESSON 11

GRATITUDE & CONTENTMENT – CULTIVATING A HEART OF THANKFULNESS

A THANKFUL HEART LEADS TO:

JOY

TRUST

DEEPER RELATIONSHIP WITH GOD

BIBLICAL FOUNDATIONS

1 THESSALONIANS 5:18

PHILIPPIANS 4:11–13

PSALM 100:4

COLOSSIANS 3:15–17

BIBLICAL FOUNDATIONS

1 THESSALONIANS 5:18 - “Give thanks in all circumstances; for this is God’s will for you in Christ Jesus.”

Gratitude is not dependent on circumstances but is a choice to recognize God’s goodness.

BIBLICAL FOUNDATIONS

Philippians 4:11-13 – “I have learned to be content whatever the circumstances.

BIBLICAL FOUNDATIONS

I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation...

BIBLICAL FOUNDATIONS

I can do all things through Him who gives me strength.”

Paul teaches that contentment comes from trusting in God, not material wealth.

BIBLICAL FOUNDATIONS

Psalm 100:4 – “Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name.”

Worship and gratitude go hand in hand.

BIBLICAL FOUNDATIONS

Colossians 3:15-17 “Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.

BIBLICAL FOUNDATIONS

Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.

BIBLICAL FOUNDATIONS

And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.”

WHY GRATITUDE AND CONTENTMENT MATTERS

THEY SHIFT OUR FOCUS

THEY STRENGTHEN FAITH

THEY BRING JOY

WAYS TO CULTIVATE GRATITUDE AND CONTENTMENT

START EACH DAY WITH THANKSGIVING

PRACTICE CONTENTMENT

ENCOURAGE OTHERS

TRUST IN GOD’S PLAN

GRATITUDE AND CONTENTMENT – CULTIVATING A HEART OF THANKFULNESS

NOVEMBER 3 • WEEK 1

GRATITUDE IN EVERY CIRCUMSTANCE

1 THESSALONIANS 5:18

KEY SCRIPTURE • 1 THESSALONIANS 5:18

“GIVE THANKS IN ALL CIRCUMSTANCES; FOR THIS IS GOD’S WILL FOR YOU IN CHRIST JESUS”

“IN ALL EVERYTHING GIVE THANKS”

GOD IS WORTHY OF OUR THANKS IN EVERY CIRCUMSTANCE

A LIFE OF THANKSGIVING

HE IS FAITHFUL

HE IS PRESENT WITH US

HE HEARS OUR PRAYERS

A LIFE OF THANKSGIVING

HE GIVES US STRENGTH

HE HAS GIVEN US SALVATION THROUGH JESUS CHRIST

HE CONTINUES TO WORK IN OUR LIVES

QUESTION...

What is the easiest situation in which to thank God, and what is the hardest situation in which to thank God?

ENCOURAGEMENT

CHRISTIAN LIVING

FAITHFULNESS

LOVE AND HOPE

ENCOURAGEMENT

PERSECUTION

THE RETURN OF CHRIST

ENCOURAGEMENT WITHIN THE CHURCH

HOW TO LIVE AS CHRISTIANS

REJOICE ALWAYS

PRAY WITHOUT CEASING

GIVE THANKS IN EVERYTHING

HISTORICAL LESSON

“YOUR CIRCUMSTANCES MAY BE DIFFICULT, BUT DON’T ALLOW YOUR CIRCUMSTANCES TO TAKE AWAY YOUR FAITH, PRAYERS, JOY, OR GRATITUDE.”

LITERARY CONTEXT…

1 THESSALONIANS 5:16-18
“REJOICE EVERMORE. PRAY WITHOUT CEASING. IN EVERYTHING GIVE THANKS: FOR THIS IS THE WILL OF GOD IN CHRIST JESUS CONCERNING YOU.”

PATTERN WE SEE

REJOICE > PRAY > GIVE THANKS

PAUL'S LARGER TEACHING

HOW CHRISTIANS SHOULD LIVE FAITHFULLY WHILE WAITING FOR THE LORD

BIBLICAL INTERPRETATION...

IN EVERY THING GIVE THANKS

NOT NECESSARILY –
FOR EVERY EVIL THING THAT HAPPENS

IN EVERY CIRCUMSTANCE
"THANK YOU, LORD, FOR THIS TRAGEDY

"LORD, EVEN IN THIS PAINFUL SITUATION, I THANK YOU THAT YOU ARE WITH ME, YOUR ARE FAITHFUL, AND I CAN TRUST YOU."

BIBLICAL INTERPRETATION...

IN EVERY THING GIVE THANKS

OUR THANKSGIVING IS BASED ON WHO GOD IS

THANKSGIVING REMINDS US THAT: EVERYTHING WE HAVE IS ULTIMATELY A GIFT FROM GOD.

"FOR THIS IS THE WILL OF GOD"

BIBLICAL INTERPRETATION...

IN EVERY THING GIVE THANKS

“WHAT IS GOD’S WILL FOR MY LIFE?”

GOD’S WILL IS FOR US TO GIVE THANKS.

“IN CHRIST JESUS CONCERNING YOU”

THROUGH CHRIST WE HAVE

SALVATION

FORGIVENESS

GRACE

THROUGH CHRIST WE HAVE

HOPE

ETERNAL LIFE

ACCESS TO GOD THROUGH PRAYER

SPIRITUAL APPLICATION

THANKSGIVING CHANGES OUR FOCUS -

"What is going wrong?" "What has God already done for me?"

THANKSGIVING STRENGTHENS OUR FAITH

THANKSGIVING SHOULD BECOME A LIFESTYLE

THE BOLD REMINDER

THANKSGIVING PROTECTS US FROM COMPLAINING

“I NEED MORE”
“LORD, THANK YOU FOR WHAT YOU HAVE ALREADY GIVEN ME.”

THE BOLD REMINDER

THANKSGIVING DOES NOT DENY PAIN

Thanksgiving is not pretending that everything is perfect. Thanksgiving is trusting God even when life is not perfect.

SUMMARY

THE MESSAGE IS NOT:
“EVERYTHING THAT HAPPENS IS GOOD”

THE MESSAGE IS:
“GOD REMAINS GOOD EVEN WHEN CIRCUMSTANCES ARE DIFFICULT”


God is Faithful.
God is with us.
God hears us.
God provides for us.
God gives us strength.
God has saved us through Jesus Christ.
God is working according to His purpose.
Our circumstances may change, but
God's faithfulness remains.

PATTERN WE SEE

REJOICE > PRAY > GIVE THANKS

FINAL THOUGHT...

DON'T WAIT FOR EVERYTHING TO BE PERFECT BEFORE YOU GIVE GOD THANKS. THANK HIM BECAUSE HE IS GOD, BECAUSE HE IS FAITHFUL, AND BECAUSE HE HAS GIVEN US CHRIST.