



Patchwork Press

October 2024

Catawba Valley Quilters Guild
Volume 40, No. 10
October 2024

CALENDAR MEETINGS

BOARD MEETING OCT. 3, 2024 6 pm via Zoom

GUILD MEETINGS OCT. 10, 2024 10 am & 6:30 pm Holy Trinity Lutheran Church
PROGRAM (morning & evening
BARBARA MAHNKE THE MAGIC TRIANGLE
[description not available at print time].

MISSION DAY OCT. 19

9 am – 3 pm Holy Trinity Lutheran Church —
Help us make charity quilts for local hospitals,
the Family Guidance and Children’s Advocacy
Centers, Quilts Of Valor for local veterans,
or a project of your own.

SIT N SEW THURSDAY MORNINGS

9:30--11:30 am Holy Trinity Lutheran Church
— an informal session to work on personal
projects or to just connect with others.

IN HOUSE WORKSHOP

OCT. 19, 2024 9 AM to 3 PM FIBER MEMORIES T-SHIRT QUILTS & BEYOND WITH GIGI MILLER —
Get that bag of shirts out of the closet and into
a quilt top at the T-shirt quilt workshop. Cost
\$35.00 includes shirt interfacing. Flyer included.
For more information or to register email
Debra Eckard Debra.eckard7523@gmail.com.

QOV PRESENTATION

17 OCTOBER 2024
Dinner at 6p, presentation around 7p
American Legion 16 (Fairgrounds)
1127 Highway 70 W Newton, NC 28658

QUILT SHOWS & OTHER EVENTS

OCT. 4-6, 2024 THE THREADS THAT BIND US
Durham-Orange Quilters’ Guild
Mebane Arts & Community Center
Mebane

OCT. 11-12, 2024 9:30 – 5:00, GATE CITY 2024
QUILT SHOW "CIRCLE OF LIFE"
Congregational United Church of Christ
400 West Radiance Drive
Greensboro, NC

OCT. 14-19, 2024 OUR FALL RETREAT AT
CAMP HOLSTON, 6993 Hickory Nut Gap Rd.,
Banner Elk. \$300 for double occupancy, \$375 for
single. Includes breakfast and 4 dinners.
Contact Diane Putnam if interested.
deputnam@charter.net (910)471-2071

MARCH 5—MAY 10, 2025 ART QUILTS WILD
Professional Art Quilters Alliance-South (PAQA-
South) 2025 Juried Exhibition of innovative
quilts. Fiber artists: Create a multi-layered textile
joined by stitching that expresses or represents
wild!
Page-Walker Arts & History Center
Cary, North Carolina

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Catawba Valley Quilters Guild
 P.O. Box 352
 Hickory, North Carolina 28603

Officers & Worker Bees

	Day	Night
President	Kathleen Whiddon (Shelley Thompson Jan Carpenter
Vice President	Position Open	
Secretary	Mary Bucy	Amanda Truett
Treasurer	Acting—Kathleen Whiddon	
Members-at-Large	Nancy Garchek	Debbie Smith



1	Bob Hampel Marianne McCormic
3	Jennifer Kay
7	Joyce Pearce
9	Susan Hall
14	Deb Bowman Carol Robinson Libby Sigmon
16	Heidi Bedington Emily Malpass
17	Jan Hutchinson
20	Karen Bronson
21	Marti Ward
24	Lynda Benfield Jill Wells
25	Judi Eller Teena McRary
28	Shirley Moore
29	Dianne Johnston
30	Sarah Gomez Cindi Williamson

Membership — Millie Kaufman, Chair, // Catherine Caswell // Judi Eller // Joy Mease

Newsletter — Diana Weber *Newsletter deadline: third Monday of prior month*

Webmistress / Quilts of Valor —Amanda Truett

Meeting Dates / Times

Second Thursdays 10 am/6:30 pm

Holy Trinity Lutheran Church, 547 6th Street NW,

Hickory, NC catawbavalleyquiltersguild.com /

Instagram @CVquiltersguild



MINUTES, MORNING MEETING, SEPTEMBER 12, 2024

CALL TO ORDER — WELCOME

New member Sandy Herman (joined in May) teaches card making and sewing. Karen Berlin rejoined.

APPROVAL OF MINUTES

Jan Carpenter moved the July minutes be approved (August meeting cancelled); Ann Becker seconded the motion. Motion passed.

