

INOLA YOUTH WRESTLING

SIGN UP

WRESTLERS NAME _____

AGE _____ WEIGHT _____ BIRTHDATE _____

PARENT(S) NAME(S) _____

CONTACT NUMBER(S) _____

EMAIL(S) _____

MEDICAL INFORMATION AND RELEASE FORM

PLEASE PRINT

PARENT OR GUARDIAN HOME PHONE WORK PHONE

ADDRESS CITY STATE ZIP

NAME AND PHONE NUMBER OF INDIVIDUAL(S) TO CONTACT IN CASE OF EMERGENCY

PERMISSION FOR MEDICAL TREATMENT, RELEASE OF MEDICAL INFORMATION AND PAYMENT OF MEDICAL EXPENSE.

I REQUEST AND GIVE PERMISSION TO THE PHYSICIANS AND MEDICAL STAFF OF THE HOSPITAL CHOSEN BY THE OKLAHOMA SUMMER CHALLENGE TO TREAT THE ABOVE NAMED PARTICIPANT APPROPRIATLY, INCLUDING HOSPITALIZATION, PRESCRIBING MEDICATIONS, AND PERFORMING EMERGENCY MEDICAL PROCEDURES.

I AUTHORIZE RELEASE OF ANY MEDICAL INFORMATION NEEDED TO THE MEDICAL STAFF WHICH MAY BE PERTINENT TO ANY DIAGNOSIS OR TREATMENT OF THE ABOVE NAMED PARTICIPANT.

I UNDERSTAND THAT ANY CHARGES RESULTING FROM THIS MEDICAL TREATMENT WILL BE BILLED TO ME AT MY ADDRESS OR TO MY MEDICAL INSURANCE CARRIER WHICH IS:

MEDICAL INSURANCE CO. POLICY#

ADDRESS CITY STATE ZIP

WAIVER: MY SON/DAUGHTER HAS BEEN EXAMINED BY A PHYSICIAN IN THE LAST YEAR AND IS IN GOOD HEALTH. I HEREBY AUTHORIZE THE OKLAHOMA SUMMER CHALLENGE TEAM CAMP STAFF TO ACT FOR ME, ACCORDING TO ITS BEST JUDGEMENT IN ANY MEDICAL EMERGENCY, AND I HEREBY WAIVE AND RELEASE SAID CAMP FROM ANY LIABILITY FOR INJURIES OR ILLNESS INCURRED BY MY SON/DAUGHTER WHILE ATTENDING CAMP.

PARENT OR GUARDIAN SIGNATURE DATE



Inola Youth Wrestling Wrestling Room Rules And Behavior Contract

Instructions: Wrestler and Parent – please read carefully and sign.

Wrestling is a fun, yet intense sport. With that in mind, there will be certain procedures in place to insure that everyone benefits. Failure to recognize the following may result in disciplinary action or dismissal from Inola Youth Wrestling Organization

While at Practice Wrestlers Will:

1. Follow all directions of the coaches – No exceptions
2. Not fight with, mistreat, taunt, or in any way intentionally injure another wrestler
3. Understand that they are there to wrestle, not play
4. Not misuse the facilities or equipment
5. Participate in all activities-stretching, instruction, live wrestling, conditioning, etc.
6. Will work hard on and off the mat to improve themselves and their teammates
7. Will help with setting up and cleaning up the wrestling room each night.

Facilities:

1. Inola High School and Inola Independent School District are allowing us to use their facilities. We must recognize that we are guests and our future use depends on our actions today.
2. Wrestlers will not play on equipment (ropes, peg boards, etc.)
3. Wrestlers will clean up after themselves
4. We use only the wrestling room, all other areas of the building are off limits.
 - a. At times we will use the weight room, however the weight benches and weights are not to be messed with.

Coaches:

1. All Inola Youth Wrestling coaches are volunteers and are to be treated with the highest respect.
2. Are your wrestling teacher, not your babysitter or playmate
3. Will do everything they can to help you improve, they are to be listened to

Failure to follow these rules will result in you sitting out the practice, sitting out the next tournament, suspension, or in severe cases or with repeated offenses, dismissal. The Coach or Coaches and Club President will make decisions regarding wrestler discipline.

Signatures:

Wrestler

Parent

Name(print) _____

Name(print) _____

Parents

***No Parents will be allowed in the wrestling room during practice.**

***Children need to be dropped off 5 minutes before practice starts so they can get their shoes on and be ready to practice on time.**

***Children need to be picked up on time.**

Inola Youth Wrestling

Tournament Attendance Rules and Behavior Contract

Attending Wrestling Tournaments can be a very fun and pleasant experience, however it can also bring on a lot of stress and emotions for Wrestlers, Coaches, and Parents. With that being said I ask that you please read this carefully and sign. Failure to recognize the following may result in disciplinary action or dismissal from the Inola Youth Wrestling Organization.

