



# The November 2022 NEWSLETTER

Northern Arizona Flycasters
An active member club of the World Wide organization
"Fly Fishers International"
"Conservation, Restoration, and Education through Fly Fishing"
http://nazflycasters.com

We support active involvement in cold water fisheries conservation. We work to insure that Arizona's habitat is not degraded and in the development and maintenance of fly fishing opportunities.

We support the practice of "catch and release", the use of barbless hooks, and quick and harmless release practices. Fish should never be kept out of the water for over 60 seconds.

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Northern Arizona Flycasters meets the first Wednesday of the month at the Arizona Game and Fish Regional office at 3500 S. Lake Mary Road, Flagstaff. Meetings start at 7 PM with a board meeting at 6:00 PM.

The meetings are free and the public is invited.

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### PRESIDENT'S DRIFT:

Keep updated on the NPS Experimental Removal of Invasive Species (small mouth bass) from Lees Ferry at: National Park Service Taking Action to Remove Invasive Predatory Fish from the Colorado River at Glen Canyon - Glen Canyon National Recreation Area (U.S. National Park Service (nps.gov). The first phase has been implemented. Look for updates on further steps to remove the invasive fish.

Next Northern Arizona Fly Casters Event: Pint Night at Grimaldi's. For NAF members and their families. When: Wednesday, November 2 at 6:00 pm. NAF will provide the pizza, club members are on their own for beverages. Grimaldi's Italian Restaurant is in the Sawmill Square, 601 Picadilly Place, Suite#55, Flagstaff.

**Nomada Fly Fish** Has openings for their March 6-11<sup>th</sup> trip to Pyramid Lake, Nevada trip. 5 nights and 4 days of group guided fishing for Lahontan Cutthroat, the world's largest cutts. Visit their website at: <u>Home - Nomada Fly Fish</u>, or call:

STEVE BERRY

TRAVEL DIRECTOR PHONE: (480) 223-3117

#### Home - Nomada Fly Fish

Nomada Fly Fish is Arizona's local fly fish travel experts. Based in Phoenix, we host trips around the southwest and abroad. If you're looking for tailwater trout, bonefish on the saltwater flats, or exotic peacock bass in the Amazon Jungle, we've got you covered.

nomadaflyfish.com

Facebook search under Northern Arizona Fly Casters. AZ Daily Sun, web edition, under Events. Website: https://nazflycasters.com

#### **EDUCATION** –

Autumn offers a series of distinct challenges to the angler that are specific to the season. Streams and rivers are typically lower and clearer than they are throughout most of the summer. Hatches have tapered off. Leaves blanket the water. Water temperatures change. Sun angles shift. All of these differences and more add up to the angler being faced with a different puzzle, one that requires a change in approach in order to have continued success.

Though there are certainly more ways than what follows via which the fly fisherman can adapt to changing autumn conditions, here are five helpful tips to increase your chances of a good day on the water.

#### MIND THE SUN

The autumn sun is lower in the sky throughout the day when compared to summer. The result is lower sun angles through most of the day, which means longer shadows. This requires the angler to use a stealthier approach, as the ability for your shadow to spook fish is increased. Pay attention to the sun's position relative to yours, which way your shadow is being cast and how far. You can't catch fish that you've chased off with a lazy, unthoughtful approach.

#### MIND YOUR CLOTHING

The sun isn't the only reason it is easier to spook fish in the autumn. Low and clear water conditions not only make it easier for the trout to see things above the water's surface, they also make them more wary. Clothing is always an important factor in remaining stealthy as an angler, but its importance is paramount in the fall. Wear autumnal colors, or even better, camouflage.

#### PAY ATTENTION TO WATER TEMPERATURE

Anglers are often accustomed to thinking that early morning and late evening are the best times to catch trout, and by in large, this is true. In many areas of the country, fishermen may even avoid the daytime hours when sun blankets the water, water temperatures rise and trout seek thermal refuge. In the autumn, however, cooling water temps typically result in conditions that make the entire day an opportunity to take feeding fish. As temperatures chill even further, water temperatures can result in trout that are lethargic during the early morning and late evening hours, instead feeding most actively in the sun-warmed water of mid-day. Take note of the temperatures of the stream or river you're headed to fish, and adjust your approach accordingly.

#### UNDERSTAND THE TROUT'S CHANGING BEHAVIOR

Brook and Brown trout, both species which spawn in very late summer and/or autumn, are much more agitated and aggressive in the fall. This is a result of behavioral changes related to spawning that create increased territoriality. This is one of the reasons why autumn is a great time to fish with streamers. Aggressive, territorial trout are more likely to chase and hopefully take streamers and other flies that may represent a threat or disturbance to a trout preparing to spawn. Think about fly size, profile and color with the aim of irritating an already cranky fish.

# EGGS, ANYONE?

As noted above, fall means spawning and spawning means eggs. Egg patterns -- or god forbid, beads -- it should come as no surprise, are increasingly effective in water where eggs from spawning fish are floating around. Browns and Brook trout will both eat eggs that are produced by their brethren, and where rainbow trout and these other species share waterways, rainbows can feed aggressively on eggs. Whether you find the use of egg patterns sporting is for you to decide, but the fact is they take fish and can often be the cure for an otherwise slow day.

## **NAF EVENTS SCHEDULE**

### **Under discussion by board**

Fishing outings to local lakes

Fly casting sessions on a regular basis.

Work project with game and fish

The Board welcomes suggestions from members.

# NAF CLUB OFFICERS/COMMITTEE CHAIRS

President Charles Simpson
Vice-President Tom Hudnall
Secretary Mac McIlwaine
Treasurer Denise Dean

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