DOOR PRIZES

Attendance: Libby Sigmon

Homemade Nametag: Peggy Poe

SUNSHINE & SHADOWS

- Elle Clemens is well enough to come home today
- Jan Carpenter has a cardiac ablation scheduled for January 2025
- Dianne Putnam's family is expecting another great grandchild

GENERAL ANNOUNCEMENTS

Mission Day will also be October 19 and we will use both day and night rooms for the activities that day.

OLD BUSINESS

Newsletter Diana Weber, who has done our Patchwork Press for years, will be leaving this job at the end of this year. Judy Edberg has agreed to take this over [Ed. Note see note on p. 8 for clarification], but they are having technical difficulties. They both use different computers and might need to purchase a new software program.

Quilt Retreat The retreat is filled now and Dianne Putnam is waiting for final payments. She will email attendees with information.

In House Workshop

Gigi Miller will present a T-shirt Quilt workshop on October 19 from 9AM to 3PM. She will supply all the French Fuse needed to complete a quilt. Cost is 35\$. Contact Debra Eckard or Lisa Echerd to register and send a check for the payment. You might also want to contact Gigi. Look for flyer describing workshop in your email with this newsletter.

NEW BUSINESS

Help needed — 2025 Board is in need of a day-time Secretary. This position can be shared with another member. We also need additional Membership, Hospitality, and Technology members. Please contact Cindi Williamson if you can help.

2025 QUILT SHOW

When: April 17 and 18, 2026 at the Highland Rec Center [1451 8th St Dr NE, Hickory] Wednesday afternoon (15) and Thursday (16) will be used for setup.

Show Co-Chairs are Pat Carson, Michelle Macy, Gail Meyers, and Shelley Thompson.

Vendor Committee includes Kay Dwyer, Teena McRary, and Reba Walden. If you have names of vendors please contact these ladies.

Lily Boutique Chair Catherine Caswell has our member numbers which should be written on the reverse side of the price tags if you want your item back if unsold. She asked that you keep your items, if possible, until closer to the show, but will take them if necessary. Peggy Poe showed fabric bags that are very quick to

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make and will show us how at Sit and Sew on a future date. Catherine also showed a table topper we will use at dinners (and sell some at the boutique) and we will try to demonstrate these at a future date.

The Raffle quilt is almost finished and we have will start selling tickets at a DAV event on Oct 5. We are in need of a chair to organize ticket sales among the members as well as at different venues. This does not require the chair to be present at all the venues, just organizing.

SHOW AND TELL

- Mary Bucy: Fox panel quilt and a Mckenna Ryan Dog Days of Summer
- Catherine Caswell: Hurricane (Hockey) quilt and 2 pillowcases
- Maureen Teague: 3 table toppers
- Chris Appenzeller: My Kind of Town quilt and table topper
- Kathleen Whiddon: three 30's fabric quilts for her granddaughter 'dormitory', Green Bay Packer table runner for Nancy Garchek
- Deb Bowman: Garment Bag and scrap quilt
- Sherry Huffman: UFO quilt, Owl panel quilt with flying geese, framed center block for a quilt
- Nancy Garchek: Pillow cases and Wonky Heart wall hanging
- Deanna Weis: Wonky Heart wall hanging and BOM quilt
- Barb McKeever: Wonky Heart wall hanging
- Dotty Williams: Finished 2 quilts in which

the tops were left in the Sit and Sew room

- Dianne Johnston: UFO quilts from 2017
- Candi Gordon: Table runner
- Tanya Hodge: Tree skirt, Tumbler quilt, UFO from Mom quilt
- Peggy Poe: 25 Knit Toboggans, 3 pillowcases, 2 Kitchen towels
- Diane Gantt: Handbag, Applique baby quilt, wall hanging and a Memory quilt from Men's dress shirts
- Kathy Hewitt: 2 pillowcases
- Angela Mason: 3 quilts for Corinth Reformed Church, 1 block wonder quilt and a donation to Cornerstone
- Debra Eckard: Baby/rag quilt which won a blue ribbon at the fair
- Beth Helmick: 3 pillowcases
- Connie Bumgarner: Table runner and 4 placemats
- Reba Walden: 2 pillowcases and a baby quilt top
- Gigi Miller: Farm quilt for husband's trade show

PROGRAM

Gigi Miller Fiber Memories—T-shirt Quilts & Beyond. Gigi sees a T-shirt Quilt as preserving memories and she is not limited to just t-shirts. That was how her journey began. A friend's mom had lost her son and wanted a quilt made, and also Gigi's son's girlfriend (future daughter in law) wanted a quilt made from her Sorority memories. Gigi saw that such an undertaking was very emotional, particularly 'cutting' into

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their story, and help people process their memories. Making the quilt aids healing.