Preparing for Tournament:

- All Tournament Entries are to be paid in full by the Tuesday night prior to the tournament.
 - Communication is key, if you need help with tournament fees please contact one of the coaches ahead of time.
- It is your responsibility to be at weigh in on time and to make weight.
- It is also your responsibility to be at the tournament on time.

While attending Tournaments:

- All Wrestlers are required to sit together at tournaments, wrestlers will not be allowed to be up running around. The Club Coaches, Manager and Tournament Director will arrive early to the tournaments and have a designated area ready.
 - We ask that the parents please join us so we can sit as a group, but it is not mandatory and we completely understand if you would like to sit closer to where your child is wrestling.
- Win with Class and lose with class. You're representing your teammates, your coaches, your school, your family, and yourself. Make everyone proud of Inola Youth Wrestling. Never demean your opponent in any way – no taunting or showing up an opponent. Keep personal celebrations on the mat in line; share your joys and frustrations with teammates and coaches away from the mat.
 - Behavior such as throwing headgear/equipment, bad language and disrespect towards authority will not be accepted.
- After each match you are required to shake the hand of your opponent and their coach.
- Be respectful of the referee at all times.
- Wrestlers are to look at the coach's corner after each period for instructions on starting position. This is not the individual wrestler, or parent's decision.

Signatures:

Wrestler

Name(print) _____

Signature _____

Parent

Name(print) _____

Signature _____

We Endeavor to instill confidence and integrity translating to the development of young men and women into the competitive world we all live in today.

OKLAHOMA KIDS WRESTLING ASSOCIATION, INC.

WEIGHTS AND DIVISIONS

DIVISION I

(SIX AND UNDER)

37, 40, 43, 46, 49, 52, 55, 60, 66, Heavy Wt. *

DIVISION II

(EIGHT AND UNDER)

43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 75, 83, 90, 105, Heavy Wt.*

DIVISION III

(TEN AND UNDER)

52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 85, 90, 100, 110, 120, 131, Heavy Wt.*

DIVISION IV

(TWELVE AND UNDER)

64, 67, 70, 73, 76, 80, 84, 88, 92, 96, 100, 105, 110, 120, 130, 140, 160,

Heavy Wt. *

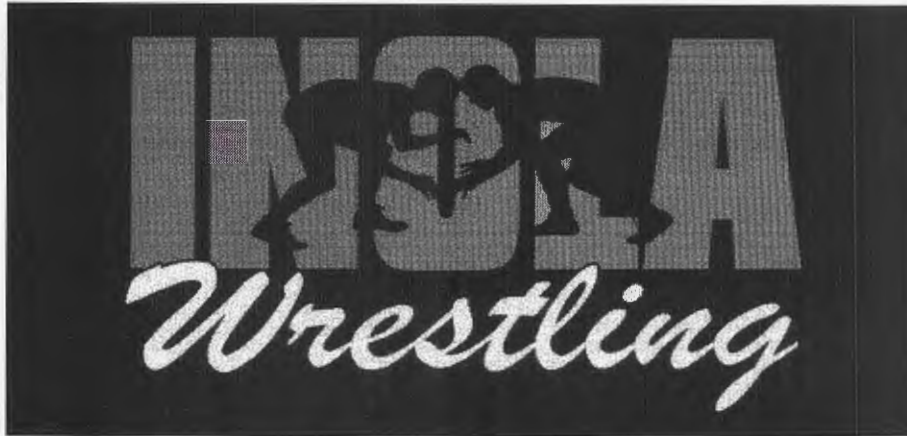
DIVISION V

(FIFTEEN AND UNDER)

78, 86, 94, 102, 110, 118, 126, 134, 142, 152, 165, 185, Heavy Wt.*

A 2 lb. weight allowance for Division V will be in effect after January 15

***There is a maximum weight of 285 lbs for all divisions.**



INOLA YOUTH WRESTLING

PO Box 1101

Inola, OK 74036

Buck Kenney

President/Head Coach

918-316-3822

Amanda Widney

Manager

918-703-7158

PHOTO RELEASE _____

I give Inola Youth Wrestling the right to use all still and moving images of my child

YES _____

NO _____

Parent Signature _____

Inola Youth Wrestling Contact Info.

Head Coach : Buck Kenney – danielkenney23@yahoo.com

Phone #: (918) 316-3822

Club Manager: Amanda Widney – inolayouthwrestling@gmail.com

Phone#: (918) 703-7158

Marketing / Fundraising Coordinator: Marlena Luster - marlenafite@hotmail.com

Phone #: (918) 804-8296

Treasurer – Lonna Burkhardt – lkburkhardt27@hotmail.com –

Phone #: (918) 638-0965

Please visit our website at www.inolawrestling.com

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