T-shirts stretch and she prefers to stabilize them with French Fuse which comes 60" wide. The French Fuse stretches as well and should be placed perpendicular to the shirt stretch. Make sure to have all shirts prewashed in hot water so that they will not shrink further and will not bleed into other fabrics.

Other items might be included in the quilt like uniform shirts but try to avoid bathing suits, puff paint, plastic emblems. Don't use fabric softeners as that prevents the stabilizer from adhering. You should rough gut the shirt first, stabilize, and then cut to the desired size. Use an applique pressing sheet to avoid messing up your iron, and she has 2 ironing board covers, one specifically for the iron on adhesive. Once you start, try to finish in a timely manor as sitting around might cause the fusing to separate.

Gigi recommends drawing out a plan, particularly if the shirts are going to be a variety of shapes. You can sew smaller sleeve or other designs together to make a bigger patch. You might aim for making uniform row height consisting of various squares and rectangles. If you do sashing, try to sew the sashing on each square as you go rather than having long strips. Measure and square up often. Press, Press, Press. Some of the joints might be heavy and lots of pressing will help flatten them. You might try open seams and a smaller stitch length to reduce bulk.

She does not recommend t-shirts on both sides as it becomes too heavy and bulky. Gigi recommends polyester thread for endurance, and avoids monofilament because it breaks. Use a size 14 or 16 needle for sewing and an

18 needle for quilting.

She recommends 80/20 batting and has used flannel and Minky as well. Remember bling, pockets, and zippers on the quilt are difficult to quilt around.

You can transfer photos and newspaper articles to fabric. She recommended Bubble Jet Set 2000, available on Amazon, to soak fabric. Let it dry and iron it onto freezer paper and cut to 8 1/2 x 11 to run it through an ink jet printer. Ties, bowties, graduation robes, special dresses, dress shirts, flannel shirts, handkerchiefs can also be used to make squares on a quilt.

Memories are not limited to quilts. Gigi showed us bears made out of suede jacket and wearing bowties. She has made roses from her mom's and her own wedding dress for her daughter to carry in her bouquet. She preserved a row of wedding dress buttons by making a bouquet sleeve. She has also made Christmas ornaments from wedding dresses. Collage wall hangings can be made for additional memories. She sent one of her niece's drawings to Spoonflower to have printed onto fabric. She then turned it into scrunchies for classmates.

At the end of the program, Gigi invited members to share how they had preserved some of their memories. We were all touched by the stories shared.

Meeting Adjourned

Respectfully submitted,
Mary Bucy





MINUTES EVENING MEETING, SEPTEMBER 12, 2024

CALL TO ORDER

Jan Carpenter opened the meeting at 6:33pm with 19 ladies present including three visitors.

APPROVAL OF MINUTES

Dawn Cole moved that minutes printed in the Previous issue be accepted; Terrie Townsend seconded. Motion passed.

SUNSHINE & SHADOWS

- From Terrie Townsend: – Connie Carroll broke her femur about 3 weeks ago; had surgery to place a rod in her leg and was at Trinity Ridge for about two weeks. She is recovering at her sister's house. Brother Bill is doing much better following throat and mouth cancer, will have another scan soon. Sister-in-law Jeannie had lymph nodes in breasts removed and they were benign.
- Anne Starnes – prayers for brother Carl who had a heart attack and will have open heart surgery on 18 Sep 2024.

DOOR PRIZES

Attendance: Anne Starnes

Homemade Name Tag: Dawn Cole

ANNOUNCEMENTS

Next QOV presentation is at Lake Hickory Country Club on 23 September 2024. Lunch at 12p, Presentation at 1245p.

Next Mission Days are 28 September and 19 October (in Community Rooms A/B-morning meeting room).

T-Shirt Workshop moved to 19 Oct 2024 in Community Room C. \$35 checks only.

QUILT SHOW

Quilt Show is at Highland Recreation Center in Hickory for 17-18 April 2026. For the quilt show, we will have four quilt show co-chairs. Raffle Quilt is completed save for binding – we need a volunteer to coordinate in-person setup and sales of raffle tickets. Vendor Committee is working on vendors.

Diana Weber is retiring from the newsletter after 10 years. Judy Edberg will be working with Diana until she learns how to make the monthly newsletters. [Ed. Note: See p.8 for more detail.]

Missouri Star trip will commence in two weeks – pack comfortable clothes and shoes. Look out for emails from Dawn Cole and Cathy Starnes. Suitcases may only weigh 48 lbs.

Camp Holston in Banner Elk fall retreat is coming up.

Judi Eller – please remove home phone number from directory.

SHOW AND TELL

- Gigi Miller – personal project for her husband's trade show booth
- Lisa Echerd - personal project of Pine Tree Block pattern, 2 Sunshine quilts
- Judi Eller – 2 preemie quilts (old size), 1 pillowcase
- Debbie Nielson – personal project of wall hanging
- Sandy Herman – 3 personal projects
- Terrie Townsend – QOV top
- Dawn Cole – 2 quilted QOV, personal pro-

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ject of whole cloth quilt for APQS certification course

- Jill Wells – 5 preemie quilts, 2 pillowcases
- Melissa Shaw (absent) – 1 pillowcase

PROGRAM

Gigi Miller presents, “Fiber memories – T-shirt Quilts and Beyond!” Gigi was a seamstress in her prior life and her introduction to quilting was to make a T-shirt quilt for her son’s friend’s mother and with the backs of the friend’s shirts she made two more quilts for her son and his other friend for college. Another t-shirt quilt was made with her son’s girl friend who was a Kappa Delta and she shared the memories attached to the t-shirts that Gigi made into the quilt. The girl friend is now her daughter-in-law.

T-shirt fabric is knitted and made to stretch when worn. To turn it into a quilt, you must use a stabilizer to prevent the stretching: French fuse, woven fusible, non-woven fusible. Gigi uses a French Fuse which is knit and is 60” wide – more bang for the buck compared to the woven and non-woven fusibles. When using the French Fuse, place the stretch 90 degrees rotated from the stretch of the t-shirts. Start by washing your shirts in hot water then cut out about 2” more than you want your block to be as an unfinished block. Fuse the chosen interfacing to the back of the knits (you don’t need a fusible for woven fabrics) then cut the shirt to the correct size. Press all seams open. If you sew a woven to a knit, put the knit fabric on the bottom with your feed dogs.

80-20 Batting provides the breathability of cotton with the stability of poly. If you are using a minky on the backing, you don’t need a batting. You can

tie based on the batting recommendations. Stippling works very well so that you can go around special designs. When quilting, use a 16/18 titanium ball point needle which will find a nice hole in the knit rather than piercing the knit fibers. Also use a poly thread for durability.

Design – if you want to incorporate sashing, sew the sashing to the blocks so that you aren’t dealing with long strips of sashing between the quilts. If you want to randomize the size of the shirt blocks, you need to make a game plan before cutting and piecing. You can incorporate shirt pieces into regular quilt patterns. Leave the memories of the shirts in the quilts – if there is an ink stain, leave it; if there is a shirt tag, leave it.

How to preserve your treasures – incorporate them into small projects like wall hangings and make a label explaining everything in the quilt. Bubblejet 2000 – treat the fabric with Bubblejet, adhere to freezer paper, cut to 8.5x11”, and print in an inkjet. Gigi made some artificial flowers from her mother’s wedding dress for her daughter’s bridal bouquet. Also made a bouquet holder and Christmas ornaments from another wedding dress. You can also make teddy bears with shirts or jackets. Use services like Spoonflower to turn artwork into fabric. Gigi made fabric scrunchies for her nieces’ friends and classmates.

Meeting Adjourned at 8:10p.

Respectfully Submitted,
Amanda Truett





HELP WANTED:

A request from member Susanne Hastings:

I started a quilt for my granddaughter out of scrap she wanted it made from. The top is done. I have the binding fabric, backing fabric and the filler.

What would it cost for someone to quietly complete it for me (as I medically unable to) please?

Thank you,

Susanne H

shasty123@gmail.com

If you are interested in completing the quilt for her, please contact her directly via her email.

NEWSLETTER UPDATE BY DIANA WEBER

At the risk of sounding like a political candidate seeking your vote, I'd like to clarify confusion about who is coming and going. After my announcement to turn the newsletter over to someone else, months went by until a new member, Judy Edberg said she'd like to help, but **not take over completely**, as meeting minutes indicated. Judy's enthusiasm convinced me to say YES to her proposal.

We brainstormed recently to discuss technical issues facing: (1) computer incompatibility, (2) Microsoft no longer supports the Publisher software I've been using. Judy is confident that we can create a similar product using Microsoft Word. That will be our first task.

In closing, I'm delighted Judy is joining us.

Maybe you'd like to help, too. There are lots of opportunities. The Guild is currently seeking volunteers to co-chair officer positions and/or help the other worker bees listed on page 2 of this newsletter. Come join us in our mission.



Catawba Valley Quilters Guild

P.O. Box 352

Hickory, NC 28603

www.catawbavalleyquiltersguild